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THURSDAY SEPTEMBER 12TH, 2019

From particle physicist to artist.
See Page 12

Health Beauty & fitness

Darren Farm cash for Cowbridge

TAYLOR Wimpey has announced that all is going to plan with its Clare Garden Village (formerly known as Darren Farm) on the outskirts of Cowbridge.

In particular, the company says that it will be providing more than £5 million which will be spent in and around Cowbridge by the Vale Council.

The announcement comes at a time when there has been local speculation that things were not going to plan. The GEM has received a number of letters on these lines.

A spokesperson for Taylor Wimpey said: "As part of the planning agreement for its Clare Garden Village development in Cowbridge, Taylor Wimpey South Wales will be providing over £5,420,000 to the Vale Council to help improve facilities for local residents in Cowbridge.

"Over £950,000 will go towards the Sustainable Transport Contribution and over expansion of St David's Church-in-Wales Primary School in Colwinston may have played a part in local speculation that a new primary school, which was included in plans for Clare Garden Village, may not now be built.

A Vale Council spokesperson told The GEM: "As part of the section 106 agreement for this development, Taylor Wimpey has agreed to provide a two-hectare site on which the council will build a school.

"The council has also secured £4,131,866 for education, which can be used either to build the school or at Y Bont Faen, Ysgol Iolo Morganwg, St David's Primary, Cowrbridge Comprehensive School, and Ysgol Bro Morgannwg."

(CONTINUED ON PAGE 6)

Country Markets celebrates centenary

The wonderful ladies behind Cowbridge's Country Market invited the town to help celebrate the scheme's centenary last Friday at its fortnightly cake, crafts, flower, and produce sale. The GEM popped along (and bought a bagful of items), and joined in the celebrations with a cup of tea and a fary cake, made – of course – by the ladies. The next country market is on Friday, September 20 from 9.30am to midday, and the Vale of Glamorgan Farmers' Market follows the fortnightly pattern by taking place the next day. local photographer Mike Wilcock did his usual great work, including this one of the team at the Lesser Hall. See more photographs from Mike on Page 16.

Walk for Life

ON Sunday, September 22 Kidney Wales' Walk for Life starts from The Seagull Inn, Sandpiper Road, Porthcawl CF36 3UT – walk to the Lifeboat station and back.

Registration 10.30am, the walk starts at 11am. Entry fee on the day is £5 (under 12s free). If you would like a sponsorship form or more information call Jean Schofield on 01656 786669.

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Readers' Letters

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• Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

Is the public really being consulted through public consultations?

I WRITE with regard to an article that was published recently in the local press on 'Have your say on future development'.

I presume they were referring to the Welsh Government's New National Development Plan, the closing date for the consultation period is November 1.

As this development will affect every area of the Vale from Cardiff to Llantwit Major, the Welsh Government states that over the next 20 years, 14,000 new homes will be needed across Wales; 57 per cent in our area, 5,800 each year for the first five years. It has the potential to impact every community in this area.

We have already had 10,000 new homes forced upon us with the result that most roads in the area are gridlocked twice a day and indeed, at times throughout the day – particularly at Weycock Cross and Culverhouse Cross.

How on earth will these same roads cope with thousands of extra houses and the vehicles that they will bring?

There are also problems with schools being full for the new September intake (Llantwit Major Comprehensive being one); doctors' and dentists' surgeries are already stretched – is anyone at the Planning Department factoring in these problems?

The Welsh Government and the Vale Council have declared a 'climate emergency' and have ramped up their recycling efforts (ours, actually). This is a very small part of climate change and is dwarfed by carbon emissions from traffic. Their only response is to give lip service to "enhancing" local transport systems, dependent on other agencies upgrading existing train and bus services. So not much of a change there – at least not enough to get people to use public transport to go about their daily business.

There is also the destruction of wildlife habitats when those building sites are created, so local people do need to have their say – or at least have these proposals brought out into the public domain and some of the main points made clear to us.

So will this Welsh Government document be another case of 'hidden' consultation periods by our local councils and politicians?

J A Hopkins, Rhoose.

Editor's note: visit gov.wales/consultations and senedd.assembly.wales/mgConsultationListDisplay.aspx to view open consultations.

New recycling scheme is 'too complicated'

FIRST, please allow me to state that I am a massive proponent of recycling and absolutely believe that we should be doing more.

However, the Vale Council's new recycling system is just downright complicated and will put people off making the effort to separate their waste.

There are too many rules as to what can and can't go in each container and most people don't have the luxury of space to store multiple containers in and around their house.

This is a colossal waste of money providing these bags to every residential property in the Vale.

I hope that on collection day, your employees and collectors neatly put bags and boxes in one place not strewn across pavements and streets as currently happens.

Where on earth did the Vale Council get this idea for waste separation, as other councils have quite frankly better and less complicated systems?

Name and address supplied.

Grateful thanks after fall in Llantwit

MAY I say a huge thank you to all the lovely people who helped me when I had a bad fall in Llantwit precinct on Tuesday, August 27?

Firstly, thanks to Andy Clifford who was a hero with his first aid, Jane and Richard from Well Pharmacy and to the lady who rang my home and Damien.

God bless you all.

Tricia McLean, Llantwit Major.

Coffee morning helped raise £348

I WOULD be grateful if I could express through your newspaper our thanks to members of the council staff on Barry Island, and members of the public for their help and support.

Some £348 was raised by the members of Merthyr Dyfan church by the coffee and cake we put on at beach hut 9 on August 30.

The money has been divided equally between Ty Hafan and the repair fund of Merthyr Dyfan, which was vandalised and reported in your paper.

Reverend Robert Parrish,
Team Vicar at Merthyr Dyfan.

Enough about the farm; has anyone spared a thought for the farmer?

I WOULD like to comment on last week's piece on the proposed plans for Model Farm.

I do not want to talk about the effect this will have on an area of green fields, or indeed the effect this may have on traffic and congestion into Barry and beyond.

Sebastian Balcombe, strategic land manager for Legal & General, covered many of the points that he, and indeed L&G, felt they needed to.

Fine, but what about the farmer and his family that this enormous development will have such a devastating effect on?

They will lose their entire livelihood. Where have we all gone wrong that actual human beings and families can be disregarded to one side and are not even thought of as an 'important point' in their argument?

What kind of society have we become?

Shameful.

G Sims-Williams, Rhoose.

Thanks to PoW staff for doing their jobs

RECENTLY, my husband had a fall and gashed his head. We were advised by our GP to attend A&E and arrived at Princess of Wales Hospital and were seen within 10 minutes and details taken. After another 10 minutes we were seen by a doctor and extensive tests were done. Everyone we met was so efficient and a pleasure to see.

Thank you to doctors, nurses and all staff. Thank you, Princess of Wales Hospital: we are lucky to have you.

Pat Kent, Maendy.

What information about Mari Lwyd?

HAS anyone any history of the 'Mari Lwyd' specifically for the Barry and district area?

We hold an image of the Mari Lwyd at a school in Barry in the early part of the 1900s, with children and teachers outside either Holton or Gladstone Road School.

Can any one share (directly to me) any memories of the Barry Mari Lwyd on 07437 747402 or email: archaeologycymru@live.co.uk?

Karl-James Langford,
Vale of Glamorgan.

Oil for power station?

I WOULD like to inform Paul Blanchard of Barry [*Letters, September: "Will 'eyesore' be addressed?"*] that all is not lost.

I have a trace of Aberthaw Power Station and 57 years ago, I painted a picture of it at sunset in oils.

Peter Crocker, Llantwit Major.

More traffic might lead to gridlock

EXTRA traffic using the A4055 Cardiff Road between Gladstone Road and Biglis (MacDonald's) roundabouts is likely to result in up to 35 per cent more traffic by 2026.

This could mean gridlock.

Who says so? The Vale Council's own consultants, Capita Symonds in their 2013 Highway Impact Assessment. Only 14 per cent of traffic currently travelling to or from Dinas Powys emanates from or turns on to the A4231 Link Road. The majority remains on the A4055 Cardiff Road.

Who says so? The Vale Council's own consultants, Arcadis in their 2018 draft report into transport along the Dinas Powys corridor. The Barry to Cardiff Link Road Group endorses the comments made by Dennis Harkus in last week's GEM.

Yes, we've lobbied to ensure relief is given to traffic through Dinas Powys. It is the only section of the Vale of Glamorgan's Strategic Highways without a by-pass around its primary settlement; but this should not be to the detriment of neighbouring areas.

That's why we proposed the alternative by-pass route from the Merrie Harrier to Ffordd y Mileniwm via the roundabout at the Sully end of Sully Moors Road, along Hayes Road across the docks on Wimborne Road to Ffordd-y-Mileniwm.

In April the Vale's previous administration decided to halt further work on this alternative route. But recent reports seem to indicate the council aims to look at completing work on this route.

If this happens, it would enable a proper comparison between two distinctly different route options.

As perhaps one of the largest infrastructure project in the eastern Vale for decades, it's important that it benefits the whole Barry to Cardiff corridor.

There needs to be public buy-in from all areas likely to be affected. But for this to happen, surely work on the alternative route needs to be completed and available to be compared at the public consultations.

Rod Harrod, chair,
Barry to Cardiff Link Road group.

Reader states that developer has a 'cynical disregard' for people

IT is with complete incredulity that I read of Legal and General's proposal for the development of a business park on the land at Model Farm.

Whether a business park is actually the end plan, or a back door means of ultimately using the land for housing remains to be seen. This proposed development is purely speculative and a quick online search will show that Legal and General have been 'land banking' for many years. The value of land with planning permission secured is many times the value of agricultural land. Legal and General are pursuing profit, with a cynical disregard for the local area and the people who live and work here.

Local residents have until October 1 to lodge objections with the Vale of Glamorgan Planning Dept.

Bronwen Hughes, Rhoose.

HIGH TIDE TIMES

The high tides listed in this week's Gem are those in Porthcawl. It should be remembered that along the coast, high tides times will vary. For instance, in Barry the high point will be 20-25 minutes later.

UNTIL SEPTEMBER 19

Date	Time	Height (metres)
12/09/2019	06.32	9.0
12/09/2019	18.49	9.3
13/09/2019	07.08	9.3
13/09/2019	19.22	9.5
14/09/2019	07.38	9.5
14/09/2019	19.54	9.6
15/09/2019	08.12	9.7
15/09/2019	20.24	9.8
16/09/2019	08.38	9.5
16/09/2019	20.53	9.7
17/09/2019	09.06	9.5
17/09/2019	21,22	9.5
18/09/2019	09.36	9.3
18/09/2019	21.53	9.3
19/09/2019	10.04	9.0
19/09/2019	22.22	8.9

While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Flower arranger brings 'rich autumn warmth' to Cowbridge

MEMBERS of Cowbridge and District Flower Arrangers were treated to a demonstration by Ruth Milton-Jones at their September meeting.

A spokesman said: "Her autumnal colours using peachy gerberas contrasting with the spiky and bushy spruces gave all her arrangements a rich autumn warmth."

The club's next meeting is being held at Lesser Hall from 7.30pm on October 2. Sara Caroline, a floral designer from Cowbridge, will be giving a demonstration.

Vale PPC selected by LibDems

THE Liberal Democrats have chosen local business owner and anti-Brexit campaigner Sally Stephenson as their candidate for the Vale in the event of a General Election.

Ms Stephenson, who lives in Cowbridge, was chosen at a meeting of local Liberal Democrat members last Saturday.

As reported in The GEM, Ms Stephenson was selected and ran as an MEP for Change UK in the European elections in May.

Vale Makers Festival

THE Vale Makers Festival takes place from September 16-28 when artisan makers will come together to produce an exhibition in Old Hall, Cowbridge.

The festival will feature open studios, workshops, and demonstrations.

A Makers Market will take place in Old Hall on Friday, September 20 and Saturday, September 21 from 10.30am until 4pm, showcasing the vast range of different skills and items produced.For more information, visit https://ValeMakers.org.

Send your events to editorial@glamorgan-gem.co.uk

Singer's project to turn her home into a school

SINGER Charlotte Church has unveiled plans to turn part of her Dinas Powys home into a school for 20 children.

A planning application has been lodged with the Vale Council for the project which involves converting an annex into the learning centre.

The former child star, musician, presenter and campaigner says she will pay for the school herself in its first year. It will be non fee-paying and will educate 20 youngsters aged between nine and 12.

The school will be temporarily set up in a two storey annex before a permanent site is found.

Ms Church will have to overcome a potential planning row before opening with some neighbours said to be against the plans due to fears over noise and traffic.

She said: "Since I've had kids, I have become much more interested in education and child development. We started looking at schools and different mainstream options available to us. It became apparent that mainstream is struggling with underfunding and overcrowding; teachers are incredibly tested. It's not their fault the way things are – the system is not working."

Charlotte Church performing at Between the Trees Festival in Merthyr Maw last year.

Pupils would be given a say over the rules of the new school and what should happen if someone breaks them, how they want lessons to be delivered, what food they eat and where they buy it from, and how they travel to school.

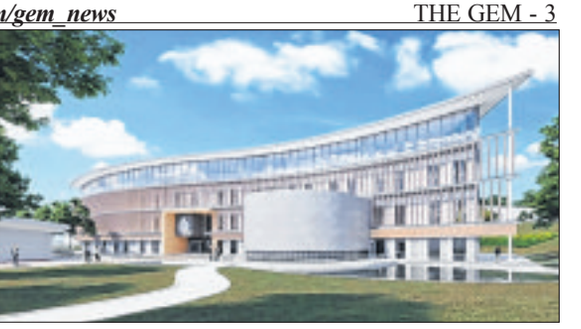
Students would be involved in choosing where the future more permanent site for the school would be.

Ms Church says she has been on a "massive research mission" for the past 18 months, visiting schools across the UK, from those following a democratic model, such as Sands in Devon, private school Eton and schools in London, Essex and Yorkshire.

She said: "We're trying to create something really based on all the evidence – everything we know about how humans learn best, at what stage do children's brains develop to take in different types of information. We see a lot of people feeling completely disengaged or don't feel that they have a voice, or that their voice matters."

Ms Church will teach music and send her two children, Dexter and Ruby, to the school, which would have pupils from "all walks of life". She said her project would be separate from mainstream schools but. would "have the freedom to implement education at its most creative form". She said: "I totally believe in the transformation of the whole education system and I think it's possible. I want to play an active part in making that change. Dinas Powys Community Council has objected to the plan, claiming it would be "detrimental to the character of the neighbourhood".

Matt Discombe LDR



If approved, the new police training centre would become operational in 2021.

New police training centre planned in Bridgend

PLANS for a new training and operations centre at the South Wales Police (SWP) headquarters in Bridgend will go before councillors on Thursday, September 12.

If approved, the four-storey police learning centre would be built in Cowbridge Road. The Police and Crime Commissioner for SWP said the development would provide the police with their own on-site training and recruitment centre, saving them having to rent accommodation and would include 22 training classrooms, an assessments and standards unit, an operations training unit, an office for the PCC with a separate building to house a gym. New access arrangements are included in the proposals. If approved, work is expected to begin later this month to become fully operational in 2021. A spokesperson for SWP told The GEM: "South Wales Police has one of the largest police estate amongst police forces in terms of the number of police buildings ,mostly borne out of the historic policing set up with three county police forces merging into one and since 1969, much of the estate had remained unchanged. The current training facilities are obsolete and beyond economic repair and following a refresh of the estate strategy in 2017, an improvement programme is underway which brings together seven training areas into one with long-term cost savings. The estate strategy indicates the potential for an annual cost efficiency of £2m through building upgrades, so this new development is essentially 'invest-to-save', which will be self-financing."

Officers are recommending the application – P/19/140/FUL.

Liz Bradfield, Local Democracy Reporter/GEM Staff.

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Competition to find best pub in the Vale launched

Last year's winner of the Parlimentary Pub of the Year, Stuart Giggs of Tynewedd, Barry.

MP Alun Cairns has launched his annual Parliamentary Pub of the Year competition with 11 pubs from across the Vale competing for the 2019 title.

Pub-goers are being encouraged to vote for their favourite watering-hole in the Vale of Glamorgan by the September 25. Votes can be cast through Mr Cairns' website or forms are available at each participating pub.

The theme for the competition is 'Great at What They Do', so voters will need to highlight that the pub is outstanding in a particular area, whether that's quality food, range of beer, live music or a top attraction for tourists.

The winner of the competition will then go forward as Mr Cairns' nomination for the national competition.

The winner of last year's competition, Tynewydd in Barry, is joined this year by Carne Arms in Llysworney, Duke of Wellington in Cowbridge, Hare & Hounds in Aberthin, Master Mariner in Barry, Star Inn in Dinas Powys, The Sycamore Tree in Colwinston, The Blue Anchor Inn in Aberthaw, The Bush Inn in St Hilary, The Fox & Hounds in Llancarfan and The Red Lion in Bonvilston.

Local WI elects to rename

ON September 5, president Janet Hayes welcomed members to the meeting following our summer break.

Janet introduced our speaker: Nick from Vale Cider. Nick introduced us to the world of apple cider, from planting, nurturing to hand picking apples and finally, to the process of apple juice and cider. Tastes were enjoyed by all members and supplies bought to enjoy at leisure.

The president discussed the reason for changing the name of St Nicholas WI to St Nicholas with Bonvilston WI. A ballot of the members was taken, with an overwhelming decision in favour of the name change. This decision will now go forward to the Glamorgan Federation Board (which meets in October) for their agreement

Plans were made for our visit to Nantgarw Potteries on September 19, with lunch at Ty Nant.

The competition 'The biggest apple' was won by Rosemary Fisher and the raffle was won by Tina Evans. The next meeting will be on October 3 at 7pm in the Reading Room Bonvilston. New members welcome. **VH**

It's a new term!

Staff would like to introduce the latest group of children to join St Illtyd Primary School. A school spokesman said: "Proud mums and dads waved them off on their first day and the children have soon been 'thinking hard, working hard and having fun' - the school's motto. We are very proud of all of them." Pictured above is Mrs Poiner's class and below is Mrs Troote's class.

It's not too late to send your school's new term photographs!
Email them to **editorial@glamorgan-gem.co.uk**

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Burglar raided family's home as they slept

A FAMILY slept as a burglar raided their Vale of Glamorgan home and stole property including €5,500.

Matthew Takel was caught when spotted at a supermarket CCTV using a bank card stolen from the house to buy petrol, said prosecutor David Pugh at Cardiff Crown Court.

Takel, of Heol Bryn Glas, Brackla, Bridgend, was jailed for two years after admitting charges of burglary and making a false representation.

Mr Pugh said that in the early hours of August 6, Takel broke into the Bonvilston home of a family and took a wallet, bank cards, and the cash, which was to have been spent celebrating a 50th birthday.

Takel drove to a Tesco supermarket and, using the stolen bank card, obtained petrol worth £26 and was identified four days later.

When arrested, he denied the charges.

One of the family said: "I no longer feel safe in my own home."

Takel was said to have convictions for 104 offences, including assault, burglary, vehicle crime, fraud and making false representations.

Solicitor Giles Hayes said: "He has made a huge number of mistakes for 20 years but he cares for his mother and has a good work ethic. There was remorse."

Said Judge Eleri Rees: "This was a serious offence of burglary after you drove to the rural village of Bonvilston.

"The family were in bed and there was an element of planning. You stole a significant amount of property."

She warned that if he committed another burglary, he would receive a minimum of three years.

Report by AJ Sicluna

Baritone hits right notes for church fundraiser

Andrew Matthews, an accomplished baritone, will perform on September 20.

ANDREW Matthews has agreed to provide musical entertainment at a dinner organised to help raise money to carry out repairs to St Mary's Church in Penmark.

Mr Matthews is a distinguished baritone who won the David Ellis Blue Riband at the 2014 Llanelli National Eisteddfod and became a member of 'orsedd y beirdd' in 2015.

Canon Derek Belcher, parish priest, explained: "We are a small congregation working hard to keep the church open, and are facing large costs for essential repairs to the bells and walls.

"Failure to meet our building needs will eventually mean closure of the church. I am immensely grateful to Andrew for agreeing to help us in promoting our gala dinner."

Mr Matthews said: "I have lived in Penmark village for the past 27 years and am very pleased to help raise funds. I have an established professional training in singing, and have sung in many competitions with such notable singers as Bryn Terfel. I will be accompanied on the piano by my brother Ian in providing a programme of traditional and popular music."

The dinner is on September 20 at The Six Bells, Penmark. For more information contact Sheilagh Griffiths on 01446 710060.

ADVERTORIAL

Step into Autumn at Samantha B!

BUCKLE up, ladies – it's going to be an exciting season!

I don't think that I've ever seen so many trends as this season; there really is something for everyone.

If you like understated – great! If you like maximalist – bring it on!

Gorgeous colours and prints abound; team a vibrant hue with one of your neutrals and you're stepping out in a contemporary creative way.

I am delighted to announce the arrival of a new label at Samantha B. Barbara Lebek is a wonderful German label, bringing a style and elegance with coordinated separates in gorgeous colours and style at really affordable prices.

Expect to see soft fabrics, cowl neck jumpers, lovely tops, fabulous faux fur and the most wonderful outerwear.

As a special launch, if you spend £150 you'll receive a free scarf and shopping bag.

Your coat is the first thing that people see, so it's important to get it right. As the cold starts to bite, it's time to start wrapping up. We have a super range of coats in lovely colours, as well as a couple of reversible jackets, and a multi-function coat new from Marble.

If you're not quite ready for a big coat, how about a gilet? A firm favourite with our customers, the new Barbara Lebek gilets are fab; silver, pink, mustard, black and a super reversible one with an autumnal palette.

We also have all your favourite labels, Adini, Bianca, Capri, Brandtex, Olsen and, of course, Marble, who this season have added a fabulous range of outer wear.

We are holding a number of fashion shows this season: on September 20, Cowbridge Town Twinning Association at Ramoth; on October 10, Porthcawl Inner Wheel for Ty Hafan and a few others. If you are interested in seeing the clothes in action, call the shop for ticket information.

We look forward to seeing you, offering you wonderful service and 10 per cent off.

The story of the Cardiff Barrage for local club

THE speaker at the September meeting of the Cowbridge Pontfaen Probus club was David Crompton, a member of the club who was Director of Engineering Operations for the development of the Cardiff Barrage.

Planning began in the 1980s, but there was considerable delay in getting parliamentary approval for the setting up of a development body and final agreement was not obtained until 1994.

The plan for Cardiff Bay was not only to complete the barrage but also to regenerate the docklands area, to provide 600 units of residential accommodation, employment for 30,000 people, to link the city to the waterfront, and to improve the environment of the area as a whole.

There were a number of important concerns about the effect of the proposed barrage including fears about the welfare of migrating birds and fish, possible flooding in the low lying areas of the city and disturbance during the construction itself.

A wetland habitat for the birds was created in the Newport area and fish passes were built into the barrage, allowing at least 300 migrating fish to return to the Taff.

Groundwater surveys continued after the barrage was completed and flooding has not been a problem.

The challenges of constructing the barrage in an area with such an enormous tidal range provided opportunities for novel engineering solutions. 3.5 million cubic metres of silt had to be removed and some work had to be completed at speed between high tides.

The cost of the barrage was £231 million, but it was estimated that in the first year after completion, the gain to the city was £171 million.

Water quality is satisfactory, with special arrangements for the oxygenation of water inside the barrage.

There are berths for 1,500 yachts and millions of tourists now come to Cardiff each year.

Around the bay, there have been many sport, cultural and social developments which have transformed the waterfront of the city.

The Cowbridge Pontfaen Probus club meet on the first Wednesday of each month in the Bear Hotel at 10.30am.

If anyone is interested in joining, contact secretary David Pierce on 01446 773248 or pierce316@btinternet.com

At the next meeting on October 2, Gwerfyl Gardner will be talking about 'The Welsh Connection' of well known retail stores.

DP

Samantha B

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Taylor Wimpey is committed to building high quality new homes at Clare Garden Village says director

(CONTINUED FROM PAGE 1)

SARA Taylor, Sales and Marketing Director at Taylor Wimpey South Wales, said: "We are committed to building high-quality new homes and making sure that our developments are sustainable and positively contribute to local communities.

"Education, transport infrastructure and community facilities are all among the areas that benefit from planning contributions, and we are delighted to be providing these facilities as part of our Clare Garden Village development.

"As one of the UK's largest homebuilders, Taylor Wimpey is committed to providing communities across the UK with infrastructure and facilities as part of its planning agreement with local authorities."

For more information about the homes available at Clare Garden Village, visit the Sales Information Centre off Llantwit Major Road, Cowbridge, CF71 7DE which is open daily between 10am and 5pm. Alternatively, speak with the Sales Executives on 01446 502425 or visit *www.taylorwimpey.co.uk*.

GORCHYMYN CYNGOR BRO MORGANNWG
CAU FFORDD DROS DRO
DEDDF RHEOLEIDDIO TRAFFIG FYRDD 1984

STRYD FAWR BARRI
BARRI PRIDE 2019
DYDD SADWRN 21 MEDI 2019

RHODDIR HYSBYSIAD DRWY HYN fod Cyngor Bro Morgannwg wedi gwneud gorchymyn dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984 fel a ganlyn:-
DRWY HYN, yn ystod oriau penodol o'r diwrnod ac ar y dyddiad a nodir yng ngholofn 1 yr Atodlen caiff y strydoedd neu'r rhannau o'r strydoedd a nodir yng ngholofn 2 yr Atodlen honno eu defnyddio i gynnal digwyddiad perthnasol fel y disgrifir yn Adran 16(A) (1) Deddf Rheoleiddio Traffig Ffyrdd 1984, mae'r Cyngor, yn unol â'r pwerau a ddyfernir iddo dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984, yn
GORCHYMYN AC YN CYFARWYDDO, er mwyn hwyluso'r gwaith o gynnal y digwyddiad, galluogi aelodau'r cyhoedd i wylio'r digwyddiad hwnnw a lleihau unrhyw effaith ar draffig a achosir gan y digwyddiad, cydymffurfiaeth â'r rheoliad canlynol:-
Y CYFYNGIR, ac eithrio'r hyn y darperir ar ei gyfer yn y gorchymyn, y defnydd o'r strydoedd neu rannau o'r strydoedd a nodir i draffig cerbydau, gan gynnwys beiciau pedal, ac eithrio i gerbydau'r Gwasanaethau Brys, rhwng yr oriau a nodir yng ngholofn 3 o'r atodlen a nodir. Y gosb am beidio â chydymffurfio â'r rheoliad hwn fydd dirwy o hyd at £1000.00

Atolden

Colofn 1	Colofn 2	Colofn 3
Dydd Sadwrn 21 Medi 2019	**Barri Stryd Fawr,** rhwng Stryd y farchnad a Stryd Dwyrain **Ynys y Barri Road,** rhwng Broad Street a Heol y Frenhines	7.00am tan 8.00pm

Bydd gwyriadau wedi ' u harwyddo ' n lleol ar gael drwy Heol y Frenhines, Stryd y farchnad a Broad Street

Dyddiedig 12 Medi 2019
Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau, Gwenfô CF5 6AA

THE VALE OF GLAMORGAN COUNCIL
TEMPORARY ROAD CLOSURE ORDER, SECTIONS 16A
ROAD TRAFFIC REGULATION ACT 1984

HIGH STREET BARRY
BARRY PRIDE 2019
SATURDAY 21st SEPTEMBER 2019

Order Under Section 16A Road Traffic Regulation Act 1984
For the prevention of obstruction etc
NOTICE IS HEREBY GIVEN that the Vale of Glamorgan Council made an order under Section 16A Road Traffic Regulation Act 1984 as follows:-
WHEREAS during certain hours of the day and date specified in column 1 of the Schedule hereto the streets or part thereof listed in column 2 of the said schedule will Be used for the holding of a relevant event as described in Section 16(A)(1) of the Road Traffic Regulation Act 1984, the Council, pursuant to the powers conferred by Sections 16A and 16(B)(6)(b) of the Road Traffic Regulation Act 1984 do **HEREBY ORDER AND DIRECT** in order to facilitate the holding of the event, enable members of the public to watch the said event and to reduce the disruption to traffic likely to be caused by the event the following regulation shall be observed:-
THAT, except as provided by the order, the said streets or parts thereof shall be closed to all vehicular traffic, including pedal cycles, with the exception of Emergency Services Vehicles between the hours specified in column 3 of the said schedule. The penalty for infringement of the said regulation is a fine not exceeding £1000.00

Schedule

Column 1	Column 2	Column 3
Saturday 21st September 2019	**High Street** between Market Street and East Street, **Island Road** between Broad Street and Queen Street	Between 7.00am and 8.00pm.

Local Signed Diversions shall be in place via Queen Street, Market Street and Broad Street
Dated this 12th day of September 2019
Director of Environment & Housing
Vale of Glamorgan Council The Alps Wenvoe CF5 6AA

What's on in the Vale

Valeways walks

ON Saturday, September 14 at 10am, 'Vale Trails Walk 9; Heritage Walk 6.5 miles', starting at Cowbridge Town Hall car park.

On Sunday, September 15 at 2pm a Llantwit Major Blue Plaque walk takes place starting at the railway station car park, Llantwit Major.

On Monday, September 16 at 11am 'Ancient Burial Chambers' starting at the visitor centre, Dyffryn House.

On Tuesday, September 17 at 6.30pm a walk to Sheepleys Farm, starting at the town hall car park, Llantwit Major.

On Wednesday, September 18 at 10.30am the Barry Coffee Shop Strollers meet at Bron y Mor car park, Cold Knap.

Also on September 18 at 2.30pm, the Cowbridge Coffee Shop Strollers meet at the Physic Garden fountain.

Quiz night

A CHARITY quiz takes place on Friday, September 13 at 7pm in Cottrell Park Golf Club, St Nicholas to support the Scoliosis Association (UK) and SWS Cymru,

Tickets are £5 each. For further details, contact Gemma Beer on 07894 947320 or email gemma.b90@outlok.com.

Community litter pick

A LITTER pick has been organised by St Athan Community Council on Saturday, September 14 9.45am to 12 noon.

Meet at the Old School Hall, next to the library. All equipment will be supplied.

Messy Church

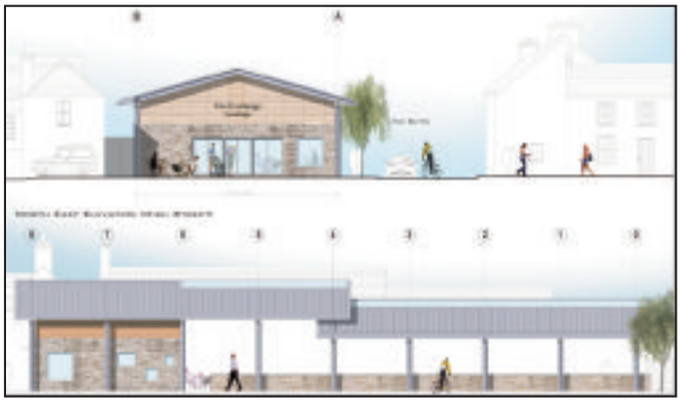
MESSY church recommences on Sunday, September 15 in the Reading Room, Bonvilston at 2.30pm to 4pm.

A warm welcome is extended to youngsters (and toddlers with their parents) for fun activities, crafts, a Bible story and refreshments.

For further information call Rev Lee Dutfield on 07784 869020.

KEEP COWBRIDGE CAR PARKS

SAY NO TO "Community Café (The Exchange)"



Picture provided by VMCE

Planning Application 2018/01330/FUL

The Proposed "Community Café" on
The Market Place Restaurant Car Park will:

1. Reduce car parking space in the town.
2. Look out of place amongst historic buildings.
3. Cause further congestion at an existing narrow road junction.

HOW TO OBJECT:

1. OBJECT DIRECTLY TO THE PLANNING DEPARTMENT
   By Email: developmentcontrol@valeofglamorgan.gov.uk Quote ref: 2018/01330/FUL
   By Post: Head of Planning and Transportation, The Vale of Glamorgan Council, Civic Offices, Holton Road, Barry CF63 4RU
   Online: http://vogonline.planning-register.co.uk/plancomment.aspx?AppNo=2018/01330/FUL
2. Contact your County Councillors:
   gacox@valeofglamorgan.gov.uk
   hjarvie@valeofglamorgan.gov.uk
   AParker@valeofglamorgan.gov.uk
3. Letters of objection need to be received at The Vale of Glamorgan Council by 22nd September

Posted by: Concerned Residents & Shoppers in Cowbridge

Emotional moment as ploughing match pays tribute to Adam Llewellyn

THE Vale of Glamorgan Ploughing & Hedging Society held its annual Ploughing Match on September 8 at Ty Draw Farm, St Mary Church, with permission from Andrew Radcliffe, the president of the society for 2019.

Although the committee were concerned about the forecast weather for the weekend of the event, it turned out to be a beautiful sunny day enjoyed by all the competitors and visitors. If there was a cloud on the day it was the sad news of the tragic death of Adam Llewellyn (*pictured right*) who was killed in an accident on the Thursday before the ploughing match.

Adam was a member of the society from the start and had won many prizes in the hedge cutting events, and a number of ploughing prizes at the annual matches.

As a mark of respect for Adam a two-minute silence took place at 12 noon, started by the whistle of the steam engine. It was a fitting tribute to a well respected young man and it was an emotional moment when the whole of the ploughing field and surrounding supporters came to a standstill.

There were more than 50 tractors on the ploughing field with two teams of horse ploughs and, for the first time, a pair of steam engines ploughing with a multi-furrow plough. Both machines had come over from Somerset for the event and it is hoped that they will make the journey again.

Also for the first time, there was a caterpillar tractor pulling a four-furrow trailer plough.

Prizes were presented by Mr Radcliffe and he was thanked for allowing the event to take place on his grounds. Chairman, Andrew Studley, thanked everyone involved in the event, which was dedicated to the late John Watts, another strong supporter of the society, who passed away earlier in the year.

He then presented a cheque to Parkinson Wales in memory of John.

Basil George

Pictures by Glyn Evans
Pictures can be purchased by contacting:
E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684 or
www.ffotoimage.co.uk

Cycling race gets Taylor Wimpey's backing

HOUSE builder Taylor Wimpey sponsored L'etape de la Defonce British cycling race, which started at Cowbridge Comprehensive School.

The company gave £250 towards the cost of three jerseys for the race leaders and winner. L'etape de la Defonce is a three stage road race covering 102 miles. The event attracted 20 teams of amateur racing cyclists from across England and Wales . Winner William Truelove represented the Welsh junior development team. Race organiser William Pring said: "I'd like to thank Taylor Wimpey for its generous sponsorship of L'etape de la Defonce. I'm very proud of the dedication and commitment shown by those who took part in the race, with the winning rider completing all three stages in just four hours and eight minutes.

New homelessness service for the Vale

A 'ONE stop shop' will deliver support services to people who need help with housing, including those who are homeless or threatened with homelessness, it has been reported.

The services would be delivered from a centrally-based office in the Vale, and people would be able to 'drop in' to the one stop shop for support.

The Vale Council's cabinet agreed to the new service on September 9, and invited bids for organisations to run the service. A council report states: "Service users will be able to 'drop in' to the one stop shop for support, which could potentially allow for the delivery of group courses, as well as hosting other appropriate, related services. In addition, the service will provide outreach support, for example, accompanying service users to appointments. The service will be able to provide support on demand, reducing waiting times and providing a more early intervention, preventative service. The one stop shop hours would operate as a minimum over six days a week and outside the usual 9am-5pm. The new service is expected to cost £350,000 per year and will be funded by the Welsh Government.

Matt Discombe, LDRS

Big Screen in Cowbridge

NOW the season of mists and mellow fruitfulness is nearly upon us, it must be time for Big Screen's films.

This year will be the 15th anniversary of showing films in Cowbridge's Town Hall, 15 years of love, laughter and escape! To celebrate ,there will be a weekend of films as part of the Vale Film Festival to include *The Greatest Showman* (PG) on Saturday, September 28 at 7.30pm – a marvellous family film in a lively sing-along version in which Hugh Jackman plays the great circus showman PT Barnum.

As a special treat on Sunday, September 29 we are reviving memories of the great days of Hollywood with *An American in Paris* (PG) with music by George Gershwin and starring Gene Kelly and Leslie Caron. This screening will be followed by a slap-up tea provided by Big Screen's volunteers. Tickets are £12 each, but a bargain for such an event.

The season begins on Thursday, September 26 at 7.30pm with one of our regular films, *Red Joan* (12A), starring Cowbridge's favourite dame, Judy Dench who plays Joan Stanley, the KGB's longest serving British spy who betrayed nuclear secrets to the Soviet Union from the 1930s. Tickets £4, doors open at 7pm.

Tickets for these films are on sale from the town clerk's office, Monda–Friday, 9am to 12pm and on successive Saturday mornings from a stall outside the Town Hall from 10am to 12.30pm.

October's film on Thursday, October 24 at 7.30pm is *Rocketman* (15), a musical extravaganza based on the early life of Elton John with Taron Egerton as the man himself and Jamie Bell as Bernie Taupin. Tickets £4 from the town clerk's office or on the door.

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Residents urged to report off-road vehicle misuse

VALE Council has backed a plea made by the Safer Vale Partnership for residents to report incidents of off-road vehicles being used in the community.

It follows a number of complaints regarding the use of off-road bikes and quad bikes, with concern for young children sat on the laps of drivers.

Residents are being reminded that the following vehicles are classified as not suitable for use on roads or pavements: quad bikes, motor bikes, scooters, small machines that have a petrol engine, mini motors and go-peds that are powered by an electric motor.

The size and the speed of the bike (including those that are designed for children) are not exemptions from traffic laws.

Bikes can only carry passengers if it has been designed to do so and has the correct number of seats to accommodate both driver and passengers. It is an offence for the driver to have a child or passenger either on their lap, or behind them whilst driving.

If residents witness improper use of vehicles, they are urged to:

• Inform the partnership if there is a problem with nuisance or illegal use of vehicles;

• Report details of times, days and locations of incidents of anti-social behaviour;

• Provide information of where motorcycles are stored, or vehicles used to transport them;

• Provide as much detail as possible e.g. descriptions of the vehicles involved, including registration numbers, descriptions of the culprit and clothing;

• Assist in identifying suspected owners of motorcycles, quad bikes, go-peds and cars;

• Provide a statement if necessary.

Eddie Williams, Cabinet Member Legal, Regulatory and Planning Services said: "As this is a problem which takes place within the community, we are calling on residents to come together to help tackle it. It is unsafe and irresponsible for the vehicles to be abused this way, with potentially devastating consequences.

"With sufficient evidence and information, the partnership will be able to seize vehicles that are used in an anti-social manner and prosecute offenders under the relevant legislation."

The Safer Vale Partnership is a partnership of representatives from the statutory sector, voluntary sector, local businesses and community groups. The Vale of Glamorgan Council, South Wales Police and South Wales Fire Service are all key partners.

Anyone with concerns or wanting to report a crime should contact police on 101.

Duo embark on an all-star Himalayan trek

Kay and Katie with TV presenter Nadia Sawalha (centre) who will be their team captain.

TWO women from Cowbridge are gearing up for a gruelling eight-day charity trek across the Himalayas with a group of celebrities.

Kay Collingridge and Katie Dobson will be hiking in the Dharamsala mountain range with a whole host of famous faces in a bid to raise as much money as possible for CoppaFeel, a breast cancer awareness charity.

The duo, who will be setting off on their adventure next month, will be teaming up with the likes of Loose Women's Nadia Sawalha, Great British Bake Off winner Candice Brown and Frankie Bridge from girl-band The Saturdays.

Olivia Buckland and Alex Bowen, who appeared on ITV2's dating show Love Island, will also be taking part along with author and blogger Giovanna Fletcher.

The two Vale of Glamorgan women beat more than 1,200 people to be chosen to take part in the trip of a lifetime.

They have so far raised £4,500 of their £6,000 target with more fundraising events in the pipeline including a colour run at Pendoyland Church in Wales Primary School on September 18.

CoppaFeel, a charity set up a decade ago by Kris Hallenga who was diagnosed with terminal breast cancer, raises awareness of cancer in young women - allowing for early detection, diagnosis and treatment to ultimately improve survival rates.

It is a charity that the two women hold close to their hearts. Kay lost her twin sister four years ago when she was just 38 to breast cancer and Katie was diagnosed with breast cancer at 37, shortly after giving birth to her daughter.

The soon-to-be explorers said: "It is a cause close to both of our hearts and we are determined to raise as much money as possible for this inspiring charity.

"CoppaFeel helps educate so many young people on the importance of early detection, which in turn can save lives by getting people diagnosed and treated so much sooner."

For more information or to help Kay and Katie reach their fundraising target visit https://himalayascoppafeel.everydayhero.com/uk/katie-kay-trek-the-Himalayas.

Transport minister aims to tackle pavement parking

DEPUTY Minister for Transport Lee Waters AM is supporting a campaign to tackle pavement parking in Wales.

In July, the Welsh Government set up a task force to explore ways to stop pavement parking in Wales. It is already illegal in London, with the Scottish Parliament proposing to pass legislation to ban it later this year.

Earlier this week, the Transport Select Committee published its report on pavement parking in England, calling on the Government to introduce a ban and provide stronger, clearer laws on irresponsible parking.

Living Streets Cymru is calling for a default ban in Wales, with an exception allowing pavement parking on specially designated streets. A recent survey by the charity found that more than a quarter of people aged over 65 in Wales are prevented from walking on their local streets because of blocked pavements.

Deputy Minister for Transport Lee Waters AM has set up a Welsh Government task group to find ways to tackle problem parking. He said, "Pavement parking is a real problem for our communities and acts as a barrier to encouraging active travel. I want people of all ages and abilities to feel confident and safe when making every day journeys by walking or cycling, which can help us tackle obesity, air pollution and the climate emergency."

"Our expert group is considering the options available to us as we look to tackle pavement parking and redress the balance of power in our urban environment."

Living Streets Cymru is asking members of the public to take part in a survey to tell them how pavement parking affects them. The results will be shared with the Welsh Government task group investigating the issue.

Rhiannon Hardiman, Manager for Living Streets Cymru, said,"Pavement parking is a problem for everyone, but particularly so for those with mobility issues and sight loss, parents with pushchairs and older adults, who may fear leaving their homes as they feel unsafe. As well as making it difficult for people to use their streets, it can also cause substantial damage to pavements, which can cost councils tens of thousands of pounds each year to repair.

"We need safe and accessible pavements to encourage people of all ages to walk more, and we are working with the Welsh Government to stop this dangerous practice."

The Welsh Government has also created a task group to provide advice on changing the default speed limit in Wales from 30mph to 20mph.

GORCHYMYN CYNGOR BRO MORGANNWG (LLWYBR CYHOEDDUS LLANFLEIDDAN RHIF 51) (CAU DROS DRO) (RHIF 2) 2019

Ar 5 Medi 2019, gwnaeth Cyngor Bro Morgannwg wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 Orchymyn a fydd yn gorfodi'r hyn a ddisgrifir yn yr atodlenni isod:

Daw'r Gorchymyn i rym ar 12 Medi 2019 ac fe'i gelwir yn "Gorchymyn Cyngor Bro Morgannwg Llwybr Cyhoeddus Llanfleiddan Rhif 51 (Cau Dros Dro) (Rhif 2) 2019.

Os ydych am gwestiynu dilysrwydd y Gorchymyn neu'r darpariaethau ynddo

ar y sail nad ydynt yn unol â'r pwerau a ddyfarnwyd gan y Ddeddf uchod neu ar y sail na cydymffurfiwyd ag unrhyw un o ofynion y Ddeddf, neu unrhyw offeryn a wnaed dan y Ddeddf mewn perthynas â'r Gorchymyn, gallwch, o fewn chwe wythnos o 12 Medi 2019, wneud cais i'r Uchel Lys at y diben hwn.

ATODLEN 1

1. Ni chaiff unrhyw un gerdded ar y lleoliadau a nodir yn Atodlen 2 isod.

ATODLEN 2

Lleoliad	Bydd Llwybr Cyhoeddus (Hawliau Tramwy Cyhoeddus) a adwaenir fel Llanfleiddan Rhif 51 ar gau o'r pwynt lle mae'r llwybr hwn yn cwrdd â Llantwit Major Road, y Bont-faen ar grid 298419 174557, gan barhau i'r gogledd-orllewin at lle mae'r llwybr troed hwn yn cwrdd â'r Hawl Tramwy Cyhoeddus a elwir Llanfleiddan Rhif 50, ar grid 298248 174735.
Llwybr Amgen	Yn ystod y cau hwn fydd dim gwyriad
Rheswm	Atal perygl i gerddwyr tra bo gwaith cloddio'n digwydd.
Hyd	O 00.01 12 Medi 2019 am hyd at chwe mis

Dyddiedig 12 Medi 2019
Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg, The Alps, Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL (LLANBLETHIAN PUBLIC FOOTPATH No 51) (TEMPORARY CLOSURE) (No2) ORDER 2019

On the 5th September 2019 the Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984, with the consent of Welsh Ministers made a further Order as described in the schedules below:

The Order shall come into force on 12th September 2019 and will be known as "The Vale of Glamorgan Council Llanblethian Public Footpath No 51 (Temporary Closure) (No2) Order 2019.

If you wish to question the validity of the Order or any provisions contained therein

on the grounds that they are not within the powers conferred by the above Act or on the grounds that any requirement of the same or that any instrument made under it has not been complied with in relation to the Order, you may within six weeks from the 12th September 2019 apply to the High Court for this purpose

SCHEDULE 1

1. No person shall proceed on foot in the locations specified in Schedule 2 below.

SCHEDULE 2

Location	Footpath (Public Rights of Way) known as Llanblethian Number 51closed from the point from where this path meets the Llantwit Major Road, Cowbridge at grid 298419 174557, and continuing in a north westerly direction to where this footway meets the Public Right of Way known as Llanblethian No 50, at grid 298248 174735.
Alt. Route	During this closure there will be no diversion
Reason	To prevent danger to pedestrians while construction work is carried out.
Duration	From 00.01 on 12th September 2019 for a maximum period of six months

Dated this 12th day of September 2019
Director of Environment & Housing
Vale of Glamorgan Council, The Alps Depot, Wenvoe.
CF5 6AA.

It's Harvest Festival time, so please submit your announcements and reports to **editorial@glamorgan-gem.co.uk**

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Number of windows	Cost
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3.5M X 3.5M CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS FREE TILING AND VERTICAL BLINDS FITTED	From £11,990
4M X 4M CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS FREE TILING AND VERTICAL BLINDS FITTED	From £12,990

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FREE UPGRADE TO A RATED DOUBLE GLAZING

Door	Price
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PATIO DOORS FULLY FITTED	From £999.00
YALE UPVC BACK DOORS FULLY FITTED	From £650.00
FRENCH DOORS FULLY FITTED	From £999.00
YALE UPVC FRONT DOORS FITTED	From £699.00

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Glamorgan advisory committee makes plans (and raises funds) to host the Royal Welsh Show

The launch event was blessed with fine weather

(Photograph by Glyn Evans).

THE Glamorgan Advisory Committee for the Royal Welsh Show launched with a very successful lunch held by kind permission of president-elect Mr Johnny Homfray FRAgS of Penllyn Court.

A committee spokeswoman said: "The core members of the committee worked in harmony to create the perfect setting in a beautifully decorated marquee, being extremely fortunate with the weather and having support from not only Glamorgan supporters but people from Pembroke, Carmarthen and Monmouth.

"The delicious food was provided from Vale Catering. A huge thank you goes to the sponsors: Coutts, Frank Sutton, Riverlea, HRT and Edwards Machinery Ltd who donated an array of generous items which were auctioned by Dan Jones of HRT.

"Everyone was delighted to meet newly-selected ambassador elect Jacob Anthony of Cwm Risca Farm, Tondu, who thanked everyone present for attending the launch.

"The committee are looking forward to supporting Welsh Air Ambulance, RABI as well as Cancer Charities in the future."

Jacob Anthony addresses the audience at the launch event. (Photograph by Glyn Evans.)

Photograph by Glyn Evans. Pictures can be purchased by contacting: E-Mail: ffotoimage@tiscali.co.uk, Telephone 07791 228684 or www.ffotoimage.co.uk

Back to school money saving hacks

PARENTS preparing to send their children back to school have been offered handy hacks to help take the pressure off their pockets.

Shopping experts from NetVoucherCodes.co.uk have revealed five ways to make money go further as parents splash out on new uniforms and stationery before the term begins.

Deciding what is worth investing in and what can be bought in bulk can help reduce the amount of money being spent.

Being super savvy and eyeing up the best deals offered by supermarkets and stationery shops can mean there's more money to put towards school lunches.

A spokesperson for NetVoucherCodes.co.uk said: "After an expensive summer spending time with the kids, preparing to send them back off to school can be financially difficult too.

"With new uniform, stationery and shoes all being needed the expense can soon rack up – even more so if you have more than one child.

"Being a bit more thoughtful about where you spend the money and being realistic about how long items are going to last can help money go a bit further."

These are NetVoucherCodes.co.uk five handy back to school hacks:

1. Uniform: Supermarkets always have back to school offers on, so making sure you're keeping an eye on these can help keep more money in your pocket. This year ASDA are offering school uniform from £2. To be super savvy you can also save some money on your weekly shop as you're doing it!

If you have more than one child, buy one get one free offers can be great to get them all kitted out. Hand-me-downs are also brilliant, with children growing so quickly they can sometimes only be in clothes for a few weeks before they need the next size up.

2. Re-use: Going back through stationery and clothes from last year and see what the kids already have plenty of means you won't end up buying more of the same thing. Children can be notorious for using only one page of a notebook and wanting a new one.

3. Buy in bulk: Pens and pencils are always going to be needed and are items which will always run out. Buying in bulk at the beginning of the academic year will mean that there is no added costs throughout the terms when more pens are needed.

4. Wait: If you have a list and know exactly what you need to buy, waiting until a few days before schools start means you may be able to make the most of some great offers. Similarly, buying early before to back to school rush can help save you money too.

5. Invest: Some items are worth spending a bit more money on. A good backpack will be able to be used for many years, so can be seen as a long-term investment. A more expensive pair of shoes will also last the year, or until their feet grow out of them! Deciding what's worth the money and what isn't can help you save in the long run.

A new challenge for chess club

THERE was another match played in the East Glamorgan Chess League for the Barry Chess Club, this time in division 4.

The Barry Stauntons were away to the Pontypridd Carpathians.

This is a new team but contained three players with a year's experience, a Gwent junior playing his first East Glam game and a new player – albeit one who played many years ago.

Barry Chess Club's star performer – just as in the club championship – was Erion Pici, who defeated Rio Northey.

Peter Watkins earned a draw on board one.

This means we lost our opening fixture by 3.5 – 1.5. Still, with only one player rated over 1100 in the Barry team is was quite a useful result.

The Barry Chess Club meets at 7:30 pm each Monday at the West End Club, St Nicholas Road, Barry CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at *http://barrychess-club.yolasite.com*

PJ

A double bill from local A48 Theatre Company

RHOOSE-BASED A48 Theatre Company Ltd, set up by Kathy and Ray Thomas in 2018, is about to embark on its seventh production – a double bill of comedy and intrigue.

The Lesson by Eugene Ionesco and *The Bear* by Anton Chekov will be performed by a talented cast at The Market Theatre, Cowbridge, on September 24, 25 and 26 and at The Atrium, University of South Wales, Cardiff on Oct 1. All performances start at 7.30pm.

Tickets are available from WG Davies gift shop in Cowbridge or from the A48 website: *a48theatrecompany.com*.

Helping Kathy and Ray with their theatre venture are a number of Rhoose residents including graphic designer Jeff Heenan-Davies and Llantwit Major-based Michael Rosser, who set up A48's website. Community library volunteers Bronwen Hughes, Sheila Williams and Christine Jakeway, helped to make a success of A48's recent performance – based on the life of Dylan Thomas – at the Celtic Way Community Centre in Rhoose.

Another success was the company's touring production of Samuel Beckett's *Endgame*.

A48 Theatre Company welcomes anyone wanting to be part of a positive and dynamic group of people, described as: "A small, tightly-knit company offering non-mainstream productions involving ambitious, demanding but highly rewarding experiences for performers and audiences alike."

From laboratory to studio: scientist quits lab to take up art passion

TRAVEL posters bring back happy memories, and allow one to day-dream about being at a place they love or wish to visit.

Following the war, the 1960s and 1970s were a time for growth in the travel industry and travel companies used posters to reach their customers.

Graphics became bold and stylish and vintage travel posters are highly collectable today.

Local artist Clare Bates produces prints of her favourite locations across Wales in the vintage style.

She said: "I first came across vintage travel posters when travelling across Canada and fell in love with them. Each print is restricted to just several colours which makes the colour combinations truly special. I started producing location prints for family and friends, and their popularity led me to turn my passion into a business."

"I'm grateful for the fantastic places that south Wales has to offer for my work. I take photos of each location and items of interest to include, then combine images in a digital collage. My prints are created layer upon layer, simplifying the composition and restricting to several colours. This layered approach is similar to the traditional method of silk screening that would have been used to produce posters years ago. Finally, I adjust the colours until I find the perfect combination.

"I've always had a passion for art, but as a Doctor in Particle Physics, my background is really in science. A career break to raise children gave me the opportunity to follow my dream. I learned all I could about graphic design and began my work. It's never to late to learn something new.

"I launched the business selling a collection of Tenby prints to holiday makers, and am currently working my favourite locations closer to home. My Christmas cards will be out soon."

Clare's prints are available through her website ClareBDesigns.com, at W.G. Davies in Cowbridge, at Charlton Cards on Tenby's high street.

Clare Bates, a scientist turned, artist, displaying some of her creations of local towns and landmarks.

Family makes fresh appeal to find Keith

On his birthday on September 8, South Wales Police renewed its appeal for information on the whereabouts of missing man Keith Price.

Keith was reported missing from his home address in Maesteg and was last seen at around 10am on Tuesday, August 13. Keith is diabetic and potentially vulnerable.

PC Julie Phillips said: "Keith is 64 today and should be celebrating his birthday with his family and friends but instead they are left wondering where he is and what has happened to him.

"We continue to investigate his disappearance and anyone with any information on his whereabouts is urged to get in contact with South Wales Police."

His family have also urged for Keith to get in contact to confirm he is safe and well.

In a personal message for Keith, his family said: "Keith we all love you and are concerned for you."

A force spokesperson said: "If you see Keith or have any information, please contact us on 101 quoting reference 1900299243."

Bro Radio apprentice nominated for award

BRO Radio volunteer Kane McMahon has been shortlisted for an award at this year's Apprenticeship Award Cymru.

Kane McMahon presents the Local Music Show on Bro Radio and joined the station in June 2018, as part of an apprenticeship programme.

After his time at Bro Radio, meeting new people and building his confidence, Kane continued with the station going on to present local news and the Local Music Show, more recently becoming the head of music at the station.

Bro Radio's operations director Nathan Spackman said: "From day one Kane was enthusiastic and took every opportunity he was given. He fitted straight in and over the last year has become a vital part of the team. "We were delighted when we heard Kane had been shortlisted for this award and wish him the best."

The winners of the Apprenticeship Award Cymru will be announced in Newport on October 24.

AS

Shutterbug chat for local group

MEMBERS of Barry University of the Third Age were given a talk about Don Llewellyn's life behind the camera at their first meeting after the summer break.

Mr Llewellyn, now retired, worked in television for 38 years as a cameraman and then as an editor and director.

He won a BAFTA and gold medal at the New York International Film and TV Festival during his career.

Mr Llewellyn worked on shows including *Survival of the Fittest*, which turned into *Trailblazers*, and *Sportsnight*.

The group's next meeting will be on October 7 in Bethel Baptist Church Hall, Harbour Road, from 2pm.

Anyone interested in joining the club should call Christine on 01446 701537.

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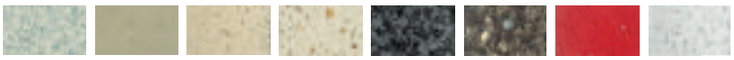

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‘Don’t become a statistic - seek help’, FUW urges farmers

AGRICULTURE carries the highest rate of suicide above any other occupation and after World Suicide Prevention Day on September 10, the Farmers’ Union of Wales (FUW) is urging those going through a tough time to seek help.

President Glyn Roberts said: “Poor mental health is an issue that affects the farming community greatly and it is well known that loneliness and social isolation can lead to mental health problems. The FUW understands that failing to deal with poor mental wellbeing could have serious consequences and lead to the farm running inefficiently, a serious injury, relationship breakdowns, poor physical health and even worse, it could lead to suicide.”

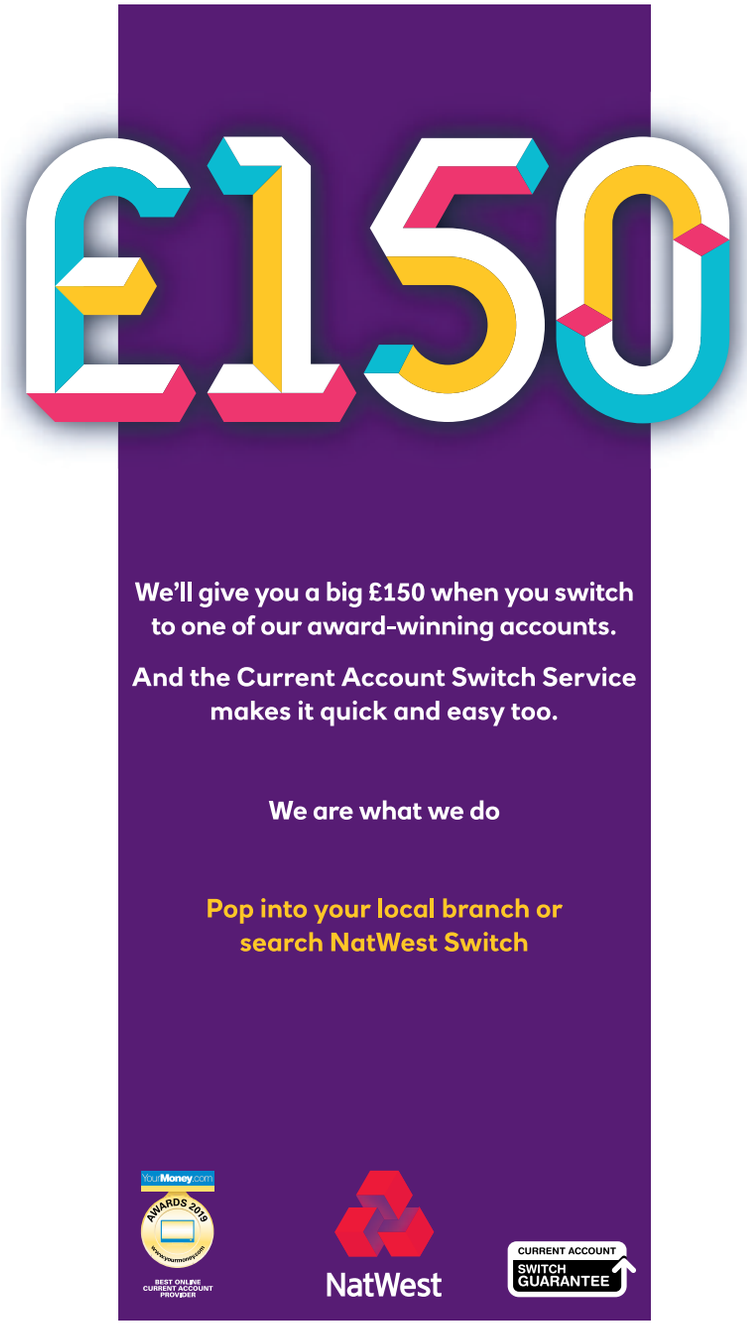
Mr Roberts added that everyone can make a contribution in preventing suicide and believes that it is by joining together, those suffering can be better supported.

“Suicidal behaviour is universal and it knows no boundaries. It can affect anyone and therefore we all have a role to play to collectively address the challenges. “Of course, preventing suicide often requires the efforts of many; family, friends, co-workers, community members, educators, healthcare professional and governments.

“We must remember that every life lost represents someone’s partner, child, parent, friend or colleague. For each suicide, there are countless other people who suffer intense grief.

“So if you feel like your world is crashing down on you and you can’t cope any longer, or you know someone who is vulnerable - please seek help immediately.

“We will continue to shine a light on the consequences and causes of poor mental health in our farming communities and help to not just break the stigma but to make changes to legislation and attitudes so that we can continue to see a thriving, sustainable, happy, farming sector in Wales.”



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Police use of contentious tech is legal, judges deem

One of South Wales Police Force’s facial recognition vans.

JUDGES have dismissed a shopper’s court challenge over the use of controversial facial recognition technology by South Wales Police.

Human rights campaign group Liberty took a case to the High Court on behalf of Cardiff resident Ed Bridges after he claimed his face was scanned while Christmas shopping in 2017.

His lawyers argued during the three-day hearing that the facial recognition had caused him “distress” and violated his privacy and data protection rights by processing an image taken of him in public.

But his case, believed to be the first of its kind in the world, was quashed on September 5 by two leading judges, who deemed the use of the technology was legal.

Lord Justice Haddon Cave, sitting with Mr Justice Swift, also concluded that the force’s use of live facial recognition “met the requirements of the Human Rights Act.”

Mr Bridges’ lawyer, Megan Goulding, said: “This disappointing judgement does not reflect the very serious threat that facial recognition poses to our rights and freedoms.”

She insisted that facial recognition was “highly intrusive” and had “no place on our streets.”

South Wales Police Chief Constable, Matt Jukes, said after Wednesday’s ruling: “I recognise that the use of Artificial Intelligence and face-matching technologies around the world is of great interest and at times, concern.

“So I am pleased that the court has recognised the responsibility that South Wales Police has shown in our programme. With the benefit of this judgement, we will continue to explore how to ensure the ongoing fairness and transparency of our approach.”

He added: “There is, and should be, a political and public debate about wider questions of privacy and security. It would be wrong in principle for the police to set the bounds of our use of new technology for ourselves.

“So this decision is welcome, but of course, not the end of the wider debate. I hope policing will be supported by that continuing in an informed way with bodies such as Liberty, who brought this action, and government each playing their valuable role.”

South Wales Police and Crime Commissioner, Alun Michael, admitted he welcomed the court challenge because it provided an “additional and formal level of scrutiny.”

He explained: “I am pleased that the judgement of the court makes it clear that the use of this technology by South Wales Police is legitimate, but the court is concerned only whether the use is legal. In addition that reassurance, is the robust systems of scrutiny and challenge that I have put in place. This reassures the public that we are getting the balance right between protecting people’s rights and keeping the public safe, and this has been welcomed by the Chief Constable.”

Mr Bridges has vowed to continue the legal fight.

Events in your area

AM’S surgery

JANE Hutt AM will hold an advice surgery at Barry CAB, 119 Broad Street, CF62 7TZ on Friday, September 13 from 4.30pm – 5.30pm. No appointment necessary.

Cuppa with a Copper

CUPPA with a copper and Vale MP Alun Cairns are holding a session this week on Friday, September 13, with PCSO Angela Stone from 2pm until 3pm at The Sycamore Tree, Colwinston, CF71 7NG. All Vale of Glamorgan constituents are welcome.

Repair Cafe

ON September 14 from 10am–2pm, the Repair Cafe Wales will be operating in Llantwit Major Bethel church hall. Free bicycle safety checks are still on offer, and the usual household item repair team will be there to try to fix small portable household items (food mixers, toasters, vacuum cleaners, etc); IT items including printers and laptops; and fabric repair – all at no charge! Refreshments are also available.

Funding secured for play park

FUNDS to improve facilities at the Highlight Park play area has been secured by MP Alun Cairns and Dyfan ward councillors.

Cllrs Vincent Bailey and Leighton Rowlands, along with the Secretary of State for Wales, have been campaignign for an upgrade since Highlight Park residents raised concerns about the state of the play park.

The trio have been successful with funding secured for new play equipment.

Mr Cairns said: “This is fantastic news that finally the park will see an upgrade. Parks play a role for children in leading a healthy lifestyle; but also they are vital to a community like Highlight Park.”

Cllrs Bailey and Rowlands added: “When we were elected back in 2017 we made a promise to see the park upgraded, and we are delighted along with Alun Cairns to secure funds, and deliver on our promise.”

The council will be holding a drop-in session on Thursday, September 12 at Highlight Park Community centre from 3pm - 5pm to hear residents’ views.

#FarmingMatters, and so does fair reporting

Rachel Saunders of the Farmers' Union of Wales writes on Farming Matters.

THE last few weeks The last weeks have seen much of Wales in Show season, as the local and county shows have been taking place around the country.

Visiting so many of these shows has been an absolute pleasure for us. This show season, like many beforehand, has given us more opportunities to meet and discuss #FarmingMatters with members around Glamorgan and to outline what we are trying to do as a union to prepare the future for agriculture in Wales.

Everyone reading this will know that shows are important in so many ways: a time to show the quality of produce, a time to meet and catch up with old friends and increasingly a time to demonstrate the value of agriculture to a wider audience.

At all the shows we've seen many people with little or no background in agriculture who are increasingly interested in food, food production, quality produce and buying locally; either for trust or from a belief in managing food miles. I think we are currently riding on a level of public interest, but we need to do more to help people understand what farming is all about; and getting the right support from the wider public is not straight forward, given the unhelpful and quite often factually incorrect picture painted by some in the media.

Blaming UK farmers for climate change and twisting facts to suit the anti-farming agenda, is not the way to show support for our food producers; and farmers here in Glamorgan were mortified by recent reports, as were many others across the country. It's worth bearing in mind that overall, UK greenhouse gas emissions account for less than 2 per cent of the global total, and UK agriculture has already embraced changes to breeding and feeding regimes, animal health protocols, nutrient management and on-farm technologies in order to improve efficiency and reduce environmental impact.

So, the opportunity to talk at the shows should not be underestimated. Regular discussions with politicians, in far more relaxed surroundings, have given us the chance to reinforce many of our concerns including the factually incorrect portrayal of agriculture in the media, future trade arrangements and wider environmental concerns.

In the coming months we will continue to meet with UK and Welsh Government Ministers to discuss our concerns, and will do our very best to ensure there will be thriving, sustainable family farms in Wales for generations to come.

On a final note I'd like to invite you to join us for our 'Sustainable Farming and Our Land' consultation open meeting, which will be held on Wednesday, October 2 at 7.30pm in The Grove Golf Club, Porthcawl.

Soroptimists support the Sam Davies Ward

MEMBERS of the Barry & District Soroptimists gathered at Hilary West's florist to show their support for the Sam Davies Ward and discuss future actions in the campaign to oppose the ward's closure.

They were joined by Alun Cairns MP and Leighton Rowlands, councillor for the Dyfan Ward, who both oppose any closure proposals.

SI Barry & District president Norma Reynolds expressed the feelings of the club when she said: "We are concerned and dismayed regarding the proposed shutting of the Sam Davies Ward, Barry Hospital.

"The Soroptimists have forged a close relationship with the ward over the past few years supporting the innovative ideas of Sister Linda Edwards. We have seen the staff on the Sam Davies Ward introducing a varied programme of activities for patients to ensure that they have a stimulating environment during their stay at the hospital, and do not spend endless days in bed. We have been extremely impressed by the high standard of care for patients and support given to carers."

Since the announcement of the Cardiff and Vale University Health Board's reorganisation plans, Soroptimists have been actively involved in gathering signatures for the petition and to date have obtained 1,200 alone from Soroptimists, friends and family.

Hilary West whose 'Save the Sam Davies' banner is strategically placed outside her shop opposite Barry Hospital said: "In the florist shop our customers have been only too eager to sign the petition. The Sam Davies Ward is held in high regard; this ward is undoubtedly an asset to the residents of Barry and the Vale, being readily accessible and well supported by the local community."

A number of club members have had personal experience of family, friends and neighbours being cared for on the ward. Soroptimist Jackie Memory said: "Having visited friends on the ward on a number of occasions I have seen the comfort it has brought them from being in a hospital in their hometown, where friends and family can pop in regularly. The warm, personal atmosphere and the dedication of the staff make this a very special place."

On September 23 from 1.30pm – 3pm there will be a public consultation meeting in the Glamorgan Suite at The Memo. The Barry & District Soroptimists encourage all those who are able to attend, to join them at this meeting and express their views on the proposals to close the Sam Davies Ward.

Heart screening in memory of young marathon runner

A Welsh heart charity is funding heart screening in honour of a young runner who died while taking part in last year's Cardiff Half Marathon.

The Ben McDonald Heart Screening Fund was established following the death of Ben McDonald at the Cardiff Half Marathon finish line in 2018 after he suffered a cardiac arrest.

The fund has been set up in his memory to offer free heart screening to members of the public aged between 8 and 45 in a bid to reduce the hundreds of deaths every year caused by undiagnosed heart conditions.

The public will receive a screening of their heart to determine any defects they may not be aware of. IGP will provide equipment and the facilities for the heart screening to take place and Welsh Hearts will fund the initiative.

The charity will be holding many screening days in the build up to the Cardiff half marathon and urge everyone, especially athletes and sportspeople, to get screened.

Sharon Owen from Welsh Hearts said: "I'm over the moon with how popular the screening has been and how many people have come to see us. Hundreds die every year unnecessarily due to undetected heart defects and we're determined to significantly reduce this number and our heart screening sessions are just one step towards achieving that mission. Ultimately, we want to see the Welsh Government fund these lifesaving tests so that more lives can be saved."

Welsh Hearts launched a petition in January, calling on the Welsh Government to make heart screening free and available for 10-35 year olds in Wales but until the government pledges to support the initiative, the charity is aiming to raise £1 million with its 'Have a Heart' campaign to be able to continue to offer this service and reduce the number of young people who die from heart conditions that could be managed.

Mr McDonald's mother, Ruth, said: "To be able to carry on Ben's memory with such an important cause is fantastic and really means a lot to his family and friends. Losing someone close is an incredibly difficult thing to go through but it's comforting to know that it has helped start an initiative to save so many lives and save other families from having to go through the same thing."

Welsh Hearts will also be holding a special screening day for Mr McDonald on October 5, the day before the Cardiff Half Marathon, at his old school, St Cyres in Penarth.

Sharon Owen will be supporting Ruth McDonald as they walk the Cardiff Half Marathon 2019 together in Mr McDonald's memory.

Heart screening appointments can be made through the Welsh Hearts Charity website at www.welshhearts.org/heart-screening-wales.

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Bike and hike in new Tŷ Hafan challenge

TY Hafan, a leading children's charity and hospice in Wales, is gearing up for its Tread & Trail event taking place on Sunday, September 29 in the Brecon Beacons National Park.

The bike and hike event will take participants on either a 15 or 30 mile cycle in the national park, broken up by a hike up and down the peak, Pen-y-Fan, before cycling a final five miles to the finish line.

The children's charity is encouraging novice and experienced cyclists to take part in the dual-discipline challenge and has two routes available to choose from: the 'Ultimate' (15 mile cycle) or the 'Extreme' (30 mile cycle) depending on the ability and level of challenge desired.

Leigh Halfpenny, Tŷ Hafan's ambassador, helped launch the challenge last month

Tŷ Hafan will also supply hot meals at the bottom of Pen-y-Fan for participants to refuel before completing the final, five-mile leg of the challenge.

Tŷ Hafan's head of events, Sali Thomas, said: "We're very excited to bring an event like this one to Wales. 'Tread & Trail' is the first bike and hike event to launch in the country that accommodates advanced cyclists looking for more of a 'hard-core' challenge, while also encouraging beginner cyclists as young as 14 years old to take part.

"If you're interested in registering for the event, you can sign up online today by visiting *www.tyhafan.org/tread-trail*." **AS**

Cowbridge celebrates Country Markets' centenary

MIKE Wilcock took these photographs of the centenary celebrations for Country Markets, held in the Lesser Hall, Cowbridge, on September 6.

It is held on alternate Fridays, the next being September 20.

For more information, visit *cowbridgecountrymarket.blogspot.com*, or go between 9.30am to midday.

GEM advice is to take a large bag for everything you may wish to buy, from cakes, to pies, to flowers and crafts. **AS**

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A brace of Vale restaurants are in the Good Food Guide

***THE Good Food Guide* has announced its top restaurants and award winners.**

Alongside the finest dining establishments in the country, the guide, owned by Waitrose & Partners, celebrates quality places to eat, and includes two in the Vale: Restaurant James Sommerin in Penarth, and a new entry for The Fox and Hounds in Llancarfan.

The Good Food Guide was published by Waitrose & Partners on September 12, and is available in Waitrose & Partners shops and online at £17.99.

AS

For all the latest news, visit www.glamorgan-gem.co.uk

'And I think to myself, what a Wonderwool world...'

MEMBERS of the craft group in Colwinston are busy preparing for their two-day event on September 21 and 22 in the village hall.

It is part of the Vale Makers' festival which is happening in the Vale. On both days there will be demonstrations of a variety of crafts, including polymer clay, crochet, patchwork, wet and dry felting, fabric work and printing.

There will also be another chance to see the Colwinston panels. These are three large panels of patchwork, felt work and knitting and stitching. They took six months to make and were displayed at Wonderwool Wales, in Builth Wells in April.

There will be lots of things to buy including art work, embroidery, wood carving, fabric items and felt work.

LA

Llantwit Major School
Ysgol Llanilltud Fawr

The Headteacher, Mrs F Greville & Staff extend a warm invitation to our ...

Information Evening for Prospective Pupils & Parents

Tuesday 17 September 2019
6.00 pm—8.00 pm

Our successes include...

- A seamless KS2 to KS3 transition ensuring pupils settle in quickly and produce excellent KS3 results
- 89% of Year 11 pupils achieving a minimum of 5 A*-C GCSE grades
- 100% of students obtaining 5 GCSE's for the fourth year running
- A thriving sixth form producing excellent all round results including 35% of all grades being A*- A

We strive to achieve the best possible outcomes by focusing on each student through creating a caring and supportive environment

A School for the 21st Century at the Heart of the Community

Dog of the Week

SIMBA is a six-month-old Staffordshire Bull Terrier cross German Shepherd. HE has a lot of energy who is looking for an active home where he can get plenty of physical and mental stimulation.

Simba is clever and is eager to learn, so he would benefit from attending training classes which can be provided by Dogs Trust Dog School.

As Simba is still young, he is looking for owners who are home most of the day, and can gradually build up the time being left.

Simba loves other dogs and could live with a dog already established in his new home, but it would have to be the right dog with a similar play style.

He can live with children 14 years and above and would be best suited with children who are used to bigger dogs.

For more information, visit www.dogstrust.org.uk.

AS

Out & About with The GEM

Picnic Penarth weekend promises the best of local street food

PICNIC Penarth returns this weekend – with a new location of Penarth town centre.

Picnic Penarth always showcases the very best of local street food providers, with a helping of family entertainment on the side and last year's event attracted more than 14,000 visitors to the Esplanade.

The event opens at 12 noon Saturday, September 14 with food and entertainment running until 10pm. Picnic reopens at 12 noon on September 15, with fun and feasting continuing to 7pm. The event will include Bella Paella, Doughnutterie, Dusty Knuckle Pizza, Ele's Little Kitchen, Hard Lines Coffee, HoGi Hogi Hogi, Keralan Karavan, Meat and Greek, Meating Point, Mr Twister, Ridiculously Rich by Alana, The Crepe Escape, Brod – The Danish Bakery, The Hellenic Eatery, The Pudding Wagon, Tukka Tuk, Umpa Lumpa Sweet Shop, Vale Roast Meat Company and Windsor Fruits. Bars will be provided by local traders, including Bar 44 and The Bear's Head. There will be amusements and face-painting with family friendly entertainment on stage.

Picnic Penarth will be free to enter.

As with this year's Summer Festival, the event will be plastic free. Residents and visitors are reminded that Windsor Road will be closed from its junction with Arcot Street to its junction with Albert Road and Lower Glebe Street will be closed from its junction with Ludlow Lane to Windsor Road from 12 noon on Friday, September 13 until midnight on Sunday, September 15.

Further information on the event and updates can be found via Picnic Penarth's social media channels and at www.picnicpenarth.wales.

Picnic Penarth organisers are delighted to welcome back a host of lip-smacking traders from previous events.

The PODS cast of Trivial Pursuits. Photo by Dean Matthews.

Trivial Pursuits for local am-dram group

PENARTH Operatic and Dramatic Society are performing the hilarious comedy *Trivial Pursuits* by Welsh playwright Frank Vickery at the Paget Rooms from October 9 to 11.

The Trealow and West Amateur Theatrical Society are about to cast their next production and due to the credit crunch, director Nick has had to wrestle with some difficult choices in financing and casting the production, so he invites a few actors and some of the committee to a summer barbecue at his home to announce his decision.

The play's director, Fiona Porter Smith said: "This is Frank Vickery at his comedic best. We've assembled a brilliant cast for this production and it's one not to miss."

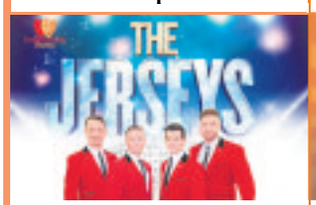
Tickets are on sale at www.ticketsource.co.uk/pods. For more information call Peter Knowles on 07779099378.

Wannabe: Spice Girls Show
Sat 5 Oct 7:30pm

Robert Temple Hypnotist
Sat 12 Oct 7:30pm

Oskar's Amazing Adventure
Fri 1 Nov 2:00pm

SPEAKEASY
CHRISTMAS BASH
Saturday 7 December 7:00pm
1920's style party with cocktail reception, three-course meal, live entertainment, casino tables, big swing band and disco.
Tickets: £40 each / Table of 10 £360



The Jerseys
Sun 3 Nov 7:30pm

Oye Santana
Fri 8 Nov 8:00pm

Pop Divas Live
Sat 9 Nov 6:00pm

Boogie Wonderland
Fri 15 Nov 7:45pm

The Best of Queen
Sat 23 Nov 7:30pm

Jackson Live in Concert
Thu 28 Nov 7:30pm

The Scarecrow's Wedding
Mon 2 - Tues 3 Dec

Llygoden yr Eira
Thurs 12 Dec 7:30pm

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Cinema Highlights

Matilda (U)	14 Sept 2:00pm
Playmobil: The Movie (U)	20 - 21 Sept
Pain and Glory (15)	20 - 26 Sept
NT Live: One Man, Two Guvnors	26 Sept 7:00pm
NT Live: Fleabag	30 Sept 7:00pm

WWW.MEMOARTSCENTRE.CO.UK / 01446 738 622 Gladstone Road Barry CF62 8NA Registered Charity (CIO) No: 1155291

Honouring William Butterfield, architect of Penarth's only Grade One listed building

WHEN The Friends of St Augustine's was founded eight years ago, members were surprised to find that there was no society to honour William Butterfield, the famous gothic revival architect who built St Augustine's Church in 1866

The church is Penarth's only Grade I listed building.

The Friends have decided to form a network of Butterfield enthusiasts, and are organising the 'Butterfield and Beyond' event on Saturday, September 21 from 11am to 4pm at St Augustine's.

Visitors from All Saints', Margaret Street, London and other well-known Butterfield buildings will attend and it is hoped that many local people will come along to support the initiative.

Cathy Grove, chair of the Friends, said: "People from all over the UK have expressed interest in the event, and I hope it will ensure Butterfield gets more recognition.

"Our own wonderful building will attract even more visitors and admiration."

Speakers will include Dr Geoffrey Tyack, Fellow of Kellogg College, Oxford and Rachel Morley of Friends of Friendless Churches, who is working on a Butterfield church.

Tickets to the event cost £30 (including lunch).

For further details and to book a place, contact Cathy Grove on 02920 704298 or email friendsofstaugustinepenarth@gmail.com.

Age Positive Week to be celebrated at Penarth cinema

AGE Cymru is hosting a pop-up cinema event at Penarth Pavilion next month to show a range of films celebrating older age.

It will feature *A Walk in the Woods* starring Robert Redford, Nick Nolte, Emma Thompson, and Mary Steenburgen, a film based on Bill Bryson's autobiographical book that traces his return to the USA after spending two decades in England, and where he decides the best way to connect with his homeland is to hike the Appalachian Trail with one of his oldest friends.

The event, which forms part of the charity's Age Positive Week, will also feature a series of short films including one inspired by the interaction of artists with care home staff and residents, produced by BAFTA award-winning Clare Sturges.

Members of the audience will also have an opportunity to take part in a discussion, led by Film Focus Wales' Nigel Streeter, on how older people are represented in the film industry and how they can get involved in community based film making.

Age Cymru's Kelly Barr said: "We recognise that visiting the cinema is a popular way of engaging in culture and learning about the wider world, but there are very limited realistic depictions of older people on screen.

"Hopefully, this event will encourage many older people to think about how they want to see themselves represented and to continue to enjoy meeting up with friends to see films in their local cinema.

"It would be fantastic if we could also encourage some older people to get involved in film making so that their voices are heard and aspirations are better reflected."

The event is free of charge to attend and takes place at the Penarth Pavilion on Wednesday, October 2 between 1pm and 4.30pm.

To reserve a place call 0292043 1555 or visit www.agecymru.org.uk/agepositive. **AS**

www.glamorgan-gem.co.uk

How to make the most of the hedgerows when it comes to foraging

AS children go back to school and the nights draw in, people are being encouraged to head to the hedgerows to make the most of the autumn fruit.

AS plastic becomes a more contentious issue, experts from GardenBuildingsDirect.co.uk have revealed five of the best fruits to be reaching for which are completely plastic, and cost, free. More people are trying their hand at foraging, but they must be aware of poisonous berries and wild mushrooms which can easily be disguised as tasty treats.

Foraging for food is legal in the UK for individual consumption, or to enjoy with family and friends, but is not allowed for commercial purposes. It must also be done only on personal land, private land with the appropriate permissions or common land – such as woods, forests, parks, fields and hedgerows, roadsides, cycle paths, canals, disused railway embankments and even cemeteries. It is important to take only the food you will eat, as animals also need to find sustenance from the treats.

Don't risk picking mushrooms while out and about unless sufficiently well-read on the varieties that are safe for humans.

A spokesman for GardenBuildingsDirect.co.uk said: "For many years British people would turn to the hedgerows to pickle and prepare foods to get them through winter. We're trying to encourage individuals to turn back to their ancestors' ways and get stuck into foraging. Here are the top autumn foods to forage for:

1. Rose Hips: Packed full with vitamins A, C and fibre, seed pods of roses can help you fulfil your recommended daily intake of vitamins.

Cook in boiling water and sieve thoroughly for rose hips to be turned into a tasty cordial, syrup, jam or jelly.

2. Sweet Chestnuts: Associated with the colder months, the distinct, spiny husk of a sweet chestnut can be sharp to touch. They work well with sausages, can be turned into a fantastic stuffing and also can be pureed to serve instead of mashed potato. They can also be an alternative to flour in desserts, if blitzed into a fine crumb and accompany chocolate very well.

3. Chickweed: This weed can be found in many of Britain's gardens and hedgerows and can survive into the winter.

Popular with chickens – hence the name – chickweed can be whizzed into a pesto, or the whole plant can be added to salad.

4. Sloes: The prickly stems on sloe plants can put many people off foraging the purple fruit.

The most famous sloe recipe is sloe gin. Put plenty of sloes into gin with some sugar, leave for as long as possible – the longer it's left, the stronger the flavour. It should be stored in a cool, dark place and be shaken every couple of days, then sieved before serving.

5. Brambles: Brambles, or blackberries, can be found in lots of hedgerows, but the best flavoured ones will be found away from polluted areas like main roads.

They can be turned into a warming pie or crumble for a dessert, or can also be a refreshing snack on winter walks.

Just Go! Holidays

UK EVENTS

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on the Cobbles

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Your break includes
- ✔ Return coach travel from Bridgend & Cardiff
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- ✔ Guided tour of the external sets of Coronation Street (lasting approximately 90 minutes)
- ✔ Visit to Manchester Christmas Markets

2 Days by Coach only **£129**
Single supplement £30

DOWNTON ABBEY
& Bath Christmas Market

Departing Sunday 8 Dec

Enjoy a truly unique opportunity to visit Highclere Castle, filming location of the much-loved Downton Abbey TV series and feature film, which opens its doors exclusively for our customers on Monday 9th December. We also visit the award-winning Bath Christmas Market.

Your break includes
- ✔ Return coach travel from Cardiff
- ✔ Overnight stay at a selected 3 or 4-star hotel with breakfast
- ✔ Exclusive visit to Highclere Castle
- ✔ Visit to Bath Christmas Market

2 Days by Coach only **£159**
Single supplement £30

ANDRÉ RIEU
Live in Birmingham

Departing Thursday 23 Apr

Violin master André Rieu is back with a new springtime UK 2020 tour, including a date at the Resorts World Arena in Birmingham. Don't miss the chance to see the 'Modern King of Waltz' perform with his 60-piece Johann Strauss Orchestra!

Your break includes
- ✔ Return coach travel from Bridgend & Cardiff
- ✔ Overnight stay at a selected 3 or 4-star hotel in the Midlands area with breakfast
- ✔ Ticket to André Rieu concert at the Resorts World Arena, Birmingham (lower tier)
- ✔ Return coach transfers from the hotel to the Resorts World Arena
- ✔ En-route visit to Stratford-upon-Avon

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If you struggle to reach your feet turn to RS Podiatry

RS PODIATRY is a well-established Podiatry and Chiropody practice, based at Highlight Park Medical Practice in Barry.

Rebecca is fully qualified, having gained a BSc (Hons) degree in university and she is a trusted member of The Society of Chiropodists and Podiatrists, and The Health Care Professions Council.

At RS Podiatry our services are available to all ages, from children to the elderly – whether for the treatment or diagnosis of a specific foot condition, to simple nail cutting.

We specialise in the treatment of nervous patients and can accommodate patients with impaired mobility.

At RS Podiatry we offer a warm, friendly, professional service in a clean, clinical environment at affordable prices.

For more information, or to book an appointment, please call 01446 734064.

Five ways to a less stressful day

SOME mornings you seem to breeze through the early hours. You've got time to sit and drink a cup of coffee, eat a healthy breakfast and even leisurely catch up on the day's news.

Other days, your alarm goes off and you just about find time to brush your teeth before rushing out of the door.

While having a calm and peaceful morning can feel like a rare and magical occurrence, there are simple ways you can make every early start a bit less hectic - even when you're short of time.

We asked experts to give us their top tips for making a busy and stressful day ahead more manageable.

Practise easy gratitude;

Rather than rushing into the shower when your alarm goes off, it's important to take time to pause and ease yourself into the day.

Happiness consultant Samantha Clarke, speaking on behalf of Dorset Cereals (dorsetcereals.com) suggests doing this by trying a short 10 to 20 minute meditation.

Clarke recommends using an app like Calm (calm.com) or Headspace (headspace.com) to guide you through the process. If you're really short of time, even just listening to a soothing playlist on your commute to work can help to give a dose of on-the-go relaxation.

Have a digital detox;

Managing your use of technology can be a real time-maximiser in the mornings. Life coach Danielle North recommends switching out your phone for an old school alarm clock, so you can keep your devices turned off overnight.

She explains: "Once the smartphone is off, it's easier to not grab it first thing in the morning.

"Perhaps you'll even wait until you leave the house to switch in on? Either way, this habit can really help to ease stress and anxiety as well as lower your daily smartphone usage."

Fuel the body;

Breakfast is the ideal opportunity give your body a good start to the day, because you're literally breaking a fast.

Nutritionist Rosie Mullen says: "The body is fasting as we sleep so when we wake up we need to fuel it correctly to give you energy for the morning."

PA Photo/iStock.

Many studies have linked eating breakfast to good health, including better memory and concentration, energy levels and reduced risk of diabetes.

Introduce your senses to the day;

"This is often overlooked, but it's important to try and let the natural senses meet the day," says comparison coach Lucy Sheridan.

"Taking a shower in natural light reduces your exposure to artificial lighting that can overstimulate the senses, leading to stress and anxiety," she says.

"This isn't always possible in the winter months but it's a habit to try and adopt where you can."

Enjoy the little things;

Having a moment to yourself is really important, especially if you spend most of the day focused on kids, friends or colleagues.

"Taking as little as 10 minutes to yourself on a morning will set your mindset for the rest of the day," says anxiety expert Chloe Brotheridge.

A low cost nail cutting service is now available

AGE Connects Cardiff & Vale provide a low cost nail-cutting service as part of basic foot care services to older people in the community.

We work from clinics throughout Cardiff and the Vale, with new clinics currently running in Cowbridge and Penarth and our nail-cutting assistants are trained by the Cardiff & Vale University Health Board. There are no age restrictions and the service is available to anyone who is unable to cut their own toenails (certain health restrictions apply) at a cost of only £14 per session. Further information on 02922 331113.

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Health Beauty & fitness

The eyes have it - five ways to tackle dark circles and bags

THEY say the eyes are the window to the soul - but if you ask us, the eyes are the window that reveals exactly how tired we really are.

But there are steps you can take to prevent, treat and - if need be - hide your eye issues - and you might be surprised by how simple some of them are.

Here, experts offer six tips for tackling common concerns.

1. Protect your eyes from the sun

"Sun exposure can often make dark circles worse as it increases the melanin content," says cosmetic dermatologist Dr Simon Zokaie, medical director of the Linia Skin Clinic on Harley Street. "So wearing sunscreen, a hat and sunglasses is important."

2. Stay hydrated

"One simple tip is to stay hydrated, as dehydration, especially after overindulging in salty foods and alcohol, can definitely exacerbate the appearance of eye bags," says Dr Granite.

3. Get a good eye cream

Lighter is better when it comes to eye products, says GP and aesthetics doctor Kalpna Pindolia, founder of Envisage Aesthetics: "Creams applied to the area can be heavy and gels may contribute to puffiness, so lighter serums tend to be a better vehicle for topical potions."

4. Try natural remedies

You don't have to spend a fortune to find effective temporary relief for tired eyes.

"Some of the more 'natural' techniques include the use of cucumber or potato slices, cotton pads soaked in milk, caffeinated teabags or the application of cold spoons. They help constrict the blood vessels, which reduces puffiness and gives a lighter appearance around the eye."

5. Conceal and cover

While eye creams and treatments take time to work, make-up is an instant fix for dark circles.

Peach or orange tones can reduce the blue hue caused by superficial blood vessels.

6. Consider an aesthetic treatment

"If dark circles and undereye bags do not seem to budge with at home measures such as cool compresses, emollients and concealer, consider consulting with an aesthetic practitioner to see if undereye (tear trough) filler is an option for you

Come and meet the dedicated team at Vale Foot Clinic.

The Vale Foot Clinic celebrates its 10th anniversary!

THE Vale Foot Clinic opened in Dinas Powys in 2009 and due to overwhelming success, took the opportunity to expand into Barry in 2015.

All types of chiropody and podiatry treatments are offered from diabetic foot care to a specialist musculoskeletal clinic, where gait analysis/biomechanical assessment is provided. Business owner Jane Blasizza confirmed the launch of new services to mark their 10th anniversary.

She said: "We're really excited about our new 'Simply Nails Clinic,' where patients who require simple nail cutting can have this done at a reduced cost.

"Pedisafe is another service being launched – an industry leading aesthetic method of toenail reconstruction. Patients with fungal, damaged or psoriatic nails can all benefit from this service and proudly show off feet previously hidden in closed footwear." All podiatrists at the Vale Foot Clinic are HCPC registered and hold a BSc (Hons) degree in Podiatry. To make an appointment, call 01446 677117 or visit them at www.podiatrywales.co.uk.

Home Physio Company – with you every step of the way

IT was World Physical Therapy Day on September 8; it is observed to generate awareness of the crucial contribution physiotherapists make to society.

The Home Physio Company sees on a daily basis the vital need for people to keep moving, keep well and maintain independence. Last week, tears of happiness were shed (from physio and client!) when one client walked independently with her walking stick for the first time since her stroke.

There were celebrations when another client was able to stand by herself, having been reliant upon a passive hoist only months before. Suzy Battle (née Gluck) says these successes are the best part of her job: "Seeing life-changing developments after a lot of hard work by a client is a fantastic reward."

The Home Physio Company comes to your home to assess and plan your rehabilitation; "We work with a team ethos – physio, client, relatives, carers, friends – everyone can play a role to improve someone's future." The company really listens to your needs, then goals are set around exactly what you want to achieve.

Please get in touch to see how we can help you.

Begin now with Barry Pilates

BARRY Pilates is now booking places for their new Pilates beginner's class, starting on Thursday, October 3 at 11.15am.

The class will introduce you to Pilates and is suitable for complete beginners and those with a little experience. Classes are led by Sharon, a highly experienced and qualified Pilates teacher. Exercises are performed on the mat in a range of postures including standing, lying down and side lying.

Balance, flexibility and strength are all important areas to work on for a strong healthy body. Pilates can help you improve your balance, strengthen your body and core, stretch your muscles and mobilise your joints. People usually feel relaxed and revitalised after the Pilates classes – Pilates classes are a great way to take care of yourself.

If you are more experienced, there are a range of Pilates classes from beginners to advanced and private one-to-ones.

Classes are held at St Nicholas Hall, Barry, CF62 6QX. There are only 12 places in the new beginner's class, which is £49 for six weeks; to book, contact Sharon on 07830 085606 or email sharonpilates@hotmail.com.

Meticulous Beauty & Skin Clinic

BASED on High Street, Barry we specialise in skin perfecting and rejuvenating treatments using the most up to date methods, technologies and clinically proven skin care.

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Health Beauty & fitness

Vale Singing Group is Expanding into Penarth!

THANKS to support from Glamorgan Voluntary Services through the Supporting Older People in the Vale revenue funding scheme, With Music In Mind is extending its singing and social groups to Penarth.

Groups are designed to be informal and fun and are open to anyone over the age of 50 – singing ability is not important!

With Music In Mind is based on research that shows that singing in a group reduces stress and loneliness and improves memory, mood and wellbeing.

Groups consist of an hour of group singing led by the musical director, Matthew, followed by refreshments, which are provided, and a further hour of social activities.

Staff member Lindsey Newman said: "Seeing the members forming friendships within the groups, which then continue, is wonderful. I have had several members comment to me about how their self-confidence has improved since joining."

The new group will be held at the St Augustine's Parish Hall, Albert Road, Penarth, every Wednesday from 10am to 12 noon, except for the second Wednesday of the month, when the hall is unavailable.

The first session will be on Wednesday, September 18, 2019. If you would like to find out more about any of the groups, call Sarah and Kate on 07500 776295.

How to avoid the agony of lower back pain

ALTHOUGH rarely serious, back pain is extremely common and can be a real bane. Liz Connor talks to the experts.

Whether it's a dull ache after lugging a heavy bag around all day, a telltale twinge while doing some heavy lifting in the garden, or the price of sitting at a desk day in, day out - back pain is never fun to deal with.

It is, however, extremely common. Lower back pain - also known medically as 'lumbago' - is one of the most common reasons why people visit the doctor in the UK, and it's estimated that up to eight in every 10 people are affected by it at some point in their lives.

Fortunately, in the vast majority of cases, back pain isn't triggered by anything serious and will usually improve with time, and there are lots of measure people can take to prevent or relieve symptoms.

There are sometimes occasions, though, when back pain can be a sign of an underlying cause that needs closer attention and management.

So, what are some of the warning signs and what should you do if you're experiencing symptoms? Here, experts explain more...

Why does lower back pain happen?

"Lower back pain, or lumbago, occurs when there is a problem with ligaments, muscles, discs, nerves or vertebrae - the bony structure that makes up the spine," says Dr Luke Powles, associate clinical director of Bupa (bupa.co.uk), who assures that it's an extremely common issue.

"Back pain that develops quickly and lasts for less than three months is called 'acute back pain'," he adds.

Pain that goes on for longer than three months, meanwhile, is classified as 'chronic back pain' - and indicates that any treatment carried out in the initial three months has not been successful. However, this still doesn't mean that there's a serious underlying medical cause - although the pain can be frustrating to live with.

"Three main causes of back pain are force, repetition and inactivity," says Powels. "Heavy lifting can lead to muscle or ligament strain resulting in painful muscle spasms, as can repetitive movements such as twisting or bending the spine. Similarly, bad posture and sitting for long periods of time can have ill-effect."

What can I do to relieve back pain?

Although it may sound counterintuitive at first, rest isn't always the best solution. Often, the best way to manage back pain is to stay active, and in some cases painkillers may help, says Powels.

"Many still believe that long periods of laying down will relieve symptoms, but this is a myth. It may feel relaxing at first, but prolonged periods can make the pain worse," he says.

Powels suggests regular low-impact activities such as walking or swimming, which can increase strength and build up endurance in your back. "Include exercises into your routine that build muscle strength in your abdomen and back; strengthening your core will help alleviate the pressure on your back," he advises.

If the pain doesn't subside within a couple of weeks, is getting worse or not responding to self-management or over-the-counter painkillers, visit your GP and/or check in with a physiotherapist.

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Journey's end

The memorial in Isigny-sur-Mer that marks the spot where General de Gaulle gave his first speech to the French people after D-Day; the Normandy American Cemetery and Memorial at Colleville-sur-Mer; one of the specialities of the region: Caramels D'Isigny.

Contiuned from last week.

NORMANDY is blessed with rich, fertile land.

In many ways it resembles – aside from the marshes – stretches of Dorset and Devon.

Unsurprisingly, farming is big business there, and perhaps the largest of these is the dairy at Isigny-sur-Mer, a town twined with, by happenstance, Kingsbridge in Devon.

The town sits at the confluence and estuary of four rivers, including the Vire, close to the Baie des Veys, and is famous for its AOC butter and cream, as well as for the production of Mimolette, Pont-l'Évêque, Camembert, and Trésor d'Isigny cheeses, among others.

The rivers, and its proximity to the Channel (what else would *sur mer* mean?), have made it a prime location for the cultiuvation of oysters and mussels, and no trip here is complete without a vast bowl of *moules* and and unfinishable stack of *frites*. And yes, do have the French fries with mayonnaise. Most of the time it's homemade...

Again, the visit coincided with a busy market day and even the aroma of grilling merguez sausages failed to overwhelm the fragrance from the gloriously fresh fruits and vegetables, all from within five miles or so.

In another nod to our American friends, the *commune* of Isigny-sur-Mer includes Omaha Beach. Despite sustaining losses of more than 2,400 men on D-Day, by that day's close, around 34,000 troops had gone ashore.

The primary objective at Omaha was to secure a beachhead some five miles deep between Port-en-Bessin and the Vire River, linking with the British landings at Gold to the east, and reaching Isigny to the west to link up with VII Corps landing at Utah.

Many of the casualties are at rest in the Normandy American Cemetery and Memorial – it contains 9,388 dead – at Colleville-sur-Mer.

The cemetery featured heavily in some rather turgid scenes of *Saving Private Ryan*.

I find that US war cemetries are full of a very different sort of symbolism to, say a Commonwealth War Grave Commision cemetery. CWGC ones feature a Cross of Sacrifice if the cemetery contains 40 or more casualties, and a Stone of Remembrance for 1,000 or more.

US ones feature all manner of statuary with weighty titles such as *Spirit of American Youth Rising from the Waves*.

It's not unlike the names, leaden with symbolysm, assigned to US military operations, such as "Desert Shield", "Infinite Justice" or "Enduring Freedom".

Names for UK military operations are created at random by a Sinclair ZX81 in a basement of Main Building. A press of a button and out pops – via a teletype – a proper name, such as Granby or Grapple.

An exception is Lucky Alphonse (the British sweep of the Troodos area on Cyprus for EOKA in 1956).

Back to Isigny-sur-Mer, which – by comparison to Saint-Lô – got off quite lightly, being only 60 to 65 per cent destroyed by two aerial bombardments on D-Day+2.

For this, and for the part the town played in the landings, General de Gaulle visited on June 14 and famously spoke to the French people. A monument in the centre ville records this.

The town has another claim to fame. An awful lot of begatting was done by Jean-Christophe d'Isigny ("of Isigny") and his descendants until they moved to Lincolnshire in the late 16th Century.

D'Isigny became Anglicised, the village became Norton Disney, and...

Well, there would be no *Lion King*, *Frozen*, or *Aladdin*, nor (shudders) Disneyland had other descendants not popped across the pond to begat Walt.

Perhaps they should have stayed in Normandy...

Words and photogrpahs by AJ.

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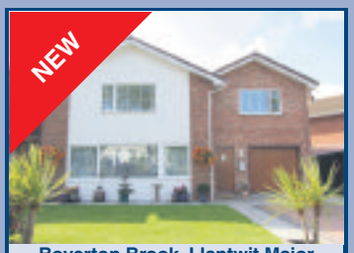

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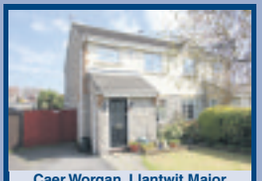

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Royal wedding dress designer opens charity superstore

ROYAL wedding dress designer David Emanuel officially opened Bridgend's new Sue Ryder charity superstore last week.
Mr Emanuel, best known for designing the dress worn by Princess Diana on her big day, was given the honour of cutting a ribbon to mark the store open for business.
A spokeswoman for the charity said: "In just the first two days of trade, the new superstore raised enough funds to keep of one of the Sue Ryder family support teams running for six days."

Campaign to stop ward closure backed by councillors

PATIENTS in rural areas of the Vale of Glamorgan could face "huge problems" if a hospital ward closure means they have to travel further for care, councillors have said.

A campaign to save the Sam Davies ward at Barry Hospital from closure has been backed by councillors and the Vale Council will demand clarification over the long-term future of the hospital after councillors unanimously backed a motion on September 9.

The Sam Davies ward, a 23-bed rehabilitation ward for older people, could close under plans by Cardiff and Vale University Health Board (UHB). Vale councillors said patients from Barry and the rural Vale could be forced to travel to Llandough or even Cardiff for 'step-down' care.

The health board says it wants to get patients home sooner as even short stays in hospital with reduced mobility can lead to muscle wastage, especially among elderly and frail people.

Cllr Gordon Kemp told the meeting his mother-in-law was transferred from the Heath and Llandough hospitals to the Sam Davies ward, where she died in August. He said that one Saturday night, the family was concerned his mother-in-law was deteriorating , but was told there would not be a doctor until the following Tuesday. The family called the out-of-hours service and a doctor arrived at 4am.

Cllr Kemp forwarded an amendment calling for the health board to "properly fund" Barry Hospital, which was accepted by councillors.

He said: "While I fully support the Sam Davies ward, my concern is under-funding generally. I feel the problem here is the ward and the hospital generally is not sufficiently funded by the health board. No one wants to close anything unless they have to, but if funding was available this could be properly resourced and maintained and a better service would be provided there."

Patients at the Sam Davies ward would receive their care at either University Hospital Llandough or closer to home.

The agreed motion states the Vale Council "regrets" the proposals to close the Sam Davies ward and "fears the impacts the closure of the ward will have, and the additional pressures if will place on ambulance staff". It also says the council "shares trade union concerns in relation to the proposals and consultation" – trade union Unison has been campaigning on the issue.

The council will also ask the health board to clarify the future of the hospital and fund the ward and the hospital properly – following amendments to the motion from opposition parties. Councillors voted to remove a line in the motion calling on the Welsh Government to 'ring fence' new funds from Westminster to support the ward and local medical services.

Conservative councillor Janice Charles, who put forward the original motion, told the meeting there is "a lack of good community care" for patients to stay at home.

She said: "These patients without intervention could bounce back to hospital very, very quickly."

Cllr Gwyn John said he was "fully behind" saving the Sam Davies ward. He said: "To go to Llandough or to the Heath is a huge problem for many people in the rural Vale. We must save the Sam Davies ward; it's as simple as that."

Council leader Neil Moore also supported saving the ward and called on the health board to clarify the long-term future for Barry Hospital.

Cardiff and Vale University Health Board has started an engagement process on its proposals, which it said would improve the care for frail older people in the Vale of Glamorgan.

A health board spokeswoman said: "When patients no longer need to be in hospital, they should be able to leave with appropriate support in place more quickly, in order to give them the best chance of continued independence and dignity in their own home or a community setting."

Joseph Grey, clinical director of clinical gerontology at Cardiff and Vale UHB said: "The new proposals will help improve independence and mobility. They will also offer better opportunities for patients to recover more quickly and to return home in a more timely fashion with appropriate support in the community.

"We are inviting people to give us their thoughts and comments on these proposals which will help us to shape our services for frail older people in the Vale of Glamorgan."

The eight-week engagement on the care of frail older people in the Vale of Glamorgan will end on November 1 and the Health Board will also hold a public workshop on Monday, September 23 between 1pm and 3.30pm at the Barry Memo Arts Centre, Gladstone Road, Barry, CF62 8NA.

Matt Discombe, LDR

South Seas and Petanque for Vale Probus Club

AT the last meeting of the Vale Probus Club, members welcomed Tim Douglas-Jones who gave an illustrated talk on 'The South Seas'.

Tim's talk was accompanied by stunning photographs of the islands and their natural beauty.

Recently, the Vale Probus Club was welcomed by the City of Llandaff Petanque Club to partake in an informal boules tournament.

After a crash course in the rules and etiquette of the game, there was a demonstration by the hosts to help the uninitiated.

Ten teams were formed, and each team was joined by a seasoned player from the host club to ensure fair play and to inject some expertise into proceedings.

LG

£18.5 million upgrade for Barry school

EXTENSIVE plans to modernise and upgrade facilities at Welsh medium school Ysgol Gymraeg Bro Morgannwg, with additional capacity for up to 299 new students, has been announced.

The £18.5 million project will be undertaken by contractors ISG to redevelop and extend the Barry school. Procured via the "SEWSCAP" capital works framework, the scheme forms part of the Welsh government's 21st Century Schools and Colleges Programme, designed to transform and upgrade the country's education estate.

The improvements will include five new extensions, a design and technology teaching block and sports hall. There will also be six new multi-use games areas and a floodlit 3G all-weather rugby sports pitch, which will be available for community use out of school hours. This is in addition to a new coach park enabling easier access from Port Road. The new elements will extend capacity and create modern teaching spaces, and the contractors will carry out an extensive phased refurbishment programme across the existing school campus, working closely with the school during term time and holiday periods to refurbish and upgrade existing accommodation.

The eternal question: 'Is there intelligent life out there?'

REGULAR readers of Cosmology Corner may remember my mentioning the Fermi Paradox in a previous article.

Otherwise known as The Great Silence, it asks the question: If there are upwards of 300 billion stars in a galaxy and untold billions of galaxies in the universe, why, if life is not just unique to our own planet Earth, have we not heard from, or found any other sign of intelligence elsewhere in the cosmos?

The two halves of NASA's James Webb space telescope have now, at last, been connected at Northrop Grumman's facilities in California. Due for launch in March 2021, once it reaches space this powerful and complex telescope will explore the cosmos using infrared light from planets and moons not only from within our own solar system, but also from the most distant galaxies and everywhere in between.

In a paper published on June 21, 2019 in The Astronomical Journal, a study team led by Jacob Lustig-Yaeger, an astronomy student at the University of Washington claims that the Webb telescope, Hubble's successor, will be powerful enough to search for life signs in the atmospheres of exoplanets, ie planets which orbit distant stars.

There is particular speculation that Webb may find such biosignatures in the atmospheres of the seven rocky, Earth-sized planets which are known to orbit the red dwarf star Trappist-1 which is just 39 light years away – right next door, cosmologically speaking!

Three of these worlds orbit in the star's so called Goldilocks Zone, where temperatures allow for liquid water to exist on their surfaces and are, therefore, potentially habitable. Consequently, they have been the subject of detailed study over recent years, but there are limits to what else current telescopes can tell us about them.

The Washington study team have used computer modelling to find the most efficient way to use the Webb telescope and now seem confident that, if, as suspected, these three planets have atmospheres, then despite the possibility of clouds, Webb will be able to analyse them for biosignatures such as oxygen and methane within just one year.

Astronomers say that the James Webb space telescope will be invaluable for studying rocky planets like Earth, and many more of these rocky worlds are being discovered all the time with lots more expected by the time of Webb's launch in 2021. In our own Milky Way galaxy alone, it is estimated that there are billions of such worlds and the Webb might provide the first compelling evidence for life on one (or more) of them. Even if it doesn't – it will surely help to revolutionise our understanding of these planets.

The Trappist-1 planetary system is unique among such systems as known so far, with seven Earth-sized exoplanets.

Could any of them have life?

They are ideal candidates for further study by the Webb and may perhaps, allow us to hear just a whisper in the Great Silence.

Norman Lloyd

Comic Relief funding workshops to be held

GLAMORGAN Voluntary Services and Cardiff Third Sector Council are running free workshops for organisations, including town and community councils, about Comic Relief Community Fund in Wales grants.

Organisations applying for a grant must have a socially focused purpose, annual income of less than £250,000 and grant applications must encompass one or more of Comic Relief's four strategic themes:

Children Survive and Thrive; Gender Justice (women and girls); A Safe Place to Be and Mental Health Matters.

To find out more, organisations are invited to attend any of the following free workshops:

September 17, 2pm to 4pm, Cardiff Third Sector Council Office, Third Floor, Baltic House, Mount Stuart Square, Cardiff, CF10 5FH;

September 24, 2pm to 4pm, CF61 Centre, Station Road, Llantwit Major, CF61 1ST;

September 25, 2pm to 4pm, Barry Community Enterprise Centre, Skomer Road, Barry, CF62 9DA.

For more information and to book your workshop place, contact Dave Edwards on 01446 741706 or e-mail dave@gvs.wales.

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Family Notices

JOHNSON
Carol

Carol passed away peacefully at Marie Curie, Penarth on 4th September 2019. Much loved wife to Andy, mum to Heather and Hazel, nanny to Aled and Gethin.

The service will take place on Tuesday, 17th September at 11am at Coychurch Crematorium. Family flowers only. Donations, if desired, in memory of Carol, to Velindre and/or Marie Curie Care, c/o the funeral director

WEAVERS
John Michael

Suddenly on Monday, 2nd September 2019 after a short illness, John of Geraint's Way, Cowbridge. Beloved husband of Margaret, dearly loved father of Sarah and the late Andrew, a much loved father-in-law, grandfather and brother.

Funeral service at Cowbridge United Free Church, on Thursday, 19th September at 12.15pm, followed by cremation at Coychurch Crematorium at 1.45pm. Family flowers only. Donations in lieu of flowers, if desired, to Wales Air Ambulance c/o Gareth and Rhodri Howell of E Esaias & Son Funeral Directors, 39 Bridge Street, Kenfig Hill, Bridgend, CF33 6DB. Tel 01656 740491.

FOWLER
Eunice Doreen

Sadly at home on the 29th August 2019, aged 91 years, Doreen's life ended. She was surrounded by the love of her three granddaughters and cradled in the arms of her loving daughter Kathy. Beloved wife of the late 'Jack' cherished mum to her daughters Katherine and Alicia, devoted nana and adored great nana.

Doreen will live on in the wonderful memories she made with her family.

Resting at A.G. Adams Funeral Care until the Service in Cardiff and Glamorgan Crematorium on Tuesday, 17th September at 12 noon.

Flowers may be sent to A.G. Adams Funeral Home.

BARNFIELD
Lyndon (Barney)

Peacefully passed away at Holme Tower after a short illness bravely borne on 2nd September 2019, aged 67 years. Loving husband to Maria, beloved dad to Nicola and Mark, proud grandad of Dylan.

He will be greatly missed by all of his wonderful family and friends.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Wednesday, 18th September at 1pm, followed by an interment at Barry Cemetery.

Flowers may be sent directly to the funeral home or donations may be made in memory of Lyndon to Cancer Research at the service.

KEMP
Irene

Peacefully on 29th August at Llandough Hospital, surrounded by her loving family. Irene an adored mum, nan and great nan will be greatly missed by all who knew and loved her.

Resting at Robert D Johnson Funeral Directors, 29 Holton Road, Barry. A service to celebrate Irene's life will be held at the Cardiff & Vale Crematorium, Port Road, Barry on Wednesday, 18th September at 3pm.

Family flowers only by request. Donations in memory of Irene can be made at the service to the Dogs Trust.

One of Irene's final requests was that everyone wore bright colours at her funeral service.

For all enquiries telephone 01446 733844.

EVANS
Lorraine Frances

Peacefully on 5th September at Bella Vista Nursing Home, Barry, Lorraine (formerly of Rhoose and Llanmaes). Beloved wife of Trevor, mother of Susan, Clare, Philip and Stuart. Mother-in-law of Richard, Darren, Amanda and Kerry. Cherished gran of Hannah, Sophie, Daniel, Jack, Kai, Lucy-Jo, Morgan, Cerian and Catrin.

Resting in the care of W. James & Sons, Funeral Directors, Fonmon, until her service at St. Peter's Church, Rhoose on Friday, 20th September at 2pm, followed by a committal service at Cardiff and Glamorgan Crematorium, Barry at 3pm.

Family flowers only. Donations, if desired, can be made in memory of Lorraine to Alzheimer's Society c/o the funeral director.

Family Notices

JONES
David (Dai airplane)

Passed away peacefully on 4th September 2019, at Holme Tower. Loving husband to Ann and adored dad to Angie and Emma and father-in-law to Wayne. The best grandad to Jasmine, Molly and Joseph and Inky the dog.

Dave is resting at W.A. Brown Funeralcare until his funeral service on Friday, 20th September at 10am at Cardiff & Glamorgan Crematorium, Barry.

Family flowers only. Donations, if desired, in lieu of flowers, in memory of Dave, may be made to Marie Curie Cancer Research.

TEMPLEMAN
Bradley James

Passed away peacefully on 5th September 2019 at the University Hospital of Wales surrounded by his loving family. Son of Ron and the late June and brother to Clay, brother-in-law to Jo and uncle to Paul.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Tuesday, 17th September at 2pm, followed by a committal service at Cardiff & Glamorgan Crematorium, Barry.

Family flowers only. Donations may be made in lieu of flowers in favour of The British heart Foundation at the service.

SPURWAY
Mary (*née* Saunders)

Peacefully with family on 29th August 2019, aged 80 years. Loving mother to Sue and Jason, cherished grandmother to all her grandchildren and great-grandchildren. Mary will be sadly missed by all her brothers and her sister.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Monday, 23rd of September at 10am, followed by an interment at Barry Cemetery.

Family flowers only. Donations may be made in memory of Mary in favour of Ty Hafan Children's Hospice at the service.

ALCOCK
David Cyril

Suddenly on 6th September 2019, aged 73 years, devoted husband to Gwen, loving dad to Sarah, Natalie and Wayne. Father-in-law to Terry and Michelle, cherished Grumpy to all his grandchildren.

David will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare, until the service at Cardiff & Glamorgan Crematorium, Barry on Monday, 23rd September at 2pm. Family flowers only, donations may sent be in lieu of flowers to The British Heart Foundation at the service.

LAMBERT
Colin

Sadly passed away at home on 6th September 2019, aged 87 years. Loving father and grandfather.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Tuesday, 24th September at 2pm, followed by a committal service at Cardiff & Glamorgan Crematorium, Port Road, Barry.

Flowers may be sent directly to the funeral home or donations may be made in lieu of flowers to The Royal British Legion at the service.

EVANS
Polly (*née* Holland)

Passed away suddenly on 1st September 2019 at the University Hospital of Wales. Beloved wife of the late Malcolm. Adored mum to Dean and Matthew and mother-in-law to Louise, and incredible grandmother to Joshua, Callum and Keelie. Wonderful sister to Albert, Kathy and the late Ivor, and a loved auntie to Carys and Roxanne and great auntie. Ps - also mum to Ruby.

Polly will be greatly missed by all her family and friends.

She will live on forever in our hearts.

Resting at A.G. Adams Funeralcare until the service on 20th September at 1pm at our Chapel of Rest, followed by interment at Barry Cemetery at 2pm.

Flowers welcome. Donations, if desired, in memory of Polly, may be made to PDSA.

In Memory

PINKARD
Pam

17th & 18th September

Always in my thoughts.

Love, Bri xxx

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Thank You

Thank You

Mavis Austin would like to thank all her wonderful family and friends for her cards and presents on her special Birthday.
Also, thank you to Lorraine and Vernon for her wonderful party.
God Bless you all.
Lots of love **Mave the Rave xxx**

Birthdays

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Will
Heaven
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Love from
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xxx

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To apply for the post, please contact the school to request an application form, full job description and personal specification.
Closing date for applications:
Monday 8th October 2018.

Completed forms must be returned by midday on Tuesday, 1st October 2019.

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Public Notice

PUBLIC NOTICE
LICENSING ACT 2003

To whom it may concern,
We, **BQ Trading Ltd,** do hereby give notice that I have applied to the licensing authority (Vale of Glamorgan) for the variation of a premises licence at **18 Windsor Road, Penarth, CF64 1JH,** known as **Baroque.**

The Application is to vary the Licence including:
Regulated entertainment Sun - Sat 08:00 - 03:30.
Retail sale of alcohol Sun - Sat 08:00 - 03:10.
Late night refreshment Sun - Sat 23:00 - 03:00.
Opening hours Sun - Sat 08:00 - 03:30.

Any persons wishing to make representations to this application may do so either in writing to **Licensing Section, Vale of Glamorgan Council, Civic Offices, Holton Road, Barry CF63 4RU or email to licensing@valeofglamorgan.gov.uk** not later than 28 days after the date of this Notice. Representations received after this date will not be considered.

A copy of the application can be viewed at the Licensing Authority's address during normal office hours.

It is an offence knowingly or recklessly to make a false statement in connection with an application, the maximum fine on summary conviction being £5000.

Signed: BQ Trading Ltd
Date: 5th September 2019

Goods Vehicle Operator's Licence

Cymraeg Vending Ltd of **Unit 11 Woodham Road, No.2 Dock, Barry, CF63 4JE** is applying for a licence to use **Unit 11 Woodham Road, No.2 Dock, Barry, CF63 4JE** as an operating centre for **2** goods vehicles and **0** trailers.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds, LS9 6NF, Stating their reasons, within 21 days of this notice.

Representors must at the same time send a copy of their representations to the applicant at the address given at top of the top of this notice. A guide to making Representations is available from the Traffic Commissioners office.

PUBLIC NOTICE
LICENSING ACT 2003

To whom it may concern,
We, **Barry Town United AFC** do hereby give notice that we have applied to The Licensing Authority (Vale of Glamorgan Council) for the variation of a premises licence at **Jenner Park, Barry Road, Barry, CF62 9BG** known as **Barry Town United AFC.**

The Application is to vary the Licence including **regulated entertainment Sun - Wed 12:00 - 00:00, Thurs 12:00 - 00:30, Fri - Sat 12:00 - 01:00.**

Retail sale of alcohol Sun - Wed 09:00 - 00:00, Thurs 09:00 - 00:30, Fri - Sat 09:00 - 01:00

Late night refreshment Sun - Wed 23:00 - 00:00, Thurs 23:00 - 00:30, Fri - Sat 23:00 - 01:00.

Opening hours Sun - Wed 09:00 - 00:30, Thurs 09:00 - 01:00, Fri - Sat 09:00 - 01:30.

New Year's Eve, Christmas Eve and Sunday before Bank Holiday is also included in this Application.

Any person(s) wishing to make representations to this application may do so in writing to the **Licensing Department, Vale of Glamorgan Council, Civic Offices, Holton Road, Barry, CF63 4RU,** not later than 28 days after the date of this notice. Representation received after this date will not be considered.

A copy of the Application can be viewed at the Civic Offices during normal office hours.

It is an offence knowingly or recklessly to make false statement s in connection with this application, the maximum fine on summary conviction being £5,000.

Signed: Barry Town United AFC
Date: 5th September 2019

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Macmillan Coffee Morning
Thursday 26th September 2019
10am - 12 midday
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at The Glamorgan Gem
53 Eastgate, Cowbridge CF71 7EL
All Welcome
All donations to Macmillan

Goods Vehicle Operator's Licence

Cathy Floyd trading as Floydies Ltd of 63 Highfield Place, Sarn, Bridgend CF32 9RN is applying for a licence to use the yard at the rear of Bof, Tower Close, Bridgend Industrial Estate, Bridgend CF31 3TH. as an operating centre for 3 goods vehicles and 0 trailers.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the Dfi, at Central Licensing Office, PO Box 180, Leeds, LS9 1BU, stating their reasons, within 21 days of this notice.

Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A Guide to making representations is available from the website: infrastructure-ni.gov.uk./

Barrivale Bridge Club

THE results for the Barrivale Bridge Club WBU Simultaneous heat on September 3 are:

First, Mike Close and Mia Deschepper, 69.05 per cent; second, Debbie Richards and Noelle Bond, 61.25 per cent; third, Peter Millar and Adrian Trickey, 55.42 per cent.

The handicap winners were Hilary Laurence and Vivian Liles.

New members are welcomed, and a partner may be arranged, if required. Call 01446 418380, 01446 733425, 01446 735592 or call at the Pioneer Hall, Beryl Road, Barry at 7pm on Tuesday.

There is a new beginner's class starting on Friday, September 20 at the Pioneer Hall at 10am to 12.30pm. You will be taught by experienced bridge players and handouts are provided.

On Thursdays, assisted play from 1.30pm-4pm at the Barry Uniting Church, Heol y Llongau, Barry, CF634AP.

LH

Connor's Stratford winner

CONNOR Brace, whose grandfather David Brace OBE runs the Dunraven Stud at Pyle near Bridgend, landed the Andy Townsend Memorial Standard Open National Hunt Flat race at Stratford last Saturday (September 7) on *Wbee*, which won by eight lengths from Eva's Diva partnered by Kielan Woods.

Wbee, which went off at odds of 3-1 in a field of seven runners, is trained by Cheshire trainer Gary Hanmer and Brace, a 5lb claiming jockey is a former national champion point-to-point rider who has been making a name for himself under the full rules of the sport.

Brian Lee

Pencoed Firsts start season with a win

PENCOED RFC First XV started this season's league fixtures with the short trip to Bridgend Sports.

Both defences were to the fore, a necessity given the referee's interpretation of the law book. Rhys Butler, on his welcome return, set the tone for Pencoed with some massive hits during the opening 15 minutes.

The Sports opened the scoring on 9 minutes with a penalty. Adam Williams replied in kind four minutes later. Pencoed took the lead on the half-hour mark with a second penalty from Adam Williams and this led to a half time score of 3-6.

Pencoed started the second half strongly. Following a catch at a five-metre attacking line out from skipper Dano Howells, the forwards drove the maul over the line with Rhys Pilliner having the honour of scoring the first try of the season on 44 minutes. The conversion failed.

The Sports hauled themselves back into the game when their No 8 intercepted a pass deep in the 22 to scamper over at the posts. The extras were added to leave the score finely balanced at 10-11.

Pencoed got the next all important score on 68 minutes and what a score. Following good approach work from the forwards, the ball was moved along the line with replacement Cameron Davies putting Jordan Bissett clear to score wide out. Adam Williams added the extras with a fine kick from the touchline.

The Sports, to their credit, kept trying. Their efforts were rewarded with a second successful penalty on 76 minutes. The last word, however, belonged to Pencoed. With the last action of the game, Adam Williams slotted his third penalty to leave a final score of 13-21, depriving The Sports of a deserved losing bonus point.

We are running a second team this season and they started their campaign with a home loss to The Sports. I have been assured the final score line was not reflective of the efforts put in by everyone involved.

SHD.

Bridgend Athletic RFC Mini & Junior Round Up

SUNDAY, September 8 was a great day for the Athletic Mini & Juniors with all 11 of their age groups from u7 to u16 in action.

Under-7s: Bridgend Athletic under 7s (*above*) entertained Nantyffyllon on a bright Sunday morning that was ideal for rugby. After getting their first taste of competitive rugby last Sunday against a very determined Pencoed the players were raring to go.

The Athletic being blessed with numbers, it was agreed that the game was to be played in thirds so that all players were able to take the hard work that they have been showing in training into a match situation. Superb effort from both teams, with some excellent solo and team tries on display. In the spirit of the game no scores were kept.

The coaches would like to say thank you to the team sponsors The Lawn Rangers, Spring Design, JS Carpentry & Building Services and JH Apsee & Sons. With their support we have been able to provide a playing kit and the basics to get the team up and running in what is the start of their journey with 'The Ath'.

The boys will be looking to improve as players and a team in training and look forward to next Sunday when we host Llantwit Fardre and Taibach.

Under-8s: Bridgend Athletic under 8s hosted both Tonyrefail and Nantyffyllon at Newbridge Fields. With the Ath fielding a squad of 24 players two pitches were set up to maximise game time. In true tag rugby spirit no scores were kept. Supporters were treated to a display of fast evasive running with plenty of tagging and tries scored.

Under-9s: Bridgend Athletic under-9s welcomed Nantyfyllon to Newbridge fields. Despite the season being in its infancy, all the players showed that they have made a successful transition from tag to tackling rugby. The matches had something for everyone: examples of great teamwork and individual brilliance, both in attack and defence. The crowds were treated to entertaining rugby with a total of 20 tries scored.

In total, four matches were played with the Ath winning all: match 1: W 3-1, match 2: W 4-3, match 3: W 4-0, match 4: W 3-2.

Under-10s: Bridgend Athletic u10s hosted Nantyffyllon and Tondu at Newbridge Fields. With the Ath fielding a squad of 22 players two pitches were set up to maximise game time.

The Ath Greens first played Tondu outscoring them six tries to one. Try scorers were Ethan Davies 2, Osian Kenny 2, Rudi Quinn and Grayson Lewis Whelan.

The Ath Golds played Nantyffyllon scoring two tries each. Try scorers were Efan Duncan and Max Edwards. The Ath Golds then played Tondu losing seven tries to two, with Osian Lord scoring both the Ath's tries.

Finally, the Ath Greens beat Nantyffyllon five tries to one, try scorers were Ethan Davies three and Rory Whyte two.

Final scores: Bridgend Ath Greens 30 v 5 Tondu, Bridgend Ath Golds 10 v 10 Nantyffyllon, Bridgend Ath Gold 10 v 35 Tondu, Bridgend Ath Greens 25 v 5 Nantyffyllon.

Under-11s: The under-11s turned up at Newbridge fields with a squad of 22 to welcome Nantyfyllon on Sunday. Last season the game was very competitive, which was replicated in the first few minutes. Good counter rucking by both teams saw turnovers left, right and centre. Finally, a scrum against the head near their own try line provided the backs with an overlap and Jackson ran in from his own 22 for the game's first try. The backs punished Nant with another overlap shortly after for Jackson to touch down for his second.

From a scrum on halfway, Ollie drew his man and delivered the perfect pass to set Tomas up to score. Jackson was shortly in for his hat-trick with a mazy run from the halfway line. Good awareness again from Ollie put Evan into space to score. Iestyn scored two tries in reply for the visitors to leave the score Ath 6, Nanty 2 at the break.

The second half started with good carrying from the forwards, Charley fought off four players and a lovely offload to Chaitu kept the scoreboard ticking over. Jackson and Evan quickly added scores by exploiting overlaps out wide.

The next two tries came from clever restarts by Ollie. Jack hounded down the Nanty player receiving the ball, turned over and passed to Jamie to cross over in the corner. Jackson was on the receiving end of the next restart, for a run in to bring his personal tally to six. The backs called 'smithy ball', Theo cut the defensive line to be clean through. Despite tripping over Jackson, he still got back to his feet and sprinted to score. Jackson added one more to his personal tally before Theo passed to Jack who beat four defenders to score a superb try in the corner. Nanty had the last word with a late touchdown, but the game ended Ath 14, Nanty 3.

The game saw first under-11 appearances for Samuel and Rhodri, with both playing integral parts in the performance. A great team effort today with all players contributing well and making good decisions on the field. The boys will be looking to build on this performance next Sunday when they welcome Llantwit Fardre to Newbridge Fields.

Under-12s: The under 12s kicked off the new season with a home game against Pyle RFC. This was a start of the journey for the boys with their first taste of both 15 a side and a full size pitch.

The game started at a frantic pace with the Ath pressing Pyle straight from the kickoff. With barely two minutes on the clock the boys ran in the first of their tries. It was clear from the start that Pyle were going to find it difficult to compete with the intensity of the Ath.

By half time the lead was extended to 34 points to nil, with the boys making good use of their pace across the park and the extra space.

The second half was much the same and although the boys were now totally dominant, credit must be given to a newly formed Pyle side who never gave up and tried their best to make the game as competitive as possible. Unfortunately, the 50 points mark came early in the second half and ended the game.

Tom, Rhys and Sam made their debuts for the Ath today and looked at home in the green and gold shirt. Overall a pleasing first run out with some really encouraging signs for the season ahead. Final score Athletic 50 - Pyle 0.

Under-13s: Bridgend Ath under-13s welcomed Neath Barbarians to Newbridge Fields on a sunny and warm Sunday morning, with both teams looking to build upon strong starts to the season.

The Ath were just able to field a full team with many players out of position from the outset. However, this didn't seem to deter the boys who started strongly and aggressively. Their early dominance was rewarded when winger Jack Nyom outpaced his opposite number to score in the corner after seven minutes. Try converted by full back Jack Thomas.

The Ath went further ahead on 12 minutes when Jack Thomas jinked his way through Neath Barbarian defenders to cross the line, his own conversion edging agonisingly wide.

The home team were down to 14 on 17 minutes as second row James Waite was forced off with an ankle injury. Neath took advantage while James was receiving treatment on the pitch to score their first try. They scored their second try on the stroke of half time as The Ath took time to adjust to their new line up: 12-12 at the break.

Some further line up adjustments at half time led to a more settled and dominant second half performance from the Ath as they found their attacking and defensive rhythm. Will Jones who had moved from an unfamiliar stint at number 8 to his regular berth on the wing showed his quality with a 60-metre sprint to score under the posts on 28 minutes, with Jack Thomas adding the conversion.

Right wing Lewis Stephens who had made an impressive debut last weekend continued his scoring exploits with a scorching individual try on 37 minutes.

With the game seemingly won, The opposition came back into the game when they used their forwards to crash over the line after 48 minutes. The conversion brought them back to within a converted try of stealing a win. What could have been a nervous and uncomfortable final two minutes was soon to turn to celebration, as Jack Thomas exploited a gap to burst through for a his second try of the match under the posts. His conversion on the stroke of full time gave the Ath a 31-19 victory.

Narrow defeat in season opener for Tondu

Sam Grabham makes a break

LEAGUE rugby resumed at Pandy Park as hosts Tondu welcomed newly crowned Division Two West Central champions Birchgrove. PRIOR to the game it was noted that neither team could recall ever having played each other.

The first few minutes of the first half saw both teams sizing each other up at the tackle area, with the deadlock being broken by a well-worked try for the home side with wing Stuart Young touching down in the corner. The tight angle proved too much for outside half Gareth Lindenburn to convert.

The visitors hit back after 18 minutes after wing Nathaniel Llewellyn touched down. This was converted by full back Adam Rowlands. The home side responded by upping the tempo towards half time with a great mid-field break, a chip forward with Lindenburn touching down, only for the referee to decide it was a knock on at the grounding.

The half time score was 7–5 to the visitors.

The second half started well for the home side but the visitors' defence held firm. From one Tondu attack, Curtis Danieled pick off a speculative pass to run under the posts for Birchgrove, converted by Rowlands.

A penalty was slotted over after this by Lindenburn for the home team following infringement on the ground by the visitors.

Despite some late rallying by the home side, the score line finished at 8 to 14.

Mike Sully

Llantwit Major boys make international debut for Wales at rugby league

Lewis Ingram and Will Fyfe.

LAST year, three Llantwit Major year-9 boys were very proud to have been picked to play rugby league for west Wales and received caps to honour this achievement.

This year the same boys have gone one better, all being selected a year early to represent Wales under-16s Rugby League. After training and playing with their team, the Bridgend Blue Bulls since January, and the West Wales Raiders Academy team, the boys faced a series of selection trials through the summer.

After a tense wait, the news came through: Sam Godfrey was selected into the A squad to face England and Lewis Ingram and Will Fyfe to the Wales Development squad, to face the England Lions.

The match took place in Stebenheath, Lanelli on August 31 after a number of training weekends and a two-day training camp for the 34-man squad, in RAF St Athan.

The A team were up first against a strong England side full of England Rugby League academy players. While the score went England's way at the final whistle 32-16, Sam Godrey excelled on the pitch, carrying the ball well into contact and tackling relentlessly in defence.

The Wales team played a fantastic game and showed why many of the boys are also being scouted for Academy futures.

The development squad started their game well and went into half time 10-6 down. A tough 15 mins saw the England team pull out to a 28-6 lead but the Wales boys dug in and really started to put the pressure on.

In a most exciting last 20 minutes, the Wales boys pulled the game back to 28-24 and then a wonderful interception and length-of-the-pitch run had the Wales team draw level and go ahead by two points, following a successful conversion.

A nerve-wracking final five minutes saw Wales finish winners at 30-28 with both Lewis Ingram and Will Fyfe contributing throughout the game in both attack and defence, and both being part of the comeback play. A massive achievement for Wales' first ever development side game.

Lewis Ingram would like to thank the local businesses that sponsored him: thank you to Hickman Flooring, Force Strength & Conditioning and Celtic Granite Solutions for their support. A fantastic end to the summer season of rugby league for these three boys.

AI

Penarth Bowling Club hosts a competitive finals weekend

Singles winners Wendy Grant and Tony Holmes.

LAST weekend saw the culmination of the summer rounds in both the men's and ladies' club competitions at Penarth Bowling Club.

With reasonably settled and fine weather anticipated, the weekend's event commenced with the ladies two wood novice final between Christina Church and Pam Halbert. A game scheduled for 21 ends only took 14 to reach a result, as Christina managed to take complete control and post an unassailable lead of 17-2. Pam battled hard throughout, but was not able to overcome the more experienced opponent.

Tony Holmes and Alex Forsyth took on Clive Fry and Mike England in the four wood final which Clive and Mike dominated for most of the game. They led 21-6 by the 12th end and seemed home and dry. However, a spirited fight back resulted in a final score of 24-14 in favour of Mike and Clive. Shots lost over the early ends made life very difficult for Tony and Alex.

Mixed pairs finalists were Sandra Roberts and Bob Horne up against Joan and Bob Lewis. Again, early dominance saw Joan and Bob command a 18-6 lead after 13 ends. Their lead was never threatened and they ran out comfortable winners by 19-10.

The afternoon session commenced with Viv Duckers and Jayne Edwards taking on Chris Davies and Kath Jenkins. In a very close and competitive encounter, when the lead changed at least eight times, Viv and Jayne were able to score a total of 5 shots on the last 3 ends to overhaul a 11-14 losing position to win by 16-14 and take the ladies four wood pairs title.

The men's two wood final was fought out between Tony Holmes and Neil Gaskell. The designated 21 ends were not needed as Tony was able to command a lead of 10 shots on the 17th end, with Neil not able to catch him. The run of 8 secured shots over the last 5 ends ensured that Tony took the title.

Tony Holmes was back on the green to do battle for the men's handicap title, with Paul Church his opponent. The result was influenced and settled through the early ends when Tony secured a lead of 14 shots, going on to win by 21-7.

On Sunday, Tony Holmes partnered Alex Forsyth against Mike England and Ken Thorne, competing in the men's two wood final over 21 ends. Tony and Alex controlled the first 9 ends to hold a confident 10-3 lead. However, they failed to score on the next 6 ends enabling Ken and Mike to draw level at 10-10. Tony and Alex then regained the initiative and took control to run out 18-13.

The ladies' two wood pairs involved the experienced Tricia Brinkworth paired with Viv Duckers against Kath Jenkins and Christina Church. Kath and Chris raced away to a 13-0 lead after 7 ends and maintained the upper hand throughout to secure a confident win by 27-11.

Two of the elder statesmen of the club pitted their wits in the men's senior final. This game was knock for knock throughout 25 ends played, before Bob just managed to wrestle the game from Phil, picking up 3 shots to run out winner by 23-18.

The Jean Alexander Memorial Cup was won this year by Christina Church and Pam Halbert who were just too good for the brave pairing of Sandra Roberts and Jayne Edwards. Steady bowling by both pairs ensured an enjoyable battle with Chris and Pam securing a win by 17-11.

In the Ladies' and Men's Championship, Wendy Grant took on Viv Duckers in what turned out to be an intriguing affair with Viv putting up a brave show against her experienced opponent. Viv managed to hold the lead by 11-10 at the 10th end before Wendy took charge and ran out the winner and champion by 21-12. Wendy scored a total of 10 shots in the closing 4 ends to make sure of a comfortable win in the end.

At the same time, Tony Holmes made his fifth appearance of the weekend when he came to contest the Championship with Ken Thorne. Ken stole the initiative during the early ends and led by 10-5 after 9 ends. Tony was looking for a boost of energy, which duly came around the 13th end. With the scores even at 13 all on the 17th end, he picked up a full house and then two singles to lead 19-13. Back came Ken with a pair of twos for a score of 17-19. Tony, however, steeled himself to collect 2 shots on the next and final end to run out Champion by 21-17.

Congratulations to all finalists and competitors throughout the summer and to the organisers and officials on the day.

Nick Chandler

Cowbridge RFC make a flying start in a new division with a storming win at Caerphilly

THERE were some nerves amongst supporters, if not the players, as Cowbridge RFC travelled to Caerphilly, for the first fixture in a higher division, against a team with a considerable history.

Arriving at the ground, their former first class status was evident.

Cowbridge matched Caerphilly from the off and eight minutes in, build-up play by No 8 Reuben Tucker and centre Ash Thomas, who both went on to play outstandingly throughout saw Thomas dab the ball through and win the race for the touchdown. Outside half Tom Hannah converted.

Just before the midpoint, a try for Hywel Williams, with initial excellent play by second row Aaron Bowman, was disallowed for crossing.

Twenty five minutes in saw an injury to Dan Holder whilst defending a drive by Caerphilly. Jack Anderson took over. A quick throw-in and link between their number 5 and 14, came up short due to a forward pass but counter-attacking Cowbridge swept upfield and recycled the ball in Caerphilly's 22. Tucker drove forward and the ball was slipped to Anderson for a final pass to wing Adam Dix, for a superb 90-metre try. Hannah added the extras. Caerphilly got their first and only points with a penalty eight minutes to half time.

Caerphilly suffered injuries in the front row and with no cover, passive scrums were ordered and Caerphilly forfeited a player. Half time 3-14

Into the second half, a run by Hannah up the left wing saw the ball recycled to Thomas to find a gap and go over for a try. Hannah again converted.

Cowbridge brought on substitute props, George Thomas and Sam Richards. Fifteen minutes in, and a bustling charge by hooker Craig Boxall ended with Tucker crashing over. Hannah kept up his perfect conversion record.

Sam Stephens came on at centre and later, Tom Higgins for Bowman. Passive scums suited Cowbridge's running and support play. With 15 minutes left, a run from fullback, Zac Summerhayes, was taken on by flanker Jamie Bennett, then on to Jack Anderson for Tucker to get his brace. Alex Guard, now at outside half for Hannah, put over the extras. Cowbridge's last try saw scrum half Williams switch play to the left to Tucker, then to Stephens and back inside for Ash Thomas to grab his hat-trick. Guard kept the perfect return, making it 3-42.

Fantastic defence all afternoon was encapsulated when Dix, with a superb tackle, forced his opposite wing to drop the ball with the try line just feet away.

This was a great team performance, everyone playing their part. Captain Ross Gibbon carried on from last season, imperious in the line-out. Caerphilly had good players but didn't gel as Cowbridge did. There will be tougher days but what a start.

This coming Saturday we entertain Llanishen at home. They had an impressive start against Llantwit Fardre and we will need all available players and support for the game. Kick off 2.30 pm.

RK/RV

Season finishes well for Windsor men

THE final weeks of the bowls season were very successful for the Windsor Bowls Club men, and special mention must be made of the PG2 team who had their best overall results for many years, winning seven games.

In the penultimate game, they picked up all 14 points with a 91–54 victory over Whitchurch Hospital and then, in their final game against Pontyclun, they again secured maximum points in winning by 99 shots to 52.

In that game, the rink scores were Mathias, Davies A, King and Cucciniello 17-16. Dobbs, Johnson, Hales and Latham 28-11. Ellis, White, Rogers and Howells 31-9. Dacey, Whitby, Woodcock A. and Davies D 23-16.

These results augur well for next season with three players who are newcomers to the sport playing their first league matches. Mike Dacey, Rene Dobbs and Nigel Whitby bowled exceptionally well and have a great future at Windsor.

For the PG1 team, there was not the usual end of season concern of avoiding relegation. This year a number of excellent wins saw them rise to the giddy height of fourth place in the league. The team has been fortunate this year to have recruited a couple of experienced and talented bowlers in the shape of Denis (Minty) Turnbull and Mike Stevens. Expectations are high for next year!

PM

Barry and District Skittles results

HERE are the results from the Barry and District Skittles League for September 2:

Division 1: Cigar Ladies 262 (L Webb 26) v Cadoxton Conservitive Fillies 265 (C Pearce 29); Bakers Dozen 275 (A Haines 33) v Barry Stars 270 (W Phillips 27); Allsorts 266 (J Jones and S Grenslake 27) v Pila Pala 274 (H Palfrey 30);

Special Angels 260 (S Ball 31) v La Bells 209 (B Williams 24); Sea View Gals 271 (B Pycoft and N Jones 26) v Challengers 261 (L Morgan 29); Family and Friends 256 (J Phillips 30) v Space Finders 230 (K Jackson 28).

Division 2: Breakaways 229 (N Smith 25) v Bobby's Girls 241 (C Toogood 27);

Persuaders 209 (C Thomas and C Organ 29) v Colcot Ladies 229 (M Edwards 29);

Rhoose Starlightes 241 (E Edwards 27) v Rugby Triers 247 (K Brooks 31); Roller Coasters 241 (G Giles 25) v Red Admiral 218 (S Hayes 24); Fallen Angels 279 (S Jones 28) v Family Affair 265 (J Waldon 28); Witchill Weebies 317 (R Doyle 32) v Clickies 334 (M Thomas 35).

Division 3: Hillbillies 320 (J Lambath 32) v Boozy Birds 323 (S Rudeforth 35); Livin-on-a-Spare 326 (M Hambun 43) v Bandits 323 (E Evans 33); Sea View Ladies 203 (F Butler 23) v Dolly Mixtures 230 (E Bryan 28); Witchill Widows 288 (R Slade 30) v Westenders 313 (T Stait 32); Vixens 197 (L Galsworth 23) v Liberals 240 (B Binding 25); Off The Rails 222 (J Sims 26) v Airways Angels 229 (L Donovan 28).

Division 4: Socialites 194 (A Hicks 24) v Optimists 193 (S Pritchard 27);

Merry Makers 200 (G Hawker 22) v Witchill Wanderers 199 (G Peplow 23); Witches 212 (Y Curnow 25) v Rebels 276 (A Phillips 30); Barry Town Bimbos 235 (E Kenefick 27) v Drifters 256 (B Gough, A McCarthy and J Wood 28); Twilights 184 (C Thomas and A Campbell 22) v Nite Outers 206 (F Glanville 29).

HB

Barry and district club results for crib and skittles

Crib division One

Cadoxton Cons 6, Romilly Railway 9; Wyndham Cons 6, Liberals 9; West End 8, Rhoose Social 7.

League Table points: Romilly Railway 21, Liberals 19, Cadoxton Cons 16, West End 13, Wyndham Cons 9, Rhoose Social 7, Moors Boys 5.

Skittles div one

Slammers 2.5, King William XII 4.5; Liberals A 1, West End C 6; Rhoose Social B 5, Cambrian Flyers 2; Allsorts 0, Rhoose Social A 7; Rhoosters 2, West End D 5; Sea View Exiles 4.5, Rugby Club 2.5; Barries Boys 5.5, Rhoose Social C 1.5; Barry Town Fc 5.5, Liberals C 1.5.

League Table points: Rhoose Social A 7.0, West End C 6.0, Barries Boys 5.5, Barry Town Fc 5.5, Rhoose Social B 5.0, West End D 5.0, King William XII 4.5, Sea View Exiles 4.5, Rugby Club 2.5, Slammers 2.5, Cambrian Flyers 2.0, Rhoosters 2.0, Liberals C 1.5, Rhoose Social C 1.5, Liberals A 1.0, Allsorts 0.0.

Snooker division one

Rhoose Social C 1, Rhoose Social B 4; Penarth Cons A 1, West End C 4; Savoy B 4, Wyndham Cons A 1; Cadoxton Cons Z 3, Harbour B 2.

League Table points: Cadoxton Cons Z 7, Harbour B 7, West End C 7, Savoy B 6, Penarth Cons A 5, Rhoose Social B 5, Cadoxton Cons B 1, Rhoose Social C 1, *Savoy A 1, Wyndham Cons A 1, Penarth Cons B 0, *Liberators -5.

Snooker division two

Cadoxton Cons A 4, Sully Sports A 1; West End A 3, Savoy C 2; Harbour A 2, Market Street A 3; Market Street C 3, Services Social B 2; West End B 4, Market Street B 1.

League Table points: Savoy C 6, West End A 6, West End B 6, Cadoxton Cons A 5, Market Street A 5, Market Street B 5, Services Social B 5, Harbour A3 Market Street C 3 Sully Sports A 3, Wyndham Cons D 3.

* = Points deducted. View all results and league tables at *www.barryleagues.co.uk*.

Porthcawl RFC starts new season with a close away win at Heol-y-Cyw

Jake Thomas goes over for a classic winger's corner try. Photograph by Tracey Williams.

THE new league season kicked off with an enthralling encounter at Heol-y-Cyw, the home side welcoming Porthcawl for the first time in many years.

On a bright sunny afternoon that invited running rugby, the home side set about taking the game to the Seaweeds and following some well-fought opening stages, it was the Cyw who struck first when they profited from a period of sustained pressure to nab an unconverted try, their huge pack having set the platform.

There really was little to choose between two sides intent on playing – but with contrasting styles – as the driving play of the home side matched up to the attacking intent of the Porthcawl backs.

Seaweeds fly half Josh White tried a monster penalty from wide out on halfway but his kick fell just under the bar. Porthcawl lost lock Will Robinson after 39 minutes, replaced by the returning Paul John as the Seaweeds shuffled their pack, with skipper Leon McNally leading from the front all game.

With half-time imminent, Porthcawl got on even terms as a flowing back movement saw right wing Jake Thomas crash over for a superb corner try, unconverted for 5-all at the break.

The second half couldn't have started better for Porthcawl as ace play-maker centre Jon Phillips sped away down the right touchline and when finding his way blocked, he kicked ahead, winning a thrilling chase to re-gather and touch down for a super individual try and 5-10.

Porthcawl, having weathered much of the home side's endeavour upfront, started to exert pressure that saw Heol y Cyw yielding silly penalties, and when White's 22-metre penalty made it 5-13, the home side needed to find some other answers.

They did reduce the Porthcawl lead to 8-13 with Hartlett's penalty goal and he repeated the feat minutes later for 11-13, the result now again in the balance.

As the Cyw continued the forward-orientated driving game, the Porthcawl answer was once more to spread the ball wide and when full-back Ben Thomas supplied a sublime pass to substitute winger Ethan Walsh, the young flyer crashed over for the match-winning try and 11-18.

In an enormously unfortunate twist of fate that brought an unwelcome end to the match when home No 8 and talisman Jordan Hawkins, who had a fine match throughout, suffered a double injury, affecting his ankle and a clean break to his leg in the most unfortunate of accidents in the final minute of injury time.

All at Porthcawl RFC wish him the speediest of recoveries from the cruellest of injuries.

The incident saw the referee call an end to proceedings and Porthcawl now move on to the eagerly anticipated local derby against Pyle at South Road on Saturday.

REPORT by Paul Fielding.

Successful first Welsh Championships for Vale SLSC Nippers

VALE Surf Lifesaving Club Nippers recently competed in their first-ever Welsh Ocean Championships at Aberavon beach.

With a team of 20, including several Nippers for whom this was their first ever competition, Vale SLSC finished in 10th place out of the 14 clubs taking part.

This was a superb achievement for the Nipper section of the club, which has only been in existence for just over a year.

Every Nipper put in impressive performances with 14 of the 20 strong team reaching finals and returning a collective medal haul of 8.

Harry Nicholas won four medals - silvers in the surf race, board race and super nipper, along with a bronze in the beach sprints. Tallula Carbonnaux triumphed in the beach sprints, taking a silver medal; a fantastic achievement in her first ever competition. Oliver Nolan worked solidly over the two days of the competition and earned a well-deserved bronze medal in the super nipper. Kayia Takata showed her athleticism and determination to take a bronze in the beach flags, and finally Gethin Barber fought off tough competition to win a silver in the beach flags.

Thanks go to the coaches and parents for all their hard work and dedication which has allowed the Nippers section to flourish, and thanks also to the juniors, seniors and masters at the club for their help in running training sessions.

JB

Llantwit Major AFC rue missed chances against Afan Lido after last-minute loss

LLANTWIT Major welcomed Afan Lido to Windmill Lane and were looking to bounce back after last week's disappointing home defeat to Ammanford.

However, despite taking an early lead it was Afan Lido who claimed the three points with an injury time winner to deny Llantwit a draw – which would have been a fair result on the balance of play.

The opening exchanges were evenly balanced, but it was Afan Lido who created the first goal scoring opportunity in the seventh minute when their striker headed over the cross bar from close range.

Llantwit opened their account in the 16th minute when a pass from Nathan Jones to the feet of striker Josh Morgan saw him turn and his right footed shot from around 14 yards out went just inside the post.

Llantwit were nearly caught out in the 44th minute when they switched off from a cross and left the Afan Lido striker unmarked. Luckily for Llantwit he headed wide from just inside the penalty area. Half time arrived with Llantwit 1-0 up.

The early exchanges in the second half saw Afan Lido on top but it was not until the 67th minute that they got their reward when defender Glyn Davies was deemed by the referee to have fouled an Afan Lido player. A penalty was awarded, duly converted by striker Kaid Mohamed.

Llantwit responded and a cross into the Afan Lido area was met at the far post by striker Josh Morgan, but he spurned a golden opportunity to grab a second goal when he shot wide from close range.

Llantwit nearly conceded in the 87th minute but for a very good save from keeper Jack Lansdown, who tipped a shot from close range onto the cross bar. Llantwit then had another chance to seal the game when Josh Morgan again met a cross but this time headed wide from around 10 yards out.

In injury time Llantwit were punished for not taking their opportunities when defenders hesitated and did not deal with a ball that had been headed back by their own player. The ball landed at the feet of Kaid Mohamed and he did not waste the opportunity to score when his right footed shot beat Lansdown from close range.

This was another disappointing home league defeat when a draw would have been a fair result. However, as Llantwit are finding out, there are very fine margins between all the teams competing and you cannot afford to miss goal-scoring opportunities when they arise. They have a chance to make amends on Saturday, September 14, when they welcome Swansea University to Windmill Lane for their next game, kick Off 2.30 pm.

Llantwit Major: Jack Lansdown, Jamie Miller, Kristian Evans, Sean Williams, Glyn Davies, Jonathan Fletcher (captain), Jonathan Butler, Nathan Jones, Max Morgan (Kyran Gardner 57), Rob Jones (Harry Davies 73), Josh Morgan:

Substitutes not used: Lee Jones and Gethin Jennings:

Llantwit Major AFC are pleased to announce that they have introduced a weekly Lucky 4 Lotto draw. The first draw will take place on Sunday, September 15. Entry is £1 and the starting prize fund is initially £500. The prize fund will increase weekly until the jackpot is won. Tickets are available from the clubhouse on Windmill Lane.

DJ

Cowbridge Darts League new season starts

THE 2019 – 2020 season of the Cowbridge Darts League is about to begin, and this year we have nine teams competing, hosted by six local pubs.

The venues are: Edmondes Arms, Cowbridge; Farmers Arms, Aberthin; Highwayman Inn, Nurston; Red Lion, Bonvilston; Victoria Inn, Sigingstone and the One Town Hall Square, Cowbridge.

Ideally the league would like to have an even number of teams, so we would like to add a 10th team. If you would like to enrol a team for this season get in touch ASAP – we have until mid-September to fold you in.

The opening league matches will be played on Tuesday, September 17. Last season's champions, the Edmondes B, have a challenging opening fixture away to the Highwayman Inn. The Hairy Farmers hosts the One Town Hall Square, the Red Lion Inn hosts the Victoria Inn and the Edmondes C hosts the Farmers Arms. The Edmondes A have the evening off, as they start the season with a bye.

All matches start at 8.15pm and spectators are always welcome. For further information e-mail Paul at cowbridge-darts@gmail.com, up-to-date information can be found on the website: www.darts.apsn.co.uk.

PJT

Vale of Glamorgan Football League latest round-up

THE action really heated up this weekend in the Vale of Glamorgan Football League with some thrillers and some hammerings played out.

Premier Division leaders AFC Rhoose came back from 4-0 down in the last 14 minutes to draw 4-4 with Cadoxton Imps. Ben Murphy's hat trick inspired the incredible comeback and they stay unbeaten.

Holton Road absolutely routed Tynewydd and also remain undefeated. Tyrell Williams, Ryan Hales, Jack Cutajar, Mark Kingdon, Shaun Jachontow and Ben Pearce were all among the goals.

Barry Athletic edged Cowbridge Town 2-1, Teejay Caton notching the winner in a tight contest.

Island Marine comprehensively saw off St Athan 4-0 to keep their 100 per cent streak alive, and continue their record of not conceding a goal so far this campaign.

Reece Lewis struck a free kick winner for Cardiff Airport away to Penarth Town in a 2-1 victory that puts Airport fifth.

In Division One, AFC Rhoose B went top with a 7-1 drubbing of St Athan B.

Rhoose B leap frog Cadoxton Barry, who did not play in the league this weekend.

Penarth Town B edged out Holton Road B 3-2 in a thriller, while Vale Madrid saw off Barry Athletic B 3-1.

Vale Utd secured 3-1 triumph over SP Billy and Island Marine B got back to winning ways with a 5-2 victory over Cwm Talwg.

This weekend also saw the opening round of the SWFA Intermediate Cup, a competition open to teams outside of their league's top division. Rhoose Social hammered Lisvane Panthers 10-1, while Cadoxton Barry and Barry Vikings went out to Naipers Arms and Llanharry respectively, both losing 6-3. The league also lost Sully Sports this week as the club's reserve side had to withdraw from the VOGAFL. We wish Sully Sports luck in the Alliance league and hope to see their reserve side back again one day.

HD

Llantwit under-11s receive helping hand from house builders

Celebration time for the Llantwit Major under-11s.

LLANTWIT Major Rugby Club's under-11s celebrated recently after receiving a £1,000 donation from Persimmon Homes' Community Champions scheme.

The team raised £1,000 in July by a Pen-y-Fan climb, the players' hard work has been doubly rewarded thanks to the Persimmon scheme.

The team plans to use the cash for a rugby tour in 2020.

Coach Rhys Thomas said: "We are thrilled to receive this money from Persimmon Homes. Taking the team on tour gives the children valuable experience and life lessons. The players have worked hard already this year with the Pen-y-Fan walk and running stalls at Party On the Pitch.

"Having raised money through these events, this donation is a further boost. Seeing how much enjoyment the players got out of the Holland tour last year, it helps to motivate us to provide the players with similar experiences."

The team start their season on September 8 and are still looking to fill spaces on their squad. If you are interested in taking up rugby and in year 6 at school, then get in touch with the club or attend training on a Wednesday night at 7pm.

Follow the club on Facebook, Twitter and Instagram @LMMinijun.

Finals weekend at Llantwit Major Bowls Club is keenly contested

ON September 7-8, Llantwit Major men's bowlers played their club finals with good weather on both days and with some excellent bowling on display.

The main event, the club championship, was played between Stuart Comer and Tom Ingroville.

The game was close at the midway stage with Tom holding a one shot advantage. Thereafter, Stuart played the better bowls, winning most ends to win by seven shots.

Tom was back on the green for the final of the the Frank Rhodes competition against Graham Jones. Tom trailed at first but then found his line and length to take control, winning all but four of the final ends to win by nine shots.

The Tyro competition was played between Graham Merchant and Colin Ashdown. Graham led by six shots after six ends, but Colin clawed his way back to take the lead on the 19th end, which he held for the rest of the match to win by seven shots.

The Two Bowl handicap was played between Arthur Hayes and Steve Booker. Arthur started well, seven shots up after seven ends. Steve came back into it with the lead changing frequently before Arthur won the final two ends to win by four shots.

In the four wood pairs, Steve Booker and Dave Post played Geoff Timms and Les Fowler. The game was a one-sided affair, with Steve side winning most ends to win comfortably.

In the Two Pairs, Steve Booker and Geoff Timms played Eric Sparks and Glyn Fox. With Eric and Glyn taking control after the sixth end, there was no way back for their opponents.

The Men's Triples competition with Steve Booker and Stuart Comer played Eric Sparks and Dave Johns. This was a close affair, with the game in the balance until the final end when Steve and Stuart pipped them by one shot.

In the Mixed Pairs competition, Colin Ashdown was paired with Marilyn Gomaa against Steve Booker and Dawn Payne. It was close for the first few ends before Marilyn and Colin took control, scoring three fours and one five to outplay their opponents.

Congratulations to competition secretary Glyn Fox for a well organised event.

NY

Latest results from Old Hall Bridge Club

RESULTS from Old Hall Bridge Club are as follows:

September 4: First, Barbara Exton and Eleanor Jones 61.81 per cent; second. Barbara Easterbrook and Margaret Bancroft 55.56 per cent; third, Cathy and James Mangles 52.08 per cent; joint fourth Brenda Groves and Stan Harding, Julia Evans and Ann Birt, John Raymond and Allan Lewis, Sue and Graham Norris all with 51.74 per cent.

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17 17 AUDI Q2 1.6 TDI S-Line 5dr, Audi warranty April 2020, sat nav, cruise, Bluetooth, 17k, white, half-leather **£18795**

15 65 AUDI Q3 2.0 TDI Quattro S-Line 5dr S-Tronic, sat nav, dab, heated seats, 33k, grey, half-leather **£16995**

16 16 AUDI Q7 3.0 TDI Quattro S-Line 5dr Tiptronic Automatic (7-Seater), 20"alloys, sat nav, 31k, white, half-leather **£31995**

18 68 DACIA SANDERO STEPWAY 0.9 TCE Comfort 5dr, Dacia warranty Nov 2021, sat nav, air-con, 6k, white **£8795**

16 16 FIAT 500 1.2 Pop Star 3dr, alloys, air-con, 17k, black **£5995**

17 17 FIAT 500 1.2 Lounge 3dr, pan roof, alloys, usb, dab, 16k, pink **£6795**

16 16 FIAT 500X 2.0 MultiJet 4x4 Cross 5dr Automatic, cruise, Bluetooth, 17k, blue **£10995**

16 16 FIAT 500X 1.6 E-Torq Pop 5dr, air-con, cruise, Bluetooth, aux, 22k, red **£7295**

17 66 FORD ECOSPORT 1.0 EcoBoost 140 Titanium S 5dr, Ford warranty Feb 2020, cruise, Bluetooth, 21k, yellow, half-leather **£9995**

16 16 FORD FIESTA 1.0 EcoBoost 140 Zetec S 3dr, sat nav, aux, usb, white **£7995**

17 17 FORD FIESTA 1.0 T EcoBoost ST-Line Red Edition 3dr, Ford warranty April 2020, sat nav, dab, red **£8495**

12 12 FORD FIESTA 1.25 Zetec 3dr, CD player, air-con, 47k, red **£4295**

15 15 FORD FIESTA 1.25 82 Zetec 5dr, air-con, alloys, aux, usb, 34k, white **£6295**

18 68 FORD FOCUS 1.0 EcoBoost 125 ST-Line Nav 5dr (New Model), Ford warranty Oct 2021, sat nav, pdc, dab, 5k, blue **£16995**

16 66 FORD FOCUS 1.5 TDCI Titanium X Navigation 5dr Powershift Automatic, Ford warranty Jan 2024, sat nav, reverse camera, 24k, orange **£12495**

17 17 FORD FOCUS 1.5 TDCI 120 Zetec Edition 5dr, Ford warranty Aril 2020, sat nav, cruise, Bluetooth, choice **£8995**

18 18 FORD FOCUS 1.0 T EcoBoost ST-Line 5dr (140bhp), Ford warranty Feb 2021, sat nav, Bluetooth, 6k, choice **£12795**

17 17 FORD FOCUS 1.5 TDCI 120 Titanium 5dr, sat nav, cruise, Bluetooth, 18k, silver **£10795**

17 17 FORD MONDEO 2.0 TDCI 210 Vignale Estate Powershift Automatic, Ford warranty June 2020, sat nav, heated seats, grey, full leather **£16495**

16 16 FORD S-MAX 2.0 TDCI Titanium Sport 5dr Automatic, (7 seater) pan roof, sat nav, 18k, silver **£18995**

17 17 FORD S-MAX 2.0 TDCI 150 Titanium 5dr (7-Seater) Powershift Automatic, Ford warranty April 2020, sat nav, 23k, grey **£16995**

17 66 FORD S-MAX 2.0 TDCI Titanium 5dr (7-Seater), Ford warranty Feb 2020, sat nav, cruise, 34k, met red **£15995**

16 16 HYUNDAI i30 1.6 CRDI BlueDrive Premium 5dr, Hyundai warranty June 2021, sat nav, 27k, choice, full leather **£9795**

15 64 HYUNDAI SANTA FE 2.2 CRDI Premium SE 5dr Automatic 4WD (7-Seater), Hyundai warranty Feb 2020, pan roof, sat nav, black **£14995**

15 15 HYUNDAI SANTA FE 2.2 CRDI Premium 5dr (7-Seater), sat nav, reverse camera, 52k, red, full leather **£13995**

16 16 HYUNDAI SANTA FE 2.2 CRDI BlueDrive Premium SE 5dr (7-Seater), Hyundai warranty June 2021, sat nav, pan roof, grey, full leather **£16795**

16 66 HYUNDAI TUCSON 2.0 CRD Premium 4WD 5dr Automatic, Hyundai warranty Dec 2019, sat nav, reverse camera, 19"alloys, 18k, grey, full leather **£16795**

17 66 HYUNDAI TUCSON 1.7 CRD BlueDrive SE Nav 5dr, Hyundai warranty March 2022, sat nav, heated seats, reverse camera, choice **£11495**

17 17 JAGUAR XF 2.0 D 180 Portfolio 4dr Automatic, Jaguar warranty April 2020, sat nav, reverse camera, 23k, met blue, full leather **£17495**

16 16 JEEP CHEROKEE 2.2 MultiJet 200 Night Eagle 5dr Automatic 4WD, sat nav, cruise, 23k, choice, full leather, from **£15495**

16 66 JEEP CHEROKEE 2.2 MultiJet 200 Limited 5dr Automatic, sat nav, reverse camera, choice, full leather **£14995**

17 67 JEEP CHEROKEE 2.0 MultiJet Limited 5dr 4WD, Jeep warranty Oct 2020, sat nav, 13k, grey, full leather **£16995**

13 63 JEEP GRAND CHEROKEE 3.0 CRD Summit 5dr Automatic 4WD, pan roof, sat nav, 42k, met red **£16995**

15 15 JEEP RENEGADE 2.0 M-Jet Opening Edition 5dr 4WD, sat nav, 31k, orange, full leather **£11995**

16 66 JEEP RENEGADE 1.6 MultiJet Longitude 5dr, Jeep warranty Dec 2019, sat nav, Bluetooth, dab, 37k, choice **£9795**

17 17 JEEP RENEGADE 1.4 MultiAir 5dr, Jeep warranty May 2020, sat nav, 4k, black, full leather **£12995**

15 65 KIA CARENS 1.7 CRD 4 5dr DCT Automatic (7-Seater), Kia warranty Oct 2022, sat nav, pan roof, 38k, black, full leather **£12495**

18 18 KIA OPTIMA 1.7 CRDI ISG 2 Estate, Kia warranty May 2021, sat nav, reverse camera, cruise, black **£12995**

16 16 KIA SPORTAGE 1.6 T GDI GT-Line AWD 5dr, Kia warranty Aug 2023, sat nav, 19"alloys, full leather, 28k, choice **£13995**

16 66 KIA SPORTAGE 1.6 T-GDI GT-Line 5dr Automatic AWD, Kia warranty Sept 2023, sat nav, reverse camera, heated seats, 24k, black, full leather ... **£16295**

16 16 KIA SPORTAGE 1.7 CRD ISG 2 5dr (facelift), Kia warranty April 2023, sat nav, reverse camera, 28k, choice **£11495**

16 16 KIA SPORTAGE 1.7 CRDI ISG 1 5dr (Facelift), Kia warranty May 2023, Bluetooth, air-con, black **£9495**

16 66 KIA SPORTAGE 1.7 CRD ISG 4 5dr, Kia warranty Oct 2023, sunroof, sat nav, red, full leather **£12995**

14 14 KIA SPORTAGE 2.0 CRDI KX-3 5dr 4WD, sat nav pan roof, reverse camera, white, full leather **£8495**

16 16 KIA SPORTAGE 2.0 CRDI KX-3 5dr (Facelift), Kia warranty June 2023, sat nav, reverse camera, blue, full leather **£12995**

17 17 KIA SPORTAGE 2.0 CRDI KX-4 AWD 5dr, pan roof, sat nav, cruise, reverse camera, 23k, choice, full leather **£15995**

11 11 LAND ROVER RANGE ROVER 3.6 TD V8 Vogue SE 5dr Automatic, sat nav, sunroof, reverse camera, grey, full leather **£13795**

13 13 LAND ROVER RANGE ROVER EVOQUE 2.2 ED4 Pure 5dr, tech pack, pan roof, grey **£12495**

16 66 MAZDA 6 2.2 D (175) Sport Nav 4dr, 19"alloys, bose, reverse camera, 16k, white **£13995**

13 62 MAZDA CX-5 2.2 D Sport 5dr, sat nav, reverse camera, grey, full leather **£9495**

16 16 MAZDA CX-5 2.2 D SE-L Nav 5dr, sat nav, met red **£11995**

10 10 MAZDA MX-5 1.8 I 20th Anniversary Convertible, CD player, air-con, white **£5995**

17 67 MERCEDES A180 AMG Line Executive 5dr 7G DCT Automatic (Night Pack), Mercedes warranty Oct 2020, sat nav, heated seats, 6k, white, half-leather **£17995**

16 66 MERCEDES A250 AMG Premium 5dr DCT Automatic 4WD (215bhp), Mercedes warranty Dec 2019, pan roof, sat nav, reverse camera, 17k, black **£20995**

15 15 MERCEDES C200 SE 4dr, CD, climate, black, full leather **£10995**

13 13 MERCEDES E250 CDI BlueEfficiency Sport 2dr Coupe 7G-Tronic (204bhp), 19"alloys, heated seats, cruise, 33k, silver **£11495**

15 65 NISSAN QASHQAI 1.5 DCI Tekna 5dr, pan roof, sat nav, 37k, white, full leather **£11995**

16 16 NISSAN QASHQAI 1.6 DCI Tekna 5dr XTronic Automatic, sat nav, pan roof, reverse camera choice from **£11995**

16 16 NISSAN QASHQAI 1.6 DCI N-Connecta 5dr 4WD, sat nav, pan roof, reverse camera, 31k, red **£11995**

17 67 NISSAN QASHQAI 1.5 DCI Acenta 5dr, Nissan warranty Oct 2020, cruise, Bluetooth, aux, usb, 14k, blue **£12995**

16 16 NISSAN X-TRAIL 1.6 DCI N-Tec 5dr (7-Seater), pan roof, sat nav, reverse camera, 36k, silver **£13995**

17 67 NISSAN X-TRAIL 1.6 DCI Acenta 5dr Xtronic Automaic (7-Seater), Nissan warranty Oct 2020, pan roof, cruise, 9k, blue **£15495**

17 67 NISSAN X-TRAIL 1.6 DCI N-Vision 5dr, Nissan warranty Oct 2020, pan roof, sat nav, reverse camera, 11k, grey **£14995**

16 16 PEUGEOT 208 1.6 BlueHDI Active 5dr, cruise, air-con, 37k, blue **£5995**

16 16 RENAULT KADJAR 1.5 DCI Dynamique S Nav 5dr, sat nav, 19"alloys, grey, half-leather **£10495**

17 17 RENAULT KADJAR 1.2 TCE Dynamique S Nav 5dr, Renault warranty April 2021, sat nav, 19"alloys, cruise, Bluetooth, 16k, red, half-leather **£12495**

16 66 RENAULT MEGANE 1.6 DCI Dynamique Nav 5dr (Facelift), Renault warranty Nov 2020, sat nav, cruise, 25k, blue **£9995**

18 18 SEAT LEON 1.2 TSI SE Dynamic Technology 5dr, Seat warranty until April 2021, sat nav, cruise, 13k, silver **£10995**

16 66 SSANGYONG TIVOLI XLV 1.6 D ELX 5dr, Ssangyong warranty Dec 2021, sat nav, reverse camera, 19k, white, full leather **£10995**

18 68 SMART FORFOUR 1.0 Passion 5dr, Smart warranty Oct 2021, cruise, Bluetooth, alloys, 6k, two tone met red over silver **£6595**

15 65 SUZUKI VITARA 1.6 DDIS SZ5 AllGrip 5dr, 4wd, sat nav, pan roof, white, half-leather **£9795**

17 17 TOYOTA CH-R 1.8 Hybrid Dynamic S 5dr CVT, sat nav, reverse camera, blue **£19995**

15 64 VAUXHALL ADAM 1.4 I (100) Slam 3dr, 18"black alloys, air-con, 43k, black **£5795**

16 66 VAUXHALL ASTRA 1.6 CDTI SRI 5dr, Vauxhall warranty Oct 2019, cruise, Bluetooth, dab, 19k, grey **£8995**

17 67 VAUXHALL ASTRA 1.6 CDTI Elite 5dr, Vauxhall warranty Oct 2020, sat nav, Bluetooth, 20k, silver, full leather **£9995**

18 18 VAUXHALL VIVA 1.0 SL 5dr, Vauxhall warranty April 2021, cruise, bluetooth, alloys, privacy glass, 4k, grey, half-leather **£6995**

16 16 VW GOLF 2.0 TSI GTI 5dr DSG Automatic, sat nav, 19"alloys, reverse camera, 26k, white **£17495**

16 66 VW GOLF 2.0 TSI R 5dr 4WD (300bhp), VW warranty Feb 2020, sat nav, cruise, Bluetooth, heated seats, 30k, black, full leather **£19995**

14 64 VW GOLF 2.0 TDI GTD 5dr, heated seats, cruise, pdc front+rear, red **£11995**

16 66 VW POLO 1.8 TSI Bluemotion Tech GTI 5dr, VW warranty Dec 2019, cruise, xenons, dab, usb, 28k, white **£12795**

11 11 VW TIGUAN 2.0 TDI Bluemotion Tech Match 5dr, air-con, alloys, Bluetooth pdc, blue **£5995**

12 62 VW TIGUAN 2.0 TDI BluemotionTech SE 4dr 4WD, pan roof, cruise, grey **£7995**

17 17 VW TIGUAN 2.0 TDI BMT 150 SE Nav 5dr DSg Automatic, VW warranty June 2020, sat nav, reverse camera, 25k, black **£17995**

17 66 VW TIGUAN 2.0 TDI BMT 150 4Motion SE Nav 5dr DSG Automatic, VW warranty June 2020, sat nav, cruise, 16k, white **£19495**

17 67 VOLVO V40 2.0 T3 (152) R-Design Pro 5dr, Volvo warranty Oct 2020, sat nav, 18"alloys, 18k, choice **£12495**

18 68 VOLVO V60 2.0 D4 (190) Momentum Estate Automatic, Volvo warranty Dec 2021, sat nav, heated seats, 10k, black **£22995**

14 64 VOLVO XC60 2.0 D4 R-Design 5dr Geartronic, cruise, Bluetooth, dab, 45k, black, half0-leather **£14995**

16 16 VOLVO XC90 2.0 D5 R-Design 5dr AWD Geartronic Automatic (7-Seater), 20"Alloys, sat nav, 42k, grey **200**

17 17 FORD MONDEO 2.0 TDCI Eco Zetec Estate, sat nav, cruise, choice

£9995 NO BUYERS FEES

17 67 HYUNDAI i30 1.0 T GDI SE Nav 5dr, sat nav, reverse camera, cruise, Bluetooth, 20k, white

£10995 NO BUYERS FEES

15 15 FORD FOCUS 1.0 EcoBoost 125 Zetec 5dr, appearance pack, 17"alloys, privacy glass, white

£6995 NO BUYERS FEES

14 14 AUDI A5 3.0 TDI 204 Black Edition Coupe Auto, sat nav, reverse camera, blue, half-leather

£13995 NO BUYERS FEES

11 61 KIA RIO 1.1 CRDI 2 EcoDynamics 5dr, cd, air-con, black

£2995 NO BUYERS FEES

13 13 AUDI TT 2.0 TDI Quattro 2dr Coupe, BOSE, white, half-leather

£9495 NO BUYERS FEES

11 61 VW SCIROCCO 1.4 TSI 3dr, air-con, white

£5995 NO BUYERS FEES

12 12 LAND ROVER RANGE ROVER EVOQUE 2.2 SD4 Dynamic 5dr Auto, sat nav, privacy glass, full leather

£15495 NO BUYERS FEES

12 12 MERCEDES C180 Blueefficiency Sport 4dr 7G-Tronic Automatic, air-con, black, full leather

£8995 NO BUYERS FEES

16 16 NISSAN X-TRAIL 1.6 DCI N-Tec 5dr (7-Seater), sat nav, Bluetooth, silver

£12995 NO BUYERS FEES

15 15 VAUXHALL ASTRA GTC 2.0 CDTI 16V SRI 3dr, air-con, cruise, 32k, white

£6795 NO BUYERS FEES

5 15 JEEP RENEGADE 1.6 MultiJet Sport 5dr, alloys, privacy glass, 14k, orange

£9795 NO BUYERS FEES

17 17 DS DS3 1.6 BlueHDI Prestige 3dr, sat nav, cruise, 17"alloys, yellow

£7995 NO BUYERS FEES

16 66 KIA SPORTAGE 2.0 CRDI First Edition 5dr Auto 4WD, sat nav, sunroof, 24k, choice, full leather

£16495 NO BUYERS FEES

12 LEXUS CT 200H SE-L Automatic Hybrid
Cerulean blue with cream leather, 45,000 miles, 1 owner
£10,795

VW GOLF 2.0 TDi GT 3dr Hatchback
White, 78,000 miles with sat nav, etc.
£8,995

16 AUDI A4 S-LINE 2.0 TDi
Tango red, 30,000 miles, sat nav etc
£16,995

RENAULT CLIO 900 Dynamique S Nav TCE
5dr in iron blue, 35,000miles, sat nav
£8,495

64 NISSAN JUKE 12 DIG-T TEKNA
In new red, 17,000 miles, sat nav
£8,995

64 **RANGE ROVER 3.0 Diesel HSE Auto** white with black roof, 49,000 miles, too many extras to list, fantastic value **£32,995**
64 **LANDROVER DISCOVERY 3.0 SDV6 HSE AUTO** 7 seater in corris grey with black leather, 46,000 miles, high spec **£24,995**
65 **LAND ROVER DISCOVERY SPORT TD4 2.0HSE Auto** in white, 27,000 miles **£23,495**
17 **VW TOURAN TDi (150) SCR Bluemotion R Line** In pure white with graphite trim, 19,000 miles, 7 seater, 1 owner, FSH, Sat nav etc.....**£19,995**
65 **MERCEDES E350 AMG NIGHT EDITION Auto** in silver, with black leather, 38,000 miles **£18,195**
62 **RANGE ROVER SPORT HSE Red Edition 3.0D** In firenze red, 54,000 miles, TV, Sat Nav, heated black and cream leather seats etc.....**£17,995**
16 **AUDI A4 S-Line 2.0 TDi** in tango red, 30,000 miles, Sat Nav etc.....**£16,995**
07 **JAGUAR XKR 4.2 CONVERTIBLE** in metallic black with black leather, 51,000 miles **£16,995**
15 **MERCEDES E220 AMG line 2.1D Auto** in cavansite blue, 28,000 miles, leather/suede heated seats, sat nav etc **£15,995**
17 **NISSAN QASHQAI SUV DIG-T 115 C Tronic N-Connecta 1.2cc** Pearl black, 12,000 miles, FSH, Sat Nav, Pan Roof, Reverse cam etc.....**£14,795**
14 **LAND ROVER FREELANDER SD4 Metropolis 2.2D Automatic** in Met blue, pan sunroof, sat nav, cream heated leather, FSH .....**Reduced by £500 to £13,995**
14 **MERCEDES E350 SPORT Auto Estate** in black, 2 owners, FSH sat nav etc .....**Reduced to £12,999**
16 **KIA SPORTAGE 2.0 DIESEL 4x4 GT-Line Auto** in black, 71,000 miles, high spec **£13,495**
64 **BMW 520D M-SPORT Auto** in white with black leather, 70,000 miles, sat nav etc **£12,995**
13 **LAND ROVER FREELANDER XS 2.2D SD4 Auto** in orkney grey, 48,000 miles, black heated leather seats, sat nav, FSH....**£12,995**
14 **ISUZU YUKON 2.5DCi VISION DOUBLE CAB PICK UP** in met grey, 67,000 miles, with rear hard top.....**£11,995**
64 **MINI COUNTRYMAN 2.0 Diesel Cooper Automatic** met blue, 28,000 miles.....**Reduced to £11,495**
12 **LEXUS CT 200H SE-L Automatic Hybrid** Cewrulean blue with-cream leather, 45,000 miles, 1 owner.....**£10,795**
14 **TOYOTA RAV 4 Invincible D-4D 2.2D** In greyish blue, 67,000 miles, Sat Nav, heated leather, reverse camera.....**£10,495**
12 **MERCEDES SLK250 CDi AUTOMATIC** in met black, 74,000 miles, new shape **£10,495**
65 **FORD FOCUS 1.0 ZETEC 5dr** In black, 14,000 miles, low running costs **£9,995**
64 **FORD KUGA 4x2 TITANIUM 2.0TDCi** In white, 52,000 miles,..... .....**£9,995**
54 **AUDI RS6 AVANT QUATTRO 4.2 V8 Auto** in met silver with black leather, 100,000 miles, classic at **£9,995**
15 **MAZDA 3 SE-L NAV 2.0 AUTO 5dr** In black, 42,000 miles, high spec **£9,995**
14 **SKODA SUPERB 2.0 TDi Elegance CR (170)** in Cappuccino beige, 48,000 miles, Sat Nav, leather seats **£9,995**
65 **VW GOLF 1.6TDi MATCH 5dr,** in black, 32,000 miles, 1 owner, free road tax **£9,995**
64 **VW PASSAT CC Bluemotion Technology 2.0 TDi Coupe** in silver, 37,000 miles, sat nav etc **£9,695**
16 **VAUXHALL INSIGNIA 1.8 SRi Nav 5dr** In met grey, 25,000 miles, ideal family hatch **£9,495**
14 **BMW 120D SE 5-Dr** In Red, 60,000 miles, fantastic MPG + low road tax .....**Reduced by £1000 to £8,995**
13 **VW GOLF 2.0 TDi GT 3dr** in white, 78,000 miles with Sat Nav, fantastic MPG, £20 road tax.....**£8,995**
15 **VW JETTA 1.4TSi SE** in met blue, 25,000 miles, 1 owner **£8,995**
65 **HYUNDAI i20 PREMIUM MPT 1.4 Automatic** in white, 41,000 miles, nice example.....**£8,795**
16 **SEAT LEON FR TECH 1.4 TSi (150)** In technic grey, 66,000 miles, 1 owner, sat nav, half leather **£8,695**
61 **JAGUAR XF 3.0 TDV6 PREMIUM Luxury Automatic** In met gold with beige leather, 74,000 miles **£8,495**
16 **MAZDA 2 SPORT 1.5 DIESEL 5dr** In met grey, 42,000 miles, with sat nav, fantastic MPG **£8,495**
13 **MAZDA MX5 1.8SE** In met grey with electric folding hard top, 56,000 miles **£8,495**
16 **VAUXHALL ASTRA 1.6 CDTi SRi NAV 5dr** In black, 34,000 miles, host of extras **£8,495**
16 **CITROEN C4 Flair Blue 1.6 HDi 5dr** in black, 24,000 miles, 1 owner .....**Reduced by £500 to £7,995**
14 **SKODA YETI 2.0TDi CR 4x4** in black, 58,000 miles, very practical **£7,995**
66 **TOYOTA YARIS 1.3 VUTi 5dr** in white, 24,000 miles with sat nav **£7,995**
65 **CITROEN C4 CACTUS BLUE HDi FEEL 1.6D** In red, 37,000 miles, DAB radio, free road tax.....**£7,995**
65 **MAZDA 3 SPORT 2.2 Diesel 5dr** in met blue, 88,000 miles, host of extras **£7,995**
63 **AUDI A1 S Line 1.6 TDi 5dr** In scuba blue, 49,000 miles, half leather S-line seats, bluetooth, P/S **£7,995**
14 **NISSAN JUKE 1.6 N-TEC** In burgundy, 29,000 miles with sat nav, rev camera **£7,995**
62 **NISSAN QASHQAI 1.6 Accenta +2** in black, 64,000 miles, 7 seater with pan roof **£7,795**
14 **KIA SPORTAGE 2.0 Diesel AWD KX-3** in met grey, 101,000 miles, with sat nav **£7,695**
63 **RENAULT CLIO 1.2 GT LINE AUTOMATIC** in met black, 36,000 miles, sat nav etc **£7,695**
65 **SKODA FABIA 1.0 MPi SE 5-dr** in black, 22.000 miles, 1 owner, £20 road tax **£7,495**
17 **FORD FIESTA ZETEC 1.2cc** in moondust silver, 21,000 miles, 1 owner, sat nav, DAB radio etc.....**£7,495**
16 **FIAT 500 LOUNGE 1.2** in white, 9,000 miles, glass roof, sat nav **£7,495**
15 **VAUXHALL INSIGNIA 2.0 CDTi ECO DESIGN** in black, 20,000 miles, free road tax **£7,495**
64 **RENAULT CAPTUR DYNAMIQUE 1.5D-M-NAV Automatic** in cream, 54,000 miles, FSH, Sat nav **£7,295**
65 **VAUXHALL CORSA 1.0 EXITE 3dr** in black, 22,000 miles, 1 owner **£6,995**
63 **NISSAN QASHQAI 360 DCi 1.5** In met grey, 68,000 miles, pan roof, sat nav, diamond cut alloys **£6,995**
61 **VW GOLF 2.0 TDi GTD 3 dr** in black with black leather sports seats 105,000 miles **£6,995**
15 **FORD FIESTA 1.0 TURBO ZETEC 5dr** in black, 44,000 miles, free road tax.....**£6,995**
57 **MERCEDES SLK 350 AUTO** in black with grey leather, heated seats, 59,000 miles, with extras **£6,995**
66 **VAUXHALL CORSA ENERGY AC EcoFlex 1.4cc 3dr** In white, 11,000 miles, 1 owner, heated seats and steering wheel, BT Audio etc.....**£6,795**
62 **HONDA CIVIC 2.2 Diesel ES 5dr** in bronze, 47,000 miles, excellent MPG **£6,795**
61 **SSANGYONG KORANDO 2.0 EX Diesel Automatic,** 63,000 miles, met orange, 4x4 .....**£6,795**
16 **DACIA STEPWAY 1.5 Diesel Laurette** in black, 50,000 miles, 1 owner, sat nav etc **£6,795**
64 **SKODA ROOMSTER 1.2 BLACK EDITION,** 41,000 miles, with glass roof, sat nav **£6,795**
16 **SUZUKI SWIFT SZ3 1.2 5dr** in boost blue 38,000 miles, 1 owner £30 road tax **£6,495**
63 **SEAT IBIZA FR TSI 1.2cc 3dr** In emotion red, only 28,000 miles, 16" alloy wheels, A/C, Sat Nav, Bluetooth etc.....**£6,295**
16 **FIAT 500 POP 1.2** in white, 22,00 miles, 1 owner **£5,995**
63 **VAUXHALL ADAM 1.4 SLAM** Yellow with black roof, 41,000 miles, very trendy, check head lining **£5,995**
63 **HYUNDAI i20 ACTIVE 5dr** in met blue, 14,000 miles, 1 owner **£5,995**
11 **SEAT LEON 2.0 TDi FR Auto 5dr** in track grey, 76,000 miles **£5,995**
60 **SKODA SUPERB 1.4TSi Auto** in met grey, with black leather, low mileage, high spec **£5,995**
13 **SKODA Rapid 1.2 TSi Elegance** In met grey, 51,000 miles, ideal family hatch .....**Reduced by £500 to £5,495**
62 **SEAT LEON SE COPA TSI 1.2cc 5dr** In white, 74,000 miles, sat nav, P/S, DAB radio **£4,995**
13 **CITROEN DS4 D-STYLE 1.6 HDi** in black, 65,000 miles, full leather trim **£4,995**
62 **KIA PICANTO 1.2 HALO ECO DYMAMICS** in milky beige, 19,000 miles, heated seats etc.....**£4,695**
13 **MITSUBISHI MIRAGE 3 1.2 5dr** In black, 43,000 miles, free road tax.....**£4,295**
13 **FIAT PANDA 1.2 LOUNGE 5dr** in blue, 53,000 miles, low running costs **£3,995**
13 **KIA PICANTO 1.0 CITY3dr** In silver, 71,000 miles, 1 owner, free road tax **£3,695**
11 **VAUXHALL MERIVA 1.7 CDTi EXCLUSIVE** In met bronze, 67,000 miles **£3,495**
10 **PEUGEOT 107 URBAN 1.0 5dr** In silver, 60,000 miles, low insurance **£2,995**

14 LANDROVER FREELANDER SD4 Automatic
In met blue, pan sunroof, sat nav, cream heater leather, FSH
£13,995

64 RANGE ROVER 3.0 DIESEL HSE Auto
49,000 miles, too many extras to list, fantastic value
£32,995

63 VAUXHALL ADAM 1.4 SLAM
Yellow with black roof, 41,000 miles
£5,995

66 TOYOTA YARIS 1.3 VUTI
White, 24,000 miles, sat nav
£7,995

12 MERCEDES SLK250 CDi Automatic
Metallic black, 74,00 miles, new shape
£10,495

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Downbeat end to season for the Cowbridge Second XI

AS the 2019 season came to a close Cowbridge Second XI made the short trip down the M4 to Skewen.

Cowbridge batted first and Alastair Lawson and club stalwart John Brazier started brightly but then Alastair went for 12 and following another quick wicket, Cowbridge were 22 for 2.

Heath Webb came inand put together a partnership with Brazier, who was eventually out for a well-made 27. Wickets continued to fall with only Naveed Younis providing any resistance, hitting a blistering 35 with a number of big sixes. In the end Cowbridge finished on 127 off their 40 overs.

To say this total was inadequate against such a strong side as Skewen is an understatement. Despite the impressive youngster Owain Scholey picking up an early wicket, Skewen cruised past the Cowbridge total in the 18th over without having broken sweat.

However, there are a number of positives to take from the season. The youngsters Heath Webb, Will Harris, Lewis Sevenoaks and Owain Scholey are all real prospects for the future.

The bowling was led by the ever dependable John Gilbert; ably supported by Umar Raffique and Ian Evans along with Joe Russell, who captained the side with growing confidence.

Runs came from Naveed Younis, Heath Webb, Alastair Lawson and Jonty Webb with some eye-catching knocks from Heath and Naveed, plus Jonny Napier who unfortunately left mid season.

Ian Harris took up the wicket-keeping gloves as a novice keeper but finished the season as the leading wicket-keeper for dismissals in the division – a fantastic achievement.

Thanks also go to Pam Lawson and Eleanor Sevenoaks, whose help with the teas and general organisation has been invaluable, as well as David Webb and John Brazier who performed admirably when asked to step in at times of selection problems.

Thanks also to scorer

Romilly First team staves off relegation threat

RECENTLY, Romilly 1st team entertained Pontypridd and it turned out to be a narrow defeat.

Rink 1: Alan Bannister, Mike Gronow, Dave Francis and skip Jeff Wright was an extremely closely fought rink with Romilly losing 19 - 20.

Rink 2: Eric Fortt, Terry Bloomfield, Steve Close and skip Mike Doyle. After a fast start Romilly rink stumbled and failed to win a shot over eight ends and Pontypridd pulled away to win 15 - 23.

Rink 3: Alun Bryan, Dave Noble, Kelvynne Mills and skip Clive Collins. A steady performance by the Romilly rink saw them win 20 -13.

Rink 4: Rink 5: Jerry Daly, Ray Hewitson, Gwyn Rees and skip Mel Newman. Result 15 - 22. **Aggregate result 69 -78**.

On August 31, Romilly 1st team entertained Gilfach, Bargoed.

Rink 1: Alun Bryan, Dave Noble, Clive Collins and skip Brian Foscolo. A very tight game saw Romilly go down 19 - 20.

Rink 2: Alan Bannister, Dave Francis, Gary Eastment and skip Jeff Wright. Another closely fought rink saw Romilly lose 19 - 20.

Rink 3: Phil Gershenson, Roger Jones, Gwyn Rees and skip Steve Close. Result 15 - 21.

Rink 4: Kelvynne Mills, Terry Bloomfield, Mel Newman and skip Mike Doyle. A steady performance by the Romilly rink resulting in 22 - 16 win. **Aggregate result 75 - 77.**

On September 1, Romilly 1st team entertained Ynysybwl and a fighting performance by the Romilly rinks helped the side to retain their status in the Premier Division.

Rink 1: Paul James, Terry Bloomfield, Alan Bannister and skip Mike Doyle. Result 28 -24.

Rink 2: Stuart Simpson, Dave Francis, Gary Eastment and skip Jeff Wright. Result 17 -16.

Rink 3; Alun Bryan, Dave Noble, Kelvynne Mills and skip Clive Collins. Result 18 -11.

Rink 4: Phil Gershenson, Ray Hewitson, Roger Jones and skip Mel Newman. Result 14 - 23. **Aggregate result 77 -74.**

On August 26, Romilly A side continued their quest for promotion, with an excellent win at home against Penygraig – the team lying second.

Rink 1: Anthony Jones, Dave Francis, Steve Close and skip Mike Doyle. Result 18 - 14. Rink 2: Dave Noble, Brian Parker, Mike Gronow and skip Barrie Griffiths. Result 19 - 16. Rink 3: Eric Fortt, Stuart Simpson, Phil Edwards and skip Ray Hewitson. Result 16 - 17. Rink 4: Phil Herbert, Roger Jones, John Kirk and skip Kelvynne Mills. Result 27 - 7. **Aggregate result 70 - 54.**

On August 28 Barry Romilly entertained Millwood for the Brian Oliver Cup. Both sides won two rinks but Romilly took the cup on aggregate, 59–44. Rink 1: Iain Forsythe, Phil Herbert, Mile Gronow and skip Ray Hewitson. Result 10 - 12. Rink 2: Peter Hunt, Terry Bloomfield, Alan Bannister and skip Mike Doyle. Result 28 - 6. Rink 3: Eric Fortt, Jerry Daly, Roger Jones and skip Alun Bryan. Result 15 - 14. Rink 4: Paul James, Dave Noble, Dave Francis and skip Brian Foscolo. Result 6 - 12.

JWK

Wenvoe Castle's Ladies Golf Day

THE ever-popular Ladies Open Golf Day at Wenvoe Castle attracted over 100 entries.

The competition was based on teams of three with the best two Stableford scores on each hole to count. The winning score for the visitors came from Alison Davies, Katrina Cross and Anne Howells (Vale Resort GC) who scored an impressive 84 points. Runners up were Caroline Michael, Linda Jones and Claire Probert (Radyr GC) with 75 points.

The top score for home club teams was 74 points by Sheila Davies, Linda Bird and Jane Lott. Runners up were Cheryl Henderson, Steph Bonner and Caroline McKenzie with 72 points just ahead of Lynda Hudd, Jill Rodgers and Jayne Smith who missed out on countback.

Chris Anthony (Brynmeadows Golf Club) was nearest the pin on the 2nd hole with the ball just 3 feet from the hole. The longer 15th hole proved more of a challenge and the prize went unclaimed.

The prizes were presented by club captain Lesley Sherrard who thanked all the competitors particularly those travelling considerable distances.

The efforts of the ladies section were appreciated, as were the men's senior section who acted as starters.

Lesley also thanked the green staff for presenting the course in an excellent condition, and the bar and catering staff for their efficient service.

BJ

On and Off the Turf with Brian Lee

ON the flat, over the sticks, or between the flags.

It makes little difference to the Vale's Charlie Price who was recently successful on the Tim Vaughan-trained *Royal Django* at Newton Abbot.

This season, the former Arabian Horse Racing novice champion is challenging Alex Chadwick for the Arabian Horse Racing Riders' title after winning the Sohar Beach Handicap Stakes at Wolverhampton on the mare *Callymay,* owned and trained by Delyth Thomas at Aberkenfig near Bridgend.

Last Thursday (September 5) at Sedgefield Charlie, riding the Tim Vaughan-trained *Akkapenko,* took the opening Conditional Jockeys' Handicap Hurdle, coming home two-and three quarter lengths ahead of Oliver Greenall's *Never A Word.*

Akkapenko was returned the 11-8 favourite and did better than his stable companion *Chimes Of Dylan* in the handicap chase. Ridden by Alan Johns, the top-weighted six-year-old was a last fence faller but was well beaten at the time, the race being won by Sam England's *My Renaissance,* the only horse to complete the course.

IMOGEN'S 33/1 WINNER

IMOGEN Mathias, aged 17 from Bridgend landed a 33-1 winner at Salisbury last Tuesday (3/9/2019) on *Silvington*, a four-year-old bay gelding trained by Daniel Loughrane.

Imogen held up her mount in the early stages of the race and, taking the lead inside the final furlong, went on to beat the favourite, *Duchess Of Avon*, by two and a half lengths in a field of 10 runners.

Those who backed the winner on the tote were rewarded with odds of just over 45-1. The final race of the day was also won by a Welsh jockey as David Probert, who hails from Bargoed, won on the Alan King-trained *Giving Back* a 7-1 shot which got home by a head from *Break The Rules.*

Brian Lee

St Mary's GC seniors try out an unusual format

ST Mary's Senior Section started their week by playing out their weather-delayed annual bogey competition.

In spite of it being a trophy event, a combination of gloomy weather and, perhaps, it not being the most popular of formats, a limited field of just 24 members started in the damp conditions.

For each hole, the scoring system allowed for players to record a score of zero for a net par, plus one for a net birdie or better and minus one for a net bogey or worse. Par for the full course then, was a cumulative zero over the 18 holes.

The competition was keenly contested but at the end of the day, Malcolm Jones secured the victory with a final cumulative score of +1.

Following a count-back, Doug Mein and Bob Coombes were placed second and third respectively, both having carded cumulative scores of -1.

Two days later with the weather much improved, the finals of the senior section's 2019 singles match play and vets challenge competitions were played out.

In the former, Fred Furby beat Bryant Thomas 4 and 2 and in the latter, former captain Hugh Williams claimed the trophy by edging a one shot win over Wayne Newton.

NL

Bridgend Bridge Club latest results round up

THE latest results for Bridgend Bridge Club are as follows:

On August 29: First, Irene Thomas and Graham Jones; second, Tony Disley and John Evans; equal third, Emer Disley and Debbie Lea, and Norma and David Newman. The winners on handicap were Irene Thomas and Graham Jones.

On August 29: First, Vida Halford and Glyn Williams; second, Steve Burgoyne and Joan Ralph; third, Clive Edwards and Paul Lyne. The winners on handicap were Vida Halford and Glyn Williams.

On August 30: First, Tony Disley and Debbie Lea; second, Debbie and Simon Richards; third, Irene Thomas and Marjorie Morris. The winners on handicap were John Moore and Gill Wybrow.

Regular club nights take place at 7pm on Wednesday and Friday evenings at Nolton Church Hall. On Thursday afternoons at 2pm, there is a gentle bridge session when help is available with the bidding. All sessions are played in a friendly manner, visitors and new members are always welcome.

A new course of bridge lessons have started on Monday afternoons at Nolton Church Hall from 3.15pm to 5.15pm and it's not too late to join the course. For more information, contact Steve Burgoyne on 01656 661968 or email Steve at *steve@steveburgoyne.plus.com*.

Tony and Gary score high marks for Porthcawl in the WBU national event

PORTHCAWL Bridge Club has recently held two special calendar events – the Club Random Teams, in which pairs are initially moved randomly to establish their team-mates.

The club also held a heat of the Welsh Bridge Union Simultaneous Pairs, sponsored by Bridge Overseas – the major UK Bridge Holiday company located locally. The proceeds from this event are donated to the Wales Air Ambulance. Pairs compete in the club, but then the results are also scored centrally along with other club's results to give a national ranking.

The latest results from the club are: Thursday, August 29 – first – Maurice and Margaret Harris; second (equal) – Tony Haworth and David Newman; Trish Saunders and Sue Anthony. Saturday, August 31 (Random Teams) - first – Terry Dolan, Pat Haworth, Eileen Mahoney, Jeff Barnett; runners-Up – Janet Richards, Trish Saunders, Connie Dick, David Newman. Thursday, September 5 (WBU Simultaneous Pairs) – First – Gary Williams and Tony Haworth; second – Norma and David Newman. In the National Results – Gary and Tony were ranked fourth, and Norma and David fifth.

The club meets at the Awel-y-Mor centre Thursdays (6.45 pm–9.45 pm; Saturdays (3.15 pm–6.15 pm). To contact the club, call 01656 7857 94.

TH

Sully bowlers slip up on the road

SULLY bowlers travelled to Merthyr on what turned out to be a very pleasant afternoon after the very heavy morning rain.

Set in the grounds of Cyfarthfa Castle, Cyfarthfa Bowls Club were the hosts for this first visit of the villagers in a CML league match.

Although rusty, as there had been no midweek game, Sully got off to a steady start on a very good surface. With a few changes in the side it was good to be level all round at seven ends, and as the game progressed it swung both ways.

However, after 14 ends, although it was even – as in two games up and two games down – the Villagers were six down when it came to aggregate scores.

On 17 ends there was a sudden swing again, with Sully edging it but it didn't last. The B Griffiths rink with A Smith, H Levick Jones and M Hardy were never in front, eventually losing 13-31.

D Curtis with A Rees, B Danscombe and A Thomas, having been behind all the way, just got in front but dropped a four on the last end to lose by one at 23-24.

The two winning rinks, however, could have won the match but both dropped shots in the last few ends.

D Lougher, D Curtis, J Best and T Murphy ran out winners by 27-18, while the rink of B Curtis, H Thomas, D Hotchkiss and D Edwards won by 23-20.

This Sunday (September 8) the CML league side maintained their place in Division 3, despite losing at Ynysangharad Park by 95–55 and picking up just two points.

At least this year's captain Dave Curtis finished on a high, taking a four on the last end to win by one and getting the only points.

TM

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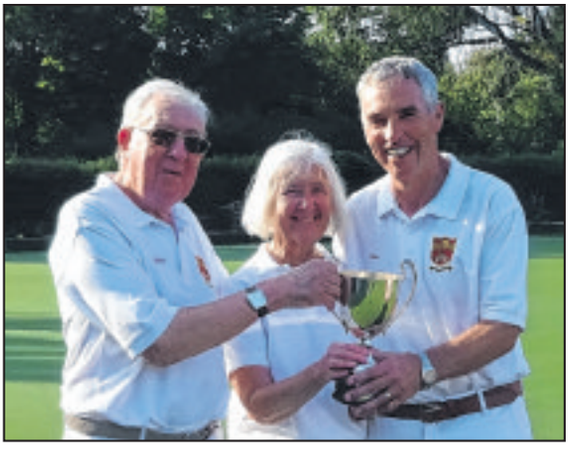
Cowbridge Bowling Club's season concludes with two weekends of keen competition

Singles winners, Bob Penn and Sandra Collin.

Triples runners-up Lynda Wilson, Shirley Dunsworth and Tony Lewis.



Triples Cup winners Diane Purnell, John Wathes and Ken Payne.

SUNDAY and Monday (September 1/2) saw the culmination of Cowbridge Bowling Club's Competition season.

On a beautiful Sunday morning the finals took place of the couple's cup and the mixed pairs.

Lin and Alan Wallace started off steadily in the couple's cup, winning seven of the first 11 ends. Maggie and Bob Penn picked up six shots over two ends but the Wallace's got back into the groove and ran out comfortable winners.

In the mixed pairs, Elaine Dobie and Roger Barwick set off at a cracking pace against Kay Edwards and Ken Payne. Elaine and Roger were 12 shots up after the seventh end and continued to pile on the pressure eventually running out comfortable winners.

On Sunday afternoon, the Millennium Plate and the two-wood singles matches took place. The Millennium Plate is competed for by bowlers who have lost the first round of the ladies or gents singles competitions and it is always one of the most competitive of finals, and this year was no exception.

New club member David Birt, who has come back to bowls after a long break, had a real battle against Ken Payne. It was 9-5 after seven ends and 12-12 after 14 before Ken took control of the game winning 23-13.

In the 2-wood singles final an old rivalry was resumed between Roger Barwick and Terry Dunsworth. Both are former singles champions and a keen competition was anticipated. What a match it turned out to be, with the lead changing at least four times during the course of the match.

Roger eventually came through to win by 21-17.

On Monday morning, cloudier and cooler weather greeted the competitors of the men's and ladies pairs matches. Sandra Collin and Dorothy Pritchard got off to a good start against Lin Wallace and Corrie Buffton, who were always trying to catch up. They managed to get to 10-11 after 12 ends before Sandra and Dorothy won four consecutive ends to win by a comfortable margin.

In the men's pairs Tony Lewis and Bob Penn shot away to a lightning start, going 11-0 up after just three ends. Their opponents, Mansel Davey and Terry Dunsworth tried to come back but it was always going to be an uphill battle, and Tony and Bob ran out comfortable winners.

Monday afternoon saw the climax of the competition season with the finals of the ladies and men's singles.

In the ladies singles, Tina Payne was up against past champion Sandra Collin. Tina took the first five ends with a shot on each end but then Sandra got into the groove and picked up shots on all but two of the next 14 ends to become the club's ladies champion for 2019.

The men's final turned out to be the highlight of the weekend. It was contested between Alan Wallace (last year's 2-wood champion) and Bob Penn (last year's men's singles champion). It lasted for 27 ends and for the whole of the last 22 ends there was never more than two shots difference between the players. The lead changed five times during the game and it was Bob Penn who picked up two shots on the final end to win an enthralling match 21-20.

The large audience of over 40 members all agreed that it was one of the best finals they had seen for a long time.

The presentations of the cups and shields to the winners during the weekend was carried out by club president Mary Thomas. Club chairman Diane Lloyd thanked the Competition Secretary for all the work done during the year and also thanked all the helpers over this weekend. She also thanked all the club members who took part in the competitions for making the season so successful.

The club's annual awards lunch will be held at St Athan golf club on Friday, November 22.

The previous weekend, Cowbridge Bowling club held its annual triples competition.

The high number of entries (48) meant that a preliminary round involving 16 teams was held on the Friday.

The morning games saw some very close results. Sylvia Hole's team of Gerry Lloyd and Sian Lewis just fell one shot short against Alan Wallace's team of Byron Richards and Corrie Bufton (14-13). Elaine Dobie's team of John Hunt and Terry Foley just edged out Clive Pritchards team of Caryl Davies and Kay Edwards by a single shot (14-13).

In the battle between Norman and Shirley Wilkinson, Shirley's team of Alan Jordan and Alan Fussey had a comfortable win against Norman's team of John Collin and Tina Payne. In the final morning match, Lynda Wilson, Shirley Dunsworth and Tony Lewis came through comfortably against Lin Wallace, Gerwyn Watkins and Bryan Hole.

In the afternoon, the sunshine continued and another four matches were played. The closest match was a three-shot win for Diane Purnell, John Wathes and skip Ken Payne against Jean Hunt, Sylvia Hole and skip Dennis Snelling (13-10).

On the other three rinks there were comfortable wins for Sandra Collin, Terry Dunsworth and Mike Bradley against Janet Morton, Jane Foley and Colin Wilson. Dorothy Pritchard, Phil Woosnam and Brian Williams beat Ron Dobie, Helen Nixon and Tom Purnell, and Mansell Daley, Margaret Cooper and Guy Morton beat Dave Westlake, Helena Snelling and skip John Nixon.

Competition organiser Alan Wallace said that he was grateful to Margaret Cooper and Mike Bradley who stood in for two players who were unwell. He said that it was an organiser's worst nightmare when three members, who had entered for the competition and were drawn in various teams, failed to turn up. Special thanks were due therefore to Kay Edwards, Brian Williams, Sylvia Hole and Clive Pritchard who all filled in at the last minute.

The quarter finals were played on a very warm Sunday morning with Dorothy Pritchard's team having a close win by two shots over Guy Morton's rink. Alan Wallace's team lost 10-6 against Elaine Dobie and there were comfortable wins for the teams of Lynda Wilson and Ken Payne.

In the afternoon, the semi-finals took place in continuing excellent weather. Both matches were extremely close until the 10th end out of 12 when Lynda Wilson's team picked up a six which put paid to Elaine Dobie's chances and Diane Purnell's team picked up five shots and created too big a gap for Dorothy Pritchard's team to recover.

The final took place on a beautiful Monday afternoon and was played over 18 ends, with over 40 club members coming along to watch. It turned out to be a cracking afternoon's entertainment. The game swung one way and then the other, and after 13 ends the scores were level at 13-13!

Diane Purnell's team just managed to hold their nerve and crept away over the next five ends to beat Lynda Wilson's team of Shirley Dunsworth and Tony Lewis by 19-14.

Club president, Mary Thomas, presented the Cowbridge Bowling Club Triples Cup to Diane Purnell, John Wathes and Ken Payne.

Club chairman, Diane Lloyd thanked all the club members who helped organise teas coffees and cakes and also those who prepared the rinks. She gave a special thanks to competition secretary Alan Wallace and his wife, Lin, for all the work they did in organising the event.

AWW

Blood and Blacks start the league with a bonus point win at Cefn Coed

LLANTWIT Major headed for Merthyr Tydfil to take on Cefn Coed at the Black Patch and returned home in buoyant mood after a 30–8 bonus point win.

The game, played in perfect conditions, was a scrappy affair for the most part still had plenty of highlights as both teams attempted to play open rugby.

Within minutes of the start, full back Josh Austin took hold of a wayward clearance kick from the home side and made a lovely break from his own half. When halted, the ball was kept alive and spread quickly through the hands. The three-quarters combined well to open up the defence with interchanging passes which put wing Rory Budina outside his defender. When he ran out of space, up popped hooker Huw Williams on a great supporting run to cross in the corner.

Outside half Howley added the conversion and not long after extended the visitors lead with a big penalty kick from just inside the Cefn half.

Then, with 20 minutes on the clock, Llantwit crossed again. This time the try started with a line out on the Cefn 22. The ball was spread wide with a couple of long passes and Budina back tracked and cut back towards the centre. He combined well with hooker Williams to scissor the Cefn defence, and Williams threw a long pass to outside centre Rhys Balmont who dived in acrobatically in the corner.

Cefn Coed bounced back as they kicked a penalty and closed the gap further with a try after some strong running.

For the first time, Llantwit were looking ragged in defence.

Llantwit had the final say of the half with another penalty from Howley after a period of dominance by the Llantwit eight. The score was 8-18 at the break.

It was scoreless for a while after the break but as the game went into the last quarter, a series of good field positions allowed the now dominant Llantwit scrum to trot forward. Just as it was disintegrating, replacement scrum half Ryan Evans was on hand to scoop up and dive over, with Howley adding a further two points.

The Llantwit supporters didn't have to wait long for the bonus point fourth. Cefn returned another wayward kick, this time collected by Balmont who popped it up to a rampaging replacement flanker Dan Farrell, who rounded the covering defence and then it took two further defenders to halt him on the touchline, but not before he offloaded brilliantly to fullback Austin who rounded the last covering defender.

All in all a good start for the Blood and Blacks. They will know they will face much sterner opponents in the coming weeks but this was satisfying all the same. Cefn Coed are a proud resilient bunch who will no doubt be a formidable opponent as the season grows.

Man of the Match was hooker Huw Williams who had a strong and adventurous game, further mention going Dan Farrell and Kyle Paylor who made big contributions from the bench.

This week the Llantonians are at home as they face Vale rivals Old Penarthians. The two games last season finished one apiece. The day will also see another open Community Day at the club starting at 12pm, which will include: Live-music, barbecue, stalls, bouncy castles, ice cream, a Cardiff Blues Community arena with rugby sessions for children and two mini tag team games before the big game kicks off at 2.30pm.

AH